



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

January/February 2011

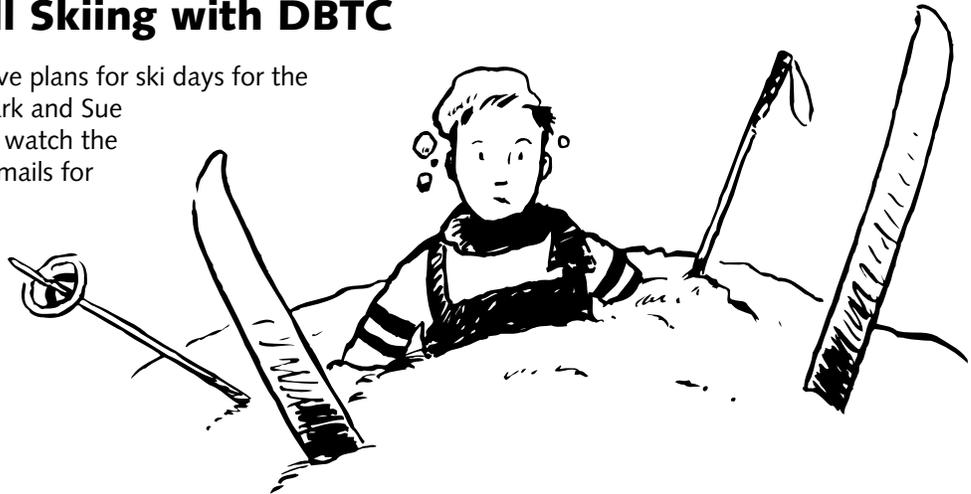
## The February Birthday Bash is Back!

Sue Frakes

Come one, come all, to the February Birthday Party for all of our DBTC Aquarians, members and guests, to be held at Sue Frakes' house, 7573 S. Estes Court, Littleton, CO 80128 on Saturday, February 5th at 6:00 P.M. Please bring a dish to share and your favorite beverage. Sue will provide the house for this fun mid winter gathering. Call: 303 978-0368 for directions if needed. Looking forward to seeing all of you.

## Weekday Downhill Skiing with DBTC

See the schedule for the tentative plans for ski days for the 2010/2011 season lead by Lin Hark and Sue Frakes. The days could change so watch the Colorado Bicyclist Yahoo Group emails for updates! If you are not yet a member of the email list join at <http://groups.yahoo.com/group/ColoradoBicyclist> ! If you would like to lead a ski trip contact Lin Hark or send it to the Colorado Bicyclist Yahoo Group.



## SARATOGA SOJOURN—SAVE THE DATE

AUGUST 28, 2011 THRU SEPTEMBER 1, 2011

John Campbell and Richard Gieseler are putting together a trip to Saratoga, Wyoming; just a few hours drive north of Denver. We will be staying at the Saratoga Resort & Spa that features their own natural hot springs pools. There will be 3 days of riding in and around the Medicine Bow National Forest. One of the most spectacular rides will be going up the Snowy Range scenic highway. There will be one free day and on that day Richard will be leading a hike for those interested. If you are not familiar with Saratoga, it is nestled between the Snowy Range and Sierra Madre's and alongside the North Platte River. The trip will include 5 nights lodging, a couple of happy hours and we are working on a farewell dinner. Please save the date on your calendar and we will be getting more details out to everyone in next month's newsletter. If you have any questions, contact Richard at 303-722-1475 (rgizler@gmail.com ) or John at 303-797-0250 (jwc@rmi.net)

**Save the Date!**  
**Kick Off Dinner**  
**March 26th**  
Details will be in the  
March newsletter

## DBTC's Officers

### President

John Campbell 303-797-0250  
President@dbtc.org

### Vice President

Tom Casadevall 303-984-2402  
Vicepresident@dbtc.org

### Secretary

Jeff Krinsky 303-543-1320  
secretary@dbtc.org

### Treasurer

Karen Kirby 303-237-1229  
treasurer@dbtc.org

### Board Members at Large

Curtis Pellegrin 303-234-9998  
curtisPELL@aol.com;  
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dougSCHULER@comcast.net  
Guy James 303-321-4607  
jjames740@aol.com

## Directors and Staff

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RideCoordinator@dbtc.org

### Out of Town Tour Director

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outoftowntours@dbtc.org

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FunRideNorth@dbtc.org

### Fun Ride Coordinator South

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FunRideSouth@dbtc.org

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roadrides@dbtc.org

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intermediaterides@dbtc.org

### Wednesday Fun Ride Coordinator

Joyce Terlaje 303-986-2011  
wedfunrides@dbtc.org

### "Roses" Ride Coordinator

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melbabo7@msn.com.

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Historian@dbtc.org

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Carolyn Bauer 303-740-8491  
cmb8030@comcast.net

### Photo Gallery

Jeff Krinsky 303-543-1320  
photogallery@dbtc.org

### Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meetings are Monday, January 5th and February 2nd at Perkins Restaurant, 1995 S. Colorado Blvd. If you wish to address the board, contact the secretary, Jeff Krinsky: secretary@dbtc.org or 303-543-1320 so that your topic can be placed on the agenda.

# Volunteer Recognition Dinner – 2010

## Steve Ingraham

One hundred twenty five members enjoyed the pot luck dishes brought by members and the ham and turkey supplied by the club. Dick Simon, illusionist and "ESP" master, entertained everyone with some truly amazing illusions (or were they truly ESP phenomena?) Steve Ingraham, our master of ceremonies, added a touch of humor by giving special awards to deserving members. Outgoing President Darrell Deering reviewed the many club activities for 2010, including the scheduled rides, Out-of-town-tours, Yahoo group rides, the kick-off party, and picnics.

Darrel Deering, Gary Goins, and Neil Koster are retiring from the Board and the club thanks them for their service. Continuing on the Board in 2011 will be Jeff Krinsky, John Campbell, Tom Casadevall, and Doug Schuler. Joining them is Curt Pellegrin, newly elected Board Member. Karen Kirby will continue as Treasurer. There are still three open Board Member seats. If you have served in the past, please consider stepping forward again. If you have never served, now is a perfect time.

We acknowledged the hard work of the Ongoing Volunteers, who do much of the actual work of the club. We then thanked the seven Ride Coordinators and Patty Gaspar, the Director of Ride activities, all of whom put our monthly ride schedules together. They depend on members to step forward and lead rides from April through October. Don Pearson was thanked for providing his continuing leadership and much of the work for the club's support of Mount St. Vincent Home through DBTC's Project Full Circle.

The Denver Bicycle Touring Club wouldn't be a "touring" club without the Out of Town Tour Leaders. They all received an appreciation gift from the Board and a round of applause from the membership. (See names listed on our website, www.dbtc.org)

During 2010, 86 members led 373 rides. Of these, 41 members led 3 or more rides and received the 2010 Ride Leader Pin. 133 members, who either led at least one ride and/or volunteered for at least one event, received DBTC ear & head warmers. 4 members, who led 3 or more rides for the first time, received the DBTC baseball hat. They are Chris Mattivi, Mary Gallagher, Dick Plastino, and Gary Winkel. Remember that you never know what nice gifts await volunteers at the end of the year—you don't want to be left out.

Donald Schmertz is our Yahoo Ride Leader of the Year with 20 rides. Sandra Newton is our Female Ride Leader of the Year with 36 rides. Steve Stevens and Wayne Tomasello tie for Male Ride Leader of the Year honors with 16 rides each. For the men, Jeff Baysinger is second having led 15 rides, and John Mues is third having led 13 rides. For the ladies, Ellen Chilikas is second having led 27 rides, and Susan Gregory and Merri Bruntz tie for third, each having led 9 rides. Our Volunteer of the Year is Ellen Chilikas. Ellen has been active in the club for more than 10 years. She is currently our Out-of-Town-Tour Director.

To sum up the evening: good food, good friends, and great entertainment. See you all at the Kick-Off Dinner in the spring.

**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 10th, but please send your articles earlier.

# Volunteer of the Year – 2010

Presented and read by John Campbell:

This enthusiastic, energetic, creative, member joined DBTC in 1997. She led her first ride in June 1998 and hasn't stopped since. That month she accepted the position Fun – South Ride Coordinator which she held for little over a year. She volunteered to work at the Front Range Century. In October, she led the first of her 3 Annual Halloween Mask and Costume rides. She served a 2-year term on the board.

She was on the planning committee for the 2000 Volunteer Recognition Brunch. She, as, "Hot Rocking Babe", and Steve Ingraham, as "Mr. Cool Guy", MCDed the VRD for 2001 and 2002. They originated the DBTC baseball style hats, and the Ride Leader pins. She wore a "bikini" outfit you had to see to believe. There's a great picture of her in the Jan/Feb 2004 newsletter. She also worked on the 2003 dinner.

In December 2000, she organized the first of many cross country ski trips. She has led numerous winter activity, day, week end, and multi day excursions to Leadville, Fraser, and Winter Park every year since. In fact, 3 trips are already planned for this winter.

She held the position of Social Coordinator starting January 2001. That month she started the popular winter "Sunday night Dinner and Movie" which was active for about 4 years.

In 2001, she created the new Ride Category of "Intermediate Ride Director", which she held for 1 year. It filled a much-needed gap between Fun Rides and Road Rides. She held that position again for another year.

Still not busy enough, she started the book club in June 2003, and April 2005 "Eats and Entertainment with Ellen". In 2006, our active cyclist, started leading Out Of Town Trips. That year was the Texas Hill Country; and Frisco Multi Sport.

Following years the trips were:

Santa Fe/ Taos; and Moab Bike and Hike.

Door County, Wisconsin.

Big Sky Adventure in Montana; and Glenwood Springs/Grand Junction.

Durango/Cortez; Moab; and the C & O Canal which took the riders through Pennsylvania, Virginia, West Virginia, and Maryland.

January 2009, she became the Out Of Town Tour Director. April 2008 found the "Singles Intermediate Rides" in the schedule. If all of that isn't enough, she was Female Ride Leader of the Year 5 times.

By now, you all know we are talking about Ellen Chilikas. This amazing person is not retired. She has a demanding full time job, and still finds the time to give DBTC her all. Ellen has a thing for nick names. The first trip I co-led with her, was the Texas Hill Country. Since that trip, I am known as "tailpipe." And Ellen is "cupcake". Cupcake, come on up.



## 2011 DBTC Activity and Tour Calendar

Email the trip contact for more information. Email Ellen (outdoorsdiva@yahoo.com) to add your trip to this list.

### December 31, 2010 – Jan 2, 2011 Happy New Year, Leadville Style – Ski, snowshoe

Lodging: Leadville Hostel  
Location Details: Leadville, CO  
Contact: : Ellen Chilikas,  
outdoorsdiva@yahoo.com  
Status: Full – Wait List being taken

### January 28 – 31, 2011

Trip Type: Ski, snowshoe  
Lodging: Hotel  
Location Details: Fraser Valley  
Contact: : Ellen Chilikas,  
outdoorsdiva@yahoo.com  
Status: Full – Wait List being taken

### February 25 – 28, 2011 (Friday – Monday)

TripType: Ski, snowshoe  
Lodging: Hotel  
Location Details: Fraser Valley  
Contact: Ellen Chilikas,  
outdoorsdiva@yahoo.com  
Status: Full – Wait List being taken

### May 5-9, 2011

**Moab Spring Tune-up**  
Trip Type: Road Biking, Mtn Biking  
and/or Hiking  
Lodging: Hotel  
Location Details: Moab, Utah  
Contact: Ellen Chilikas,  
outdoorsdiva@yahoo.com  
Status: Open

### June 4 - June 12, 2011 The Enchanted Tour

Trip Type: Road Biking  
Lodging: Hotel  
Location: Santa Fe, Los Alamos  
& Taos, NM  
Contacts: John Campbell, jwc@rmi.net  
Ellen Chilikas,  
outdoorsdiva@yahoo.com  
Status: Open

Visit [DBTC.org](http://DBTC.org) and click on "Tours" for updates on the trips.

### Our newest board member, Guy James



Guy is a handsome white male, tall and dark as well. He managed to squeak through college but is currently unemployed nonetheless. He is now a consultant (which is what you do when you don't have a job) with lots of time to ride and travel. He is mostly an intermediate distance rider with a maximum elevation gain of 1,247.56 feet on any one ride. He has been a member of the Club for about four years. He was elected to the board when every one else took one step backwards. "I would like to thank very much the one person who voted for me."



### NEWSLETTER VIA EMAIL...

The newsletter is available by email.  
If this works for you, send your email  
address to:  
[webmaster@dbtc.org](mailto:webmaster@dbtc.org).

### DBTC Members joined since 10/8/2010

ROLF DAHL	CAROL LANDES
ANITA FRASER	LYNN LIGHTELL
DANIEL GOLDAN	PEGGY VICENTE
CARL BERGE-	JESSICA WESTON
MANN & JOANNA	PATTI ZARLENGO
HYDOCK	

# Traveling in Time along the C&O Canal

Ellen Chilikas

Thirty six DBTCer's travelled about 200 miles along the Chesapeake and Ohio Canal and the Great Allegheny Passage in October. This historic trip, which took us through the history of the Civil War and transportation in the early 1800's, started in Deal, PA and ended at Great Falls Tavern in Maryland, with some riding in West Virginia along the way. We also got the opportunity to visit Fort Frederick, the Antietam Battlefield and Harper's Ferry. We were entertained by both local historians and local beers! We only had 1/2 day of rain out of 6 days of riding. The trail was unpaved and rustic, and most of the time we were flanked by the Potomac River on one side, the canal on the other, and we rode under a canopy of trees showing beautiful autumn colors. Everyone had a great time.



In the spirit of the Twelve Days of Christmas, this song was written by Joe and Kathy Stommel to commemorate the trip:

Many fond memories  
A thousand leaves a falling  
A gazillion photo stops  
Mucho massive mushrooms

Six raining acorns  
Five r-a-g-i-n-g bitches! (it's the name of a local beer)  
Four prancing whitetails  
Three log turtles  
Two hissing snakes  
-and- Special tweaking in my room.

This trip, which took two years of planning, lived up to our expectations.

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## Moab Spring Tune-up

Thursday May 5th to Monday May 9th

Each day there will be road bike and hike options - you can do one or the other or both. I hope to have enough people sign up so you would always have someone to go with. If anyone wants to mountain bike, they can. Just let me know I'll try to hook up the fellow mountain bikers. Here's the plan.

Thursday - Drive to Moab, dessert happy hour ~8pm (I bring dessert, you bring beverages) to go over the planned rides and hikes. We'll meet outside by the picnic tables.

Friday - Arches - bike and hike options

Saturday - Deadhorse Point - bike and hike options

Sunday - Castle Valley/Fischer Towers - bike and hike options - farewell pizza happy hour/dinner (I provide the pizza, you provide the beverages)

Monday - Potash Road - bike and hike options, then drive home

Cost is \$230/person double occupancy. Cost includes 4 nights lodging at the Red Stone Inn (rooms have refrigera-

tors, microwaves and coffee pots), dessert happy hour, pizza happy hour/dinner, 4 days with bike and hike options.

If you want to come play in Moab, send me a check for \$100 made out to Ellen Chilikas to PO Box 471803, Aurora, CO 80047 and send the 2 tour forms located here: [http://www.dbtc.org/OTT\\_Index.aspx](http://www.dbtc.org/OTT_Index.aspx). You must be a member of the DBTC to come on this trip. First come first served. Unless you indicate your roommate request, I will pair you with someone. Deposits are transferable but not refundable.

Note: The rides on this trip are hilly and are at least at an Intermediate level. While longer options are available, shorter/easier options may not be. If you want to come on the ride and do biking, but you are not an Intermediate rider, please coordinate with me prior to sending in your forms and deposit.

# Thanksgiving Day Ride

Jeff Baysinger

On a very cold Thanksgiving Day 2010, eight crazy people ventured out to enjoy the brisk day. Left to right in this photo: Kathy Basel, Cathy Perkins, Fred Berry, Bill Lew, Dianne and Wes Chowen. Invisible on the foreground trail bike is Jeff Baysinger. Temperatures were a finger and toe numbing cold 24-degrees at the 10:00 AM start, warming to a balmy 37 degrees at the 12:30 PM finish. Realizing these temps deserved something special, the most fearless leader Dale Trone arrived with steaming pots of hot chocolate to warm the riders before they descended the chilly Kipling hill to Bear Valley. This helped a lot. Yes, folks had to stop and warm up at the bottom. But, everyone sure felt great at the ride end! Though the start was quite frigid, everyone agreed this was a wonderful way to start the feasting day. Photo by the illustrious fun leader, Dale Trone.



## DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY  
6905 S BROADWAY UNIT 169  
LITTLETON, CO 80122  
303-797-1858  
arapahoecyclery.com

ARVADA BIKE COMPANY  
6595 WADSWORTH BLVD  
ARVADA, CO 80003  
303-420-3854

BICYCLE PEDAL'R  
2030 E. COUNTY LINE ROAD  
LITTLETON, CO 80126  
303-730-8038  
BicyclePedalr.com

BIG KAHUNA BICYCLES  
8246 W BOWLES AVE  
UNIT 2  
LITTLETON, CO 80128  
720-981-5199

bigkahunabicycles.com  
Includes 10% discount on bikes!

BIKE SOURCE  
\*2690 E COUNTY LINE RD  
LITTLETON, CO 80126  
303-221-4840

\*2665 S. COLORADO BLVD  
DENVER, CO 80222  
303-759-5099  
bikesourceonline.com

CAMPUS CYCLES  
2102 SO. WASHINGTON ST.  
DENVER, CO 80210  
campuscycles.com

CYCLE ANALYST  
722 S. PEARL St.  
DENVER, CO 80209  
cycleanalystinc.com

DERBY BICYCLE CENTER  
410 EAST 104TH AVE  
THORNTON, CO 80233  
303-288-4100  
derbybicyclecenter.com

ECHELON SPOKES & SLOPES  
297 N. Hwy 287, Ste 110  
Lafayette, CO. 80026  
303-604-1825  
echelonspokesandslopes.com

FOOTHILLS CYCLING  
11651 W. 64th AVE.  
ARVADA, CO 80004  
303-420-0815  
foothillscycling.net

GOLDEN BEAR BIKES  
290 NICKEL STREET  
BROOMFIELD, CO 80020  
303-469-7273  
goldenbearbikes.com

GREEN MOUNTAIN SPORTS  
2950 S BEAR CREEK BLVD  
LAKEWOOD, CO 80228  
303-987-8758  
greenmountainsports.com

LITTLETON CYCLERY  
2640 W BELLEVUE AVE  
UNIT F SUITE 100  
LITTLETON, CO 80123  
303-798-5033  
littletoncyclery.com

PEAK CYCLES  
801 14TH ST, SUITE B  
GOLDEN, CO 80401  
303-216-1616  
BikeParts.com

SCHWAB CYCLES  
1565 PIERCE ST  
LAKEWOOD, CO 80214  
303-238-0243  
schwabcycles.com  
Restrictions: No discount on Shimano and Campagnolo

SPORTS PLUS  
1055 S GAYLORD ST.  
DENVER, CO 80209  
303-777-6613  
sportsplusdenver.com

CHERRY CREEK VELO  
1435 S. Holly  
DENVER, CO 80222  
303-691-5650  
25% off Sampson Pedals  
10% off bikes and parts

THE GOLDEN BIKE SHOP  
722 WASHINGTON AVE  
GOLDEN, CO  
303-278-6545

TREADS BICYCLE  
OUTFITTERS (3 locations)  
\*10831 S. CROSSROADS DR.  
PARKER, CO 80134  
303-690-2900

\*16701 E ILIFF AVE  
AURORA, CO 80013  
303-750-1671

\*3234 S. WADSWORTH BLVD  
LAKEWOOD, CO 80227  
303-781-1162

WESTSIDE CYCLING  
& MULTI SPORT  
7310 W COLFAX  
LAKEWOOD, CO 80214  
303-237-1115

## Enchanted Tour: Saturday, June 4 – Sunday, June 12, 2011

### Join us on a trip through the Enchanted State of New Mexico!

Ellen (Cupcake) Chilikas and Karen (Scoop) Jenneman just got back from a scouting trip for the Enchanted Tour of New Mexico in June. We found some new routes that we think everyone is going to like plus added another night to the trip since there is so much to see and do in New Mexico. Here's the updated plan for the trip. Note that mileage given are for the planned rides - there are options to add more miles for those looking for more of a challenge. This trip truly is an intermediate ride - fun riders will most likely find the hills too challenging.

On Saturday June 4th we'll drive to Santa Fe and have a pre-trip meal/happy hour to hand out daily itineraries, maps, and discusses options. Dinner is on your own with hundreds of fabulous places to choose from!

On Sunday June 5th we'll do a flat warm up ride of 30 or so miles near Cochiti Lake and Cochiti Pueblo. The afternoon will be spent exploring Santa Fe, and we'll have a happy hour on Sunday night before people venture out for dinner.

Monday June 6th will be a 35-mile roller coaster loop from Madrid to Galisteo - some of this route is newly paved so it should be new to most people. After the ride, we'll have the afternoon free to enjoy the artsy and historic town of Madrid, where there are many restaurants and shops to visit.

Tuesday June 7th will be a free day, and the day we check out of the Santa Fe hotel to drive to Los Alamos. Ellen will lead an optional short and incredible easy hike to Tent Rocks National Monument - this place has stunning scenery - you've got to see it to believe it. Other options include to ride some of the Santa Fe Century loop, go shopping or museum hopping in town, visit a winery or two, do some gambling, soak in the 10,000 Waves spa or find some great deals at Trader Joe's.

Wednesday June 8th we'll ride from the hotel in Los Alamos along some beautiful roads around Bandelier National Monument. The rolling hills and canyon scenery make for a great ride. There will be a 29-mile option for those who don't want to ride the steep hill inside the

Monument, and a 35-mile option for those who want to take in all the sites and climbs. In the Monument, there is an easy 1.2-mile hike you can do right from the visitor's center to see some ruins up close and personal. We'll have a happy hour back at the hotel before venturing out for dinner.

Thursday June 9th is a free day - we check out of the hotel and have to find our way to Taos. Ellen will lead an optional hike in the area - there are dozens to choose from including an easy 5-mile hike along a river with 2 great waterfalls. There are also ride options for those who want to get in more saddle time. Another must see thing to do in Los Alamos is visit the Bradbury Science museum to learn about our atomic past.

On Friday June 10th we ride from the hotel in Taos along the back roads of Taos and the surrounding area, and wind up in the charming town of Arroyo Seco. Here we'll get to visit some galleries and shops and maybe the historic church, and eat some fabulous sandwiches and ice cream at the Taos Cow. As we ride back to Taos, we'll pass the Millicent Rogers Museum which

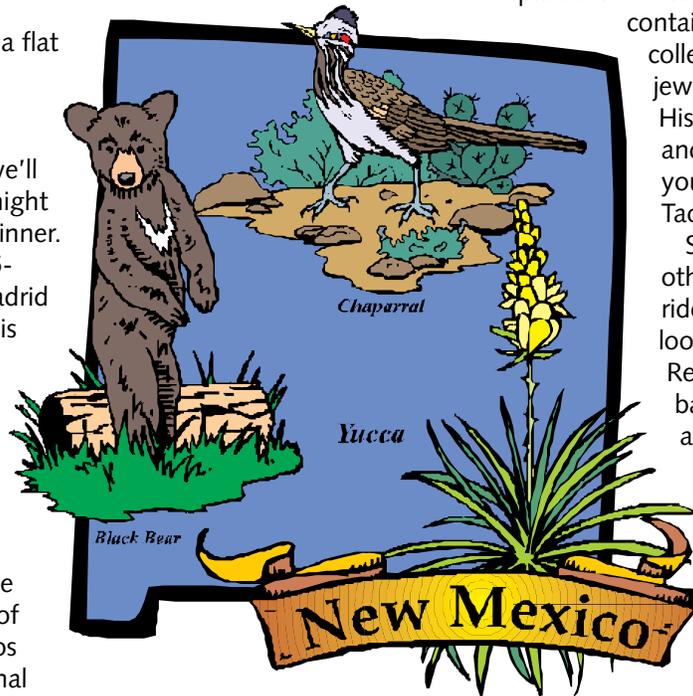
contains outstanding historical collections of Native American jewelry and pottery along with Hispanic textiles, metalwork and sculpture. After the ride you can explore the town of Taos.

Saturday June 11th is another free day. The optional ride will be a 50-mile hilly loop near the Ojo Caliente Resort and Spa. Out and back ride options are also available. Last time we were here, many of us took a memorable mud bath and we have the picture to prove it! Ellen is going to try to arrange a visit to Georgia O'Keefe's home and studio - keep your fingers crossed on that. We'll have a

farewell authentic New Mexican meal tonight.

The trip ends on Sunday morning when you check out of the hotel.

The trip includes 8 nights double occupancy lodging, 7 days of riding and exploring, continental breakfasts each morning, several happy hours and a farewell dinner. All of this can be yours for \$575/person. If you would like to join us, please send a check for \$150 to John Campbell at 6531 S. Logan St., Centennial, CO. 80121. Post date your check for January 10, 2011.



## 2011 Advance Planning Calendar

March 11-15  
**Moab Skinny Tire Festival**  
 skinnytirefestival.com  
 Moab, UT

April  
**Fort Collins Cycling Club Spring Warmup Ride**  
 fccycleclub.org  
 Fort Collins, CO

April 28 – May 1  
**Fruita Fat Tire Festival**  
 emgcolorado.com  
 Fruita, CO

May 21  
**Buena Vista Bike Fest**  
 bvbf.org  
 Buena Vista, CO

May  
**Community Classic Bike Tour**  
 McKeefoundation.com  
 Loveland, CO

May 14  
**Tour de Cure**  
 diabetes.org  
 Woodland Park, CO

May 15  
**Santa Fe Century**  
 santafecentury.com  
 Santa Fe, NM

May 28-30  
**Iron Horse Bicycle Classic**  
 ironhorsebicycleclassic.com  
 Durango, CO

June 5  
**Elephant Rock Ride**  
 elephantrockride.com  
 Castle Rock, CO

June  
**Starlight Spectacular**  
 starlightspectacular.org  
 Colorado Springs, CO

June 11-18  
**Ride the Rockies**  
 ridetherockies.com  
 TBD

June  
**Greenwood Goosechase**  
 goosechase.org  
 Greenwood Village, CO

June 11-12  
**The Denver Century Ride**  
 denvercenturyride.com  
 Denver, CO

June 19-25  
**Bicycle Tour of Colorado**  
 bicycletourcolorado.com  
 Central City-Steamboat Springs Loop

June  
**Bike to Work Day**  
 drcog.org  
 Denver Metro area

June  
**Tour de Prairie**  
 cheyennecity.org/  
 DocumentView.aspx?DID=3562  
 Cheyenne, WY

June  
**MS 150 Bike Tour**  
 nationalmssociety.org/  
 chapters/COC/index.aspx  
 TBD

July 9-10  
**Triple Bypass**  
 teamevergreen.org  
 Evergreen, CO

July 16  
**Tour De Steamboat**  
 rockypeakproductions.com  
 Steamboat Springs, CO

July 16  
**Moonlight Classic**  
 moonlight-classic.com  
 Denver, CO

July 17-22  
**Tour de Wyoming**  
 cyclewyoming.org  
 Worland, WY

July  
**Sunrise Century**  
 bikerPELLI.com/Sunrise\_Century  
 Boulder, CO

July  
**Colorado-Eagle River Ride**  
 vailvelo.com  
 Beaver Creek, CO

July  
**Durango Century**  
 durango100.com  
 Durango, CO

July 24-30  
**RAGBRAI**  
 ragbrai.org  
 TBD

July  
**The Colorado Peace Ride**  
 ThePeaceRide.com  
 Durango, CO

July 23-25  
**Courage Classic**  
 couragetours.com  
 Copper Mountain, CO

July  
**CANDISC - Cycling Around North Dakota In Sakakawea Country**  
 ndparks.com/recreation/activities/candisc.htm  
 TBD

August 7-13  
**Colorado Rocky Mountain Bike Tour**  
 crmbt.com  
 Grand Junction – Buena Vista Loop

August 6  
**Copper Triangle Alpine Classic**  
 coppertriangle.com  
 Copper Mountain, CO

August  
**Schlep the Slopes**  
 sweinberger@ajfcolorado.org (eMail for info)  
 TBD

August  
**Circle the Summit (aka Bob Guthrie Memorial Ride)**  
 Circlethesummit.com  
 Frisco, CO

August  
**Stonewall Century Ride**  
 spcycling.org  
 TBD

August 20  
**Tour de Cure**  
 diabetes.org  
 Boulder County Fairgrounds

August  
**Blue River Century & Metric Century**  
 bluerivercentury.com  
 Summit Co, CO

August  
**Deer Creek Challenge**  
 deercreekchallenge.com  
 Wadsworth @ Deer Creek Canyon Rd, CO

August  
**Venus de Miles**  
 venusdemiles.com  
 Longmont, CO

September  
**Buffalo Bicycle Classic**  
 buffalobicycleclassic.com  
 Boulder, CO

September 16-18  
**Moab Century Tour**  
 skinnytirefestival.com  
 Moab, UT

September  
**Mickelson Trail Trek**  
 MickelsonTrail.com  
 TBD, SD

September  
**Tour of the Vineyards**  
 Coloradowinefest.com  
 Palisade, CO

For additional cycling event listings, visit the following Website:  
[bcn.boulder.co.us/transportation/bike.d/bike.cal.html](http://bcn.boulder.co.us/transportation/bike.d/bike.cal.html)

# DBTC WINTER FUN RIDES 2011

Denver has been basking in 60-degree temperatures and the snow is piling up in the mountains – does it get any better than that? We have a schedule that should appeal to you snow or shine. Remember to watch the yahoo group for additional rides or snow trips, or cancellations.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by February 10th for the March newsletter or contact Patty at 303-989-8268.

Many of our members love winter sports and want to continue enjoying the outdoors with their DBTC friends. The DBTC Message Board will be our main means of communication through the winter months. If you'd like to post an event, simply go into the site. Remember not all members have email so if you have it in the newsletter all members are notified.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses – Leisure Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: Technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave.

**Rides are cancelled if the temperature is below 40 degrees at start time, or it is raining or snowing.**

**Ride Locator:** There is a guide to the most frequent start locations on our website, [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest to make a map to the starting location.

**If you'd like to include** an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the following newsletter or contact **Patty** at **303-989-8268**.

### DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

### DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to:

[ColoradoBicyclist-subscribe@yahoogroups.com](mailto:ColoradoBicyclist-subscribe@yahoogroups.com). Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

### DBTC Mountain Biking E-Mail List

To join, send an e-mail to:

[COmntnbikers-subscribe@yahoogroups.com](mailto:COmntnbikers-subscribe@yahoogroups.com)

**You can join both groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

### Please Note:

- Joining either of these Yahoo Groups does not make you valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))
- The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

**Be Ready To Ride:** DBTC Ride Leaders and members are NOT bike mechanics. Before showing up for a ride, check you tubes and tires. Fix flats in advance of start time. Check your brakes and shifters, and, if any part of your bike needs maintenance, take it to an authorized mechanic. A complete tune up once a year is recommended. Your ride is only as safe and enjoyable as the condition of your bike.

### DBTC Facebook

Check out the DBTC page on Facebook to discover more about events and happenings in the club and other bicycling-related stories. Search "Denver Bicycle Touring Club" within Facebook to find us. <http://www.facebook.com/pages/Denver-Bicycle-Touring-Club/122447584186>

## DBTC Winter (Frozen Water Bottle) Road Rides

These off-season rides are set up for Road Riders who wish to maintain their overall cycling fitness during the months of January – February.

These rides will be posted on the Yahoo group site (<http://groups.yahoo.com/group/ColoradoBicyclist>) on or after each Wednesday. This will allow time to see if the weather is good for a Saturday or Sunday ride. Cancellation of the ride can occur if temperatures are below 30 F and/or roads are wet. Start times will be 11:00AM unless weather determines a later start.

**All rides will start at Mercedes Restaurant, 10151 W. 26 Ave & Kipling, Wheat Ridge, CO.** This location is just across Kipling St. from the Crown Hill Park. Please park your car on the northwest corner of the parking lot. Mileage is from 20 miles to 35 miles. The routes are not too hilly and have been used before. This time of the year, there is no reason to climb mountains. Winter road rides pace will be 15 + MPH with regrouping. Please reply to Donald Schmertz by email at [roadrider80226@yahoo.com](mailto:roadrider80226@yahoo.com), if you have any questions. Hope to see you there!!! [roadrider80226@yahoo.com](mailto:roadrider80226@yahoo.com)

### Wednesday FUN Group Continues Through Winter

**FUN/INT- 1/3-TBD 11:00 AM** The Wednesday Fun group will continue to ride throughout the winter. We will be meet at various places. You can use the DBTC Message Board to post additional rides.

**Jan 6th & Feb 3rd** Meet at Carson Nature Center, Santa Fe Drive at Mineral.

**Jan 13th & Feb 10th** Meet at Crown Hill Park in Lakewood, in the parking lot with bathrooms at Garland Street and 26th Ave, just east of Kipling St.

**Jan 20th & Feb 17th** Meet at Village Green parking lot by the Dam Road and E Union Ave.

**Jan 27th & Feb 24th** Meet at Washington Park in the parking lot at the SW edge of Smith Lake, near the intersection of Downing Street and Exposition Avenue.

### Wednesday "Roses" Group

These hardy riders continue all winter. Wednesday's "Roses" rides are 1-20, SW, 11AM. "Roses" will meet when the temperature is 50 or above and trails are clear, for "Show and Go" rides from Carson Nature Center, (N on So Platte Parkway, West of Mineral and Santa Fe, opposite Aspen Grove Shopping Center.) Riders attending will determine route. Bring a snack and money for lunch at a favorite restaurant after the ride. Questions? Call *Melba Bouquet* 720-493-0564.

### Wednesday evenings, 6:00 PM, Green Mountain Park

Weather and trail conditions permitting, the Wednesday evening hikes, mountain bike rides with lights, or dog walks will continue. These start from the main Hayden Trailhead at the West Alameda Ave. crest in Lakewood. Typical duration is about 1 hour to 1.5 hours. These hikes are good for keeping the leg muscles stretched over the winter months. For information, call *Jeff* 303-445-3194.

### Weekday Skiing with DBTC in 2010

Beat the crowds and the traffic and ski with DBTC at Winter Park, Loveland and some of the GEMS ski areas this winter. *Lin Hark* and *Sue Frakes* will be leading ski trips on Mondays, Thursdays and Fridays.

Call *Lin Hark* at 303 507-3502 if you are interested in weekday skiing with the DBTC. Watch for details and last minute changes on the Colorado Bicyclist Yahoo Group email list.

**Monday Jan 11th** Sol Vista Free Day with GEMS card

**Thurs Jan 14th** Ski Hooky Day Loveland \$15

**Fri Jan 22nd** Winter Park

**Fri Jan 29th** Winter Park

**Fri Feb 5th** Winter Park

**Thurs Feb 11th** Ski Hooky Day Loveland \$15

**Fri Feb 19th** Winter Park

**Fri March 5th** Ski Cooper Free Day with GEMS card

**Thurs March 11th** Ski Hooky Day Loveland \$15

**Weds April 14th** Echo Mtn Free Day with GEMS card

### GEMS Card

Go to [www.coloradogems.com](http://www.coloradogems.com) to get your GEMS card. It costs \$10 but you get a free weekday at Sol Vista in January, a free weekday at Ski Cooper in February, a free day at Echo Mtn early or late season and a free day at Monarch in April. Also you can get 2 for 1s at Loveland on weekdays and other 2 for 1s at other GEMS all season.

## SATURDAY, SUNDAY AND HOLIDAY WINTER RIDES

**FUN/INT-2/3-20/30-NESW-11:00AM** Unless there is a leader named, WINTER rides will be Show-N-Go. The riders who show up on these days will decide among themselves the route, the mileage, the pace and the after-ride restaurant. The starting locations will be places where many rides have begun in the past and thus several riders will have an idea of possible routes to be taken. You can go to [www.dbtc.org](http://www.dbtc.org) and hit the start locations button for more detailed directions to most of the starting points.

### Winter Riding Guidelines

**Weather:** forecast temperature above freezing with dry conditions.  
**Clothing:** wear layers, outer windbreaker, hat/ear covers, gloves, toe covers and riding/sports pants  
**Other:** bring water, repair items and a snack  
**Reminder:** Adding a bright colored vest over a winter jacket makes you much more visible

### New Year's Eve

**Thurs, Dec 31 7:00 PM** A noisy Hike, Mountain Bike, Ski, or Snowshoe Crawl on Green Mountain!

**P2-T1, Icy Trail-?, Party-4.** All loud DBTC mountain bike people invited! Quiet road-riding folks welcome as well. Let us all make some noise together for the final 2009 DBTC ride! Yes that is right, at a special New Year's Eve gathering! Another good year of riding has passed; a New Year of riding is around the corner. Once again, please join the year ending celebration party at Russ Peterson's house to hike, bike, ski, or crawl the short distance to the nearby Green Mountain top. Address is 13462 West Florida Drive, Lakewood, CO 80228. Russ's house is about 100 yards from the Alameda crest (Hayden) parking lot. Arrive at time shown. The New Year's Eve hike will start about 8:00 PM, intending to view the 9:00 PM fireworks display over downtown Denver from the top. Possibly enjoy a small glass of champagne on top, courtesy of a special mountain hike shuttle. Then after returning down, enjoy New Year's Eve drinks and a re-warming party at Russ's house. Come one, come all, and of course mountain bikes with ice tires are optional. To RSVP and get information on what party snacks you can bring to share, please call *Russ* at 720-299-8269.

### New Year's Day

Second First Annual Not Quite Memorial Bill Orchard Annual New Year's Day Ride

**FUN-H1-20-C 11:00 AM** Stuart Black (303 433-9041) will lead the Second FANQMBOANYD Day Ride at 11:00 AM from the City of Cuernavaca Park at 21st and Platte, just north of the Denver Skate Park. (Going North or South on I-25: Take the 20th St Exit southeast. Take a right on Little Raven, a right on 19th St and right on Platte St. Go a couple blocks to the parking lot.) This will be a 20+ mile ride (depending on the weather) with lunch afterwards at a location yet to be determined. This will be a leisurely ride, fairly flat, on trails and bike friendly streets.

**Sat, Jan 9th NW** – Sloan's Lake, 25th Ave & Sheridan, park in NW corner of park

**Sun, Jan 10th NW** – Crown Hill Park, just east of 26th & Kipling

**Sat, Jan 16th SE** – South High School, E. Louisiana & S Franklin, near Wash Park

**Sun, Jan 17th C** – REI Flagship Store – river side

**Sat, Jan 23rd SW** – Stone House, east side of S Estes, just south of Yale.

**Sun, Jan 24th SE** – Goodson Recreation, near S University Blvd and Arapahoe Ave

**Sat, Jan 30th SE** – Village Greens Park, just east of Union and Dayton

**Sun, Jan 31st NW** – Olde Town Park-N-Ride, just north of W 55th Ave & Wadsworth on Vance

### February Winter Fun Ride Schedule

**Sat, Feb 6th NW** – Prospect Park, W 44th Ave at Robb St

**Sun, Feb 7th SW** – Morrison PNR, NW corner of C470 and Morrison Rd

**Sat, Feb 13th SW** – Carson Nature Center, (N on So Platte Parkway, West of Mineral and Santa Fe

**Sun, Feb 14th NW** – Scott Carpenter Park, SW corner of 30th & Arapahoe in Boulder

**Sat, Feb 20th NW** – Westminster Mall, southeast corner of W 92nd Ave & Harlan St

**Sun, Feb 21st SE** – Cherry Creek HS, SE corner of Union and Dayton

**Sat, Feb 27th SW** – Stone House, east side of S Estes, just south of Yale.

**Sun, Feb 28th NW** – Park-N-Ride, NW corner of 70th and Broadway

**Never leave your wallet, purse, or valuables in your vehicle. There have been vehicle break-ins at many parking lots. Carry a small coin purse to hold your driver's license, medical insurance card, money, and car key. Do not leave an empty purse in view.**

# A Big Thank You to VRD Dinner Volunteers

Darlene Dietzler

The Dinner Planning Team consisted of Darrell Deering, Karen Kirby, Doug Schuler, Patty Gaspar, and Darlene Dietzler. We offer a huge "Thank You" to everyone who volunteered so graciously and worked to make it a fun and enjoyable evening. We couldn't have done it without you.

First, there were all the members who arrived early to help set up. Criss Lucas, Clara Pulver, and Gene Ehlers did the table centerpieces. Setting up the buffet, dessert, and appetizer tables were: Karen Jenneman, Jill Thornburg, Judy Schure, Carolyn Bauer, Mary Sue Dickerson, Ida Sansoucy, and Rich Quick. Jeff Messerschmidt, again, did a great job manning the beverage table. He set up the recycling box for the soda cans. Fred and Carol Kerr were the first to arrive and generally helped out wherever needed.

In the pre-function area, head greeter, Gary Goins and his crew welcomed everyone. They were Joe and Lise Neer, Karen Kennedy, Lois Kahn, and Clint and Julie Brown.

The turkeys and hams were brought by Luanne Ralph, Darrell and Jean Deering, Linda Shimoda, Donna Seaman, Cindy Ferry, Curt Pellegrin and Marti Krusko, Jane Carlstrom, and Dick Plastino. It was a pot-luck dinner, and everyone feasted on a large array of hot casseroles and dishes.

Fred Berry and Darrell Deering set up the mountain bike slide show during the social hour. Our Master of Ceremonies was Steve Ingraham, assisted by Dale Trone. Jeff Krinsky and Tom Casadevall spent the evening taking pictures. The printed programs were put together by Patty Gaspar.

Helping to pass out the awards at the end of the evening were Colleen Murphy, Tom Peterson, Carol Robbins, Diane Minka, Curt Pellegrin, and Marti Krusko.

Dave Grimes, the Database Manager, keeps a record of the Volunteers and the Ride Leaders. He sends this list to the VRD team. This task keeps him working all year long. The calendar for the VRD is from November 1 through October 31. Without his record keeping, we could not have the dinner that we do. If anyone has a question regarding his or her participation in club events, please contact him.

Thank you to everyone for another good year. Please accept our apologies if we forgot anyone.



