

Memorial Day Picnic

Monday, May 31st...Prospect Park...11300 West 44th Avenue...

At the pavilion at the far end of the park...The park is adjacent to the Clear Creek Bike Path.

MTB, Roses, Fun, Intermediate and Road Rides start at the picnic shelter...See the ride schedule for details...Start times vary.

The picnic will begin around noon...

Elly Baldwin and crew will be our cooks!

Sun, a good bike ride, and a picnic with friends

Sounds like a prefect day!

The cost will be \$6 per person...*Extra Parking near the entrance.*



Mountain Skills Clinic

BACK BY POPULAR DEMAND Mountain Bike Skills Clinic Two of our favorite alumnus, Rob Reilly (a.k.a. kilt boy) and Matt Bailey (yes ... he really does look like Mel Gibson) have agreed to return and put on their ever popular Mountain Biking Skills Clinic. These two have helped literally hundreds get started on our local single track trails. While the emphasis will be on having fun and learning the basics, some of their students have ultimately gone on to win some of Colorado's more popular races. As in the past, while the emphasis will be on working with beginners, participants will be divided up by level of ability and head out with various instructors, so opportunities will be provided for more advanced riders to work on their skills. Beginners will work on things such as: how to start on a hill; proper braking and body positioning; trail etiquette; riding over obstacles and some basic trail side maintenance. Everyone is expected to show up with a basic level of conditioning (we will be riding up hills), mountain bike, helmet and gloves. Saturday May 22, 2004, Meet 9 am at the upper Aldefer-Three Sisters Parking lot

Kick-Off Party Wrap-Up

The DBTC Annual Spring Kickoff Party was held Saturday, April 3. Club members enjoyed food and drink together. An update on club business was presented. Unfortunately, the speaker was left little time at the evening end. Mr. Steve Stevens had prepared a wonderful and interesting history on Colorado bicycling. The Board, on behalf of the club, is grateful for his efforts and extends apologies to Mr. Stevens for cutting the talk short.

Membership Contest

The membership contest, announced in the April newsletter, is continued till May 22. It's spring, weather is warm, and people are out on their bikes. If you have been on any bike path recently, you probably saw lots of future potential DBTC members. Ride coordinators have membership application forms and they can also be found on the website -- www.dbtc.org. Simply have the new member write "referred by" and your name on their application. Winners will be announced at the Memorial Day picnic May 31.


Dave Grimes

Dave Grimes underwent surgery on April 8th. Everything went well and he is recovering at home. Dave has been our webmaster for many years and is responsible for maintaining our data base, designing our website, sending out the renewal notices, collecting our mail and being the overall go to guy for the club. All of us look forward to seeing Dave back on his bike this summer. You can send your get well wishes to webmaster@dbtc.org or mail cards to Dave at 12949 W Montana DR, Lakewood CO 80228.

South Suburban Celebration

What: 25th Birthday Party for the South Suburban Park Foundation Free refreshments, entertainment, bike decorating, and give-aways!
When: Saturday, May 15th 10 am to Noon
Where: Platte River Trail/Mary Carter Greenway south of Union and Centennial Park/Brent Mayne fields The South Suburban Park Foundation (www.sspf.org) is hosting a community birthday party on Saturday, May 15th to celebrate our 25th Anniversary, and we want you there! The event will take place on the Platte River/Mary Carter Greenway just south of Union Street and Centennial Park - Brent Mayne playing fields. Free activities include refreshments, family entertainment, face painting, raffle, and interpretive programs. All children - bring your bicycle to decorate! For additional information or to volunteer, please call (303) 798-5131.

Welcome New Members

CHERYL AMES	ALAN CHENEY	JOHN RUGER	DIANE WILLIAMS
REBECCA APTER	ANNE CRADDOCK	KINBERLY SMITH	DEBBI WORCESTER
LISA BLOCK	MARC S FRANK	DANIEL SULLIVAN	
BOB & MYA BRUNO	STANLEY GALE	TERRI VASQUEZ	
SHELLEY CARTER	ANGELA GOMEZ	BRADFORD J WEST	

DBTC's Officers

President

Bonnie Urban.....303-926-1201
President@dbtc.org

Vice President

Tom Hurja.....303-935-6194
VicePresident@dbtc.org

Secretary

Darlene Dietzler.....303-986-7666
Secretary@dbtc.org

Treasurer

Sherry Livingston.....303-841-8404
Treasurer@dbtc.org

Board Members at Large

Howard Bagdad.....303-278-0541
HBAGDAD@aol.com
Jim McClain.....303-715-9335
BikeMcClain@aol.com
Suzette Bowles.....303-694-6515
bsbowles@earthlink.net
John Manzione.....303-730-3091
Halfdomehiker@cs.com
Patty Gaspar.....303-989-8268
Ridecoordinator@dbtc.org

DBTC's Volunteers

Ride Coordinator

Patty Gaspar.....303-989-8268
RideCoordinator@dbtc.org

Fun Rides-South

Lois Kahn..... 303-758-0092
kalo284@aol.com

Fun Rides-North

Marti Krusko.....303-234-9998
mkrusko@peoplepc.com

Intermediate Rides

Jerry Bucher.....303-926-1201
bmwrcrazy@msn.com

Road Rides

Gary Bohn.....303-650-5082
gary.bohn@comcast.net

Fun MTB

Jeff Baysinger.....303-969-9241
jbaysinger@do.usbr.gov

Out of Town Tours

Ann Nordstrom.....303-366-2716
OutofTownTours@dbtc.org

Hotline Director

Charmian Choate.....303-791-3676
PhoneHotline@dbtc.org

Map Sales Coordinator

Bob Bennis.....303-463-8775
bob@bestofbents.com

DBTC Historian

Sid Russak.....303-773-3434
Historian@dbtc.org

Membership Database/Webmaster

Dave Grimes.....303-986-7666
Webmaster@dbtc.org

Hotline.....303-756-7240

WebSite.....http://www.dbtc.org

What's Going On?

Board of Directors At the Kick-Off Party members were surprised to hear some discussion of financial matters. Some things have changed very recently which prompted the concern. Under the club bylaws, the Board of Directors is responsible for the fiscal stability of the club. The budget that was prepared at the first of the year indicated that we were not going to be financially sound for the year if we continued spending money as the club had in previous years. We could not balance the budget with the projected income for 2004 and the expenditures forecasted. Therefore, we have cut every single item in the entire budget eliminating all but the bare essentials and we are still going to come up short. The club's only source of guaranteed revenue is from dues. All other sources are nice and welcome, but we cannot and should not count on them to operate the club from year to year. An example of this is the revenue from map sales. In the past this revenue has been substantial and the club started paying for services that had been done by volunteer members. The downturn in the overall economy of our community has severely cut into our map sales. We are getting close to a re-order point, Our present inventory is getting low, and we have enough money in the treasury to purchase more maps, but if we do this and the maps do not sell, we will be without funds to operate the club. A recent survey of the major bicycle shops in the metro area indicates they have a sufficient supply of maps to last them through the summer of 2004. So what do we do for revenue? Can we afford to raise the dues? Can we afford NOT to raise dues? It would help if we had 300 or more new members and we are working on that. There is a membership campaign going on right now. We'll be asking members to volunteer to perform the tasks that we have been paying to have done. We need input from the general membership of the club on this subject. If you would like to address the subject, let me suggest you write a letter to the club and mail it to DBTC, PO Box 260517, Lakewood, CO 80226-0517 or those of you that have e mail, you can sent e mail to any board member, see listing on page two of the newsletter.

Long live DBTC

Thank You Thank You Thank You

Lots of Thank You's to members who answered a call for "help". Darlene Dietzler and David Grimes hosted a membership drive mailing party at their home February 13. The following fellow bikers folded, stuffed, stamped, and sealed 777 envelopes: Howard Bagdad, Patty Gaspar, Jim McClain, Dianne Spiller, Gerri Garnett, Melba Bouquet, and Marge Derby. A special thank you to Marge for bringing her coffee pot. Darlene doesn't own one. More people volunteered than I have chairs, and had to say we're full. There will be many more opportunities to help in the future. March 13 found the following members cleaning out and moving from the storage locker the club has had since January 1985, to a much smaller unit: Charmian Choate, John Flickinger, Jerry Bucher, Bonnie Urban, Bruce Kohl, Bill and Peggy Orchard, Don Pearson, Howard Bagdad, Patty Gaspar and 2 grandchildren, Darlene Dietzler, David Grimes, and Sherry Livingston. With all that help, we were finished in 1 hour and 10 minutes. A Special Thank You to Stuart Black, our own Garrison Keillor, for his weekly Friday musings on "Life With a Bike". The Board decided to discontinue cyclenet, however, Stuart's talks are welcomed to appear in the newsletter and/or on the website. Stuart is taking a vacation from writing. We are anxiously awaiting his return and thoughts and stories of new adventures.

Another Thank You goes to both King Soopers and Safeway for their generous gift cards which went toward the purchase of the turkeys and hams Saturday night. We so appreciate the support of our local businesses to community organizations and events.

Board Meeting

Any member wishing to attend a board meeting is welcome. May's meeting is Wednesday May 5 at Perkins Restaurant, 1995 So. Colorado Blvd. at 6:00 p.m. If you wish to address the board, please contact the secretary Darlene Dietzler 303-986-7666, so that your topic can be placed on the agenda.

Looking For Some Helping Hands

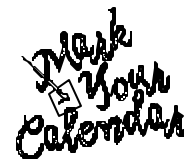
Elly Baldwin has graciously volunteered to head up the Memorial Day picnic. We need about 5 people to help prepare and serve the lunch. Please call Darlene Dietzler at 303-986-7666 or email at Darlenegri@comcast.net. All helping hands are welcome.

Pictures and Articles for the Newsletter

This newsletter belongs to the members. If you have digital pictures of a club ride or activity or an article that you would like to share, please email your article and or digital pictures to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, notify the Ride Coordinator and she will give you the address. Remember that if we publish something that someone else wrote, we must give credit. If you are a writer with an article of interest that you want to share, we may make you a published author! The deadline for publishing is always the 10th, but please send your articles earlier.

Advance Planning Calendar

Santa Fe Century www.santafecentury.com Santa Fe, NM	May 16	Triple Bypass www.teamevergreen.org Bergen Park, CO	July 10
Buena Vista Bike Festival www.bikesprings.org Buena Vista, CO	May 22	Great West MS 150 Bike Tour www.fightmscolorado.org Denver	July 10-11
DBTC Memorial Day Picnic www.dbtc.org Prospect Park, Wheatridge	May 31	Courage Classic www.couragetours.com	July 17-19
Elephant Rock Century www.elephantrockride.com Castle Rock, CO	June 6	Bob Cook Memorial Mt. Evans Hill Climb bethwrenestes@quest.net Idaho Springs, CO	July 24
Tour de Cure www.diabetes.org Loveland, CO	June 12	Moonlight Classic www.moonlight-classic.com Denver	August 14
Ride the Rockies www.ridetherockies.com	June 20-25	Vail to Santa Fe 4-day Ride info@bordertoborderusa.org	August 20-23
Recumbent Rally and Bike Fair www.bestofbents.com Arvada, CO 303-463-4984	June 12-13	Park to Park Bicycle Tour parktopark@bicyclecolo.org Cherry Creek State Park	September 11
Fat Tire Classic www.redcross.org Winter Park, CO	June 26-27	Buffalo Bicycle Classic www.buffalobicycleclassic.com Boulder, CO	September 12
Red Canyon Century www.redcanyoncentury.com Canon City, CO	June 26	Tour of the Vineyards www.emgcolorado.com Palisade, CO	September 18
Bicycle Tour of Colorado www.bicycletourcolo.com Ft. Collins	June 26-July 2	Moab Century Tour www.skinnytirefestival.com Moab, Utah	October 1-3
Cycle America's Coast-to-Coast Tour www.cycleamerica.com Wyoming	July 5-11		



For additional non-DBTC rides or more detail about any of these rides go to: <http://bcn.boulder.co.us/transportation/bike.d/bike.cal.html>

Note: the above information is tentative, incomplete and subject to change.

For additional information on the Internet, go to dbtc.org, click on "Selected 2003 Events" Events in italics have been changed.



Bicycle and Canoe Adventure Colorado River

- ◆ 4 Days August 12-15
 - ◆ Easy Bicycling
 - ◆ Gentle Waters
- ◆ Fun for the Whole Family
- ◆ Spectacular Scenery & Gourmet Food
 - ◆ No Experience Necessary
- ◆ Explore One of Colorado's Newest Wilderness Areas

Earth Spirit Adventures in cooperation with Canyon Passages.

Please visit our website @ www.canyon_Hlt69531356p_Hlt69531356assages.com
or call Stan Gale at 303-279-0454



Goodbye Ellen, Hello Jerry

Ellen Chilikas has retired as Intermediate Ride Coordinator. Thank you Ellen - we appreciate your work as a board member, ride leader, book and movie club coordinator. During May she will lead rides if people let her know by Thursday that they are interested in joining her. Jerry Bucher has volunteered to take her place. He grew up in Boulder but he didn't start really riding until he was 30. He lived in Olympia, Washington for 15 years where he belonged to several different bike clubs and rode at least two centuries a year. One day he even did a double century (that's two hundred miles in one day!?!). When he's off his bike, he is an engineering technician. He is enthusiastic about expanding the intermediate program. When he taps you on the shoulder, tell him "Sure, I'd love to lead a ride. What date do you have in mind?" Jerry can be reached at 303-926-1201 or bmwcrazy@msn.com.



Presents:

Goose Chase 2004



Saturday June 19th

**Greenwood Village City Hall • William McKinley Carson Park
6060 S. Quebec St., Greenwood Village**

**15, 30, 42 mile cycling routes for all skill levels • 5K and 10K walk/run
\$27 Adults (\$32 Event Day), \$10 Children 6-12 (Children 5 & under free)**

Presented by:



To Benefit:

- Sungate Children's Advocacy & Family Resource Center (working with abused children)
- Sidekicks for Sight (raises guide dogs for the blind)
- Greenwood Village Chamber of Commerce

Fee includes GooseChase 2004 T-shirt, lunch, prizes, family entertainment, goody bags & more

Call the GooseChase Hotline: (303) 486-1555 or the Chamber at (303) 290-9922

You can also e-mail for more information at info@gvchamber.com

Register on-line at www.active.com (through 6/18/03 noon - 5% service charge for on-line registration)

Register at:

Bank One:

Greenwood Village - 4968 S. Yosemite St. (Bank hours)

Bicycle Pedal'r:

Highlands Ranch - 2030 Highlands Ranch - 2229 Wildcat Reserve Parkway

Bicycle Village:

Boulder - 2100 28th St.
Aurora - 2802 S. Havana St.
Southwest Plaza - 9116 W. Bowles

Bike Source:

Littleton - 2690 E. County Line Rd.

Boulder Running Company:

Littleton - 8116 West Bowles Avenue, Unit C

Galyan's - Sports & Outdoor Adventure:

Broomfield - Flatiron Crossing Shopping Center
Littleton - Park Meadows

New Balance:

Englewood - 3139 S. Broadway

The Denver Spoke:

Denver - 1715 E. Evans

Rack Attack:

Denver - 4975 Leetsdale Drive

Runners Roost:

Denver - 1685 S. Colorado Blvd
Denver - 1970 E. County Line Rd.
Denver - 6554 S. Parker Rd.

Runners Choice:

Boulder - 2460 Canyon Blvd.

Treads Bicycle Outfitters:

Aurora - 16701 E. Iliff Avenue
Englewood - 3536 S. Logan St.
Parker - 17030 Cottonwood Dr.

Greenwood Village Chamber of Commerce

5600 S. Quebec Street, Suite 265C - 9a.m. to 3p.m.

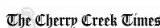
City Hall -

City of Greenwood Village
6060 South Quebec Street
June 14-18: 9a.m. to 5p.m. ONLY

William McKinley Carson Park (Event Day Only)

6060 South Quebec
Inside the Greenwood Village City Hall

Event will be held rain or shine. Entry fees are non-refundable. ALL PARTICIPANTS MUST SIGN AN INSURANCE WAIVER.



May Ride Schedule

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses-Leisurely Fun-Comfortable Int-Faster Road-Fast ATB-Unpaved Roads MTB-Mountain Bikes	1-Flat 2-Some Hills 3-Hilly 4-Serious Climbs T1 Beginner to T4 highly skilled riders	This is an estimate-options may be offered.	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave.

Saturday Intermediate Rides

Interested in joining Intermediate rides on Saturdays in May? If so, contact Ellen at (303) 750-5099. If there is enough interest, Ellen will lead a ride at 8 AM Saturday mornings leaving from Aurora. The rides will be 25-40 miles in length and will go at ~13 mph. We will decide on a route at the start so bring along your bike club map to help us plan. Please call Ellen before 9pm on Thursday if you want to join and she'll call you on Friday with ride details.

Sunday Training Rides

The INT/ROAD Training rides will continue every Sunday. These rides are intended for people who can easily spin 30-40 miles, have average climbing skills (Lookout Mountain at 6-8 mph), and would like to bump their riding up to the next level.

Focus is on group riding in a pace line.

The pack is stronger than the individual due to sharing the effort of fighting wind resistance. March focus was group riding on flat ground and rollers. April focus refined group riding and worked on climbing strength.

Rides are being coordinated out of Littleton Cyclery and Fitness. Contact Blake Nelson (303) 798-5033 or Rick Russon (303) 281-9430 for further information.

Weekday Evening Rides

Back by Popular Demand

The Thursday evening rides in Boulder will be every week starting in May. MTB evening rides are weather permitting and will be updated near the ride day at

CoMtnBikers@yahoo.com. Tuesday and Thursday evening rides in the Denver area will be announced through ColoradoBicyclist-subscribe@yahoo.com or go to:

<http://groups.yahoo.com/group/ColoradoBicyclist> since weather and work demands make it difficult to plan. You are welcome to go there and post the ride weekday ride you'd like to lead. If you would like to schedule regular weekly rides please contact ridecoordinator@dbtc.org or call Patty at 303-989-8268.

Century Rides

At least 2 century rides will be offered this year to help people achieve their goal of 100 miles. A number of training rides will be offered to help people get into shape for the events.

Wednesday "Roses" and Fun Groups

Subscribe to ColoradoBicyclist-subscribe@yahoo.com or go to: <http://groups.yahoo.com/group/ColoradoBicyclist> for the latest updates on the Wednesday groups. Spring weather is unpredictable and this will give you the latest information.

May Rides

- Saturday, May 1** **FUN-2-22-NW-9:00AM** Meet Jim Pollack (720-304-6040) at Superior Park and Ride (McCaslin Park and Ride). Jim will lead a scenic ride thru Louisville, across Mesa, Eldorado Springs and back to the Park and Ride.
- FUN-2-22-SE-10:30 AM** Meet Bill Kunzman 720-870-0937 at City of Parker Town Center (Exit Parker Rd onto E. Main St. and continue 1/2 mile east to traffic round about. Go right to farthest administrative parking lot.) Ride will be on bike path to and from Park Meadows. Lunch to follow with great food and beer!
- Road 2-30-SE 9:30 A.M.** Meet David Grossman (303 627-7642) at the Old smoky hill Library on the SE corner of Orchard and Parker Road. Our loop ride will travel east on Orchard to Smoky hill and end up in Parker. Then we head back through Cherry Creek reservoir to the start.
- MTB P2-3, T2-3 SW 9:00 AM** Waterton Canyon. Pedal your way past the bighorn sheep and then climb to Lenny's bench for a break. Lin Hark will be your guide for this popular riding spot. Call Lin 303-507-3502 for questions.
- MTB P2-3, T2-3 Friuta**, Kokopelli Trail Section, second notice, see your April newsletter for Tom Hall's epic journey to Fruita for the Fat Tire Festival, or call Tom at 303-749-1590 wk or 303-973-8995 hm for details on meeting him there.
- Sunday, May 2** **FUN-2-22-NW-9:00AM** Explore with Steven Stevens (303-271-1998) **Le Tour Du Tables D'Or** (A tour of the table mountains of Gold(en)) departing from the Golden Oldy Cyclery (17224 West 17th Place in Golden). The ride will start promptly at 9:00 sharp (come 15 minutes ahead to be sure your tires have air and use facilities), and circle both the South and North Table Mountains
- FUN/INT-2-25-SW-10:30 AM** Meet Gary Goins 303-433-4398 at the Waterton Canyon parking lot for the first in a series of rides along the Highline Canal. We will ride up to the Strontia Springs Dam, then ride back to Waterton Road and ride to Arrow Head Golf Course for lunch. We will be on paved & unpaved roads. This ride ends on a downhill!!
- Road 3-25-W 9:00 A.M.** Meet Eric Larson (303-322-2721) Meet at the park-n-ride lot at the NW intersection of C-470 and Morrison Rd for a ride to Golden, Lookout Mountain, and return to Morrison.
- Training: See the web address for details** <http://www.redocher.com/paceline.htm>
- Wed., May 5** **"Roses" SW 1-20 9:00 AM** "POTLUCK" Meet Bob and Connie Engelbert, 303/904-9288, at their home, 6980 S. Newland Ct.,

May Ride Schedule *continued*

**Wed., May 5
continued**

near Coalmine and Pierce. At Coalmine and Pierce, S. on Pierce to Portland, L. to the first street on R., 4th house on left, for a beautiful ride through Chatfield Park. Bring something for the potluck after the ride. If weather does not permit a ride, come on over for the potluck at 11:00 AM..

FUN NW 17, 2 8:45 AM The Historic and Pre-historic Tour of Golden Meet at 17224 West 17th Place at 8:45 am for a fun ride on mostly paved trails that will include a fair amount of uphill riding through Golden. We will have frequent stops for historic discussion. We will end the ride at the Golden Oldy Cycling Museum. We will be ready to ride @ 9AM if the weather is good. Steve Stevens, 303-271-1998

MTB P2, T2 6:00 PM, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.

Thursday, May 6

INT/Road 2-(20/25)-NW 6:00 PM Meet Reg Gupton (303.544.0340) or Jim Pollock (303.415.9200) at 6 PM at Scott Carpenter Park (Arapahoe at 30th) at 6:00pm EVERY THURSDAY for a 20-25 mile intermediate paced ride (13-15 mph average) on the many different trails 'n routes in and around Boulder.

Saturday, May 8

FUN-2-20-NW-9:00AM Meet Gordon Valentine (303-333-8605) at West Woods Club House parking lot (west end) at 66th and Quaker St. (I70 to Ward Rd, north to 64th Ave, west to Quaker, north to the club house). Gordon has termed this ride "National Trails Day Ride - The Sequel". He will ride along the newly paved Clear Creek Trail, Ridge Road, Van Bibber Trail, Easley Road and Ralston Creek Trail. Lunch after the ride on the patio at the club house. Fore!

FUN-1-28-SW-9:30 AM Meet Bob Jarrett 303-933-1699 at the Nature Center next to the Park & Ride at Mineral & Sante Fe for a leisurely ride north along the Platte River bike path to REI. Plan on having a snack at REI before we return to the Nature Center and then have lunch at a restaurant in the area.

Road 2-50-SE 9:00 A.M. Meet *New ride leader* Randy Rahl (303--755-7354) at the Post Office in Franktown, which is just east of Highway 83 (Parker Road) on Highway 86. We will head out east and north over lots of rolling hills, drop down into Kiowa and back to Franktown. This is a 50 mile ride, with a 30-35 mile option available. Lunch at the Emerald Isle (if the group is so inclined) where Randy will do his rendition of the infamous Gumby dance. BYOT.

MTB P2-3, T2-3 SW 9:30 AM Lair of the Bear Park. Start heading for higher ground with Sandy Shapiro, enjoy a romp through the woods. Join Sandy on this top favorite ride in the local area. 303-722-6582

Sunday, May 9

FUN-1-16-SW-9:00 AM Meet Curt Miller 303-986-0574 at the Sheridan Recreation Center, 3325 W. Oxford, for a ride south on Lowell to the Platte Canyon bikeway to Chatfield Dam and return along the Platte River bikeway.

FUN-2-16-NW-10:00AM Join Bill Orchard (303-422-9468) as substitute ride leader for the **19th Annual Dave Grimes Mother's Day Ride**. While Dave is recovering, Bill will lead the group on the traditional route which is an easy 12 to 16 mile northwest Denver ride. The group will meet at Sloans Lake Park (25th and Sheridan) and head north after a loop around the lake. Anyone full of energy can do the 16 miles which includes a side trip to REI at Confluence Park. Those developing an appetite can join in for lunch after the ride..

Road-3-40-W-9:30 A.M. Meet Marilyn Smith (303-674-8542) in Evergreen at the RTD Park and Ride off CO 74. We will take Highway 74, Upper Bear Creek Dr., Witter Gulch Rd., Stagecoach Blvd., Highway 74, to Bergen Park Highway 65 through Soda Creek, El Rancho via Highway 40, Bergen Park and back to the Park and Ride. Round Trip 38/40 miles. 4,400 ft elevation gain. Depending on the weather think rain gear and or an extra layer. It can get real cool in the mountains.

Training: See the web address for details <http://www.redocher.com/paceline.htm>

Thursday, May 13

INT/Road 2-(20/25)-NW 6 P.M. Meet Reg Gupton (303.544.0340) or Jim Pollock (303.415.9200) at 6 PM at Scott Carpenter Park (Arapahoe at 30th) at 6:00pm EVERY THURSDAY for a 20-25 mile intermediate paced ride (13-15 mph average) on the many different trails 'n routes in and around Boulder.

Wednesday, May 12

"Roses" SE 1-23 9 AM. Meet Anne Layshock, 303/771-6353, in the north parking lot of Village Green Park (Union & Dayton) for a mostly level loop along the Cherry Creek Trail, Highline Canal, and Tollgate Creek Trail. Bring a snack, and money for lunch after the ride at Panera's in the DTC. We will ride if the temperature is 50 and there is no chance of rain.

FUN-SE-20-2-10:00 AM Meet Bob Bernhart at Village Greens Park at 10:00 AM for a fun ride through Cherry Creek Park to the Tollgate Trail and the Highline Canal Trail and then back to Cherry Creek Park on to lunch at a local restaurant! Bring \$ for lunch and a smile! Bob Bernhart, 720-351-0721

MTB P2, T2 6:00 PM, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.

May Ride Schedule *continued*

- Saturday, May 15** **FUN-1 1/2-20-SW-9:30 AM** Meet Steve Farthing 303-840-4475 at the SW corner of RTD parking lot (Sante Fe & Mineral) for a loop thru Catfield, up and across the dam, to Highline Canal, to Lee Gulch Trail and back to parking lot. Lunch after at Panera's or Qdoba. See ya!
- FUN-2-(20/29)-NW-9:30AM** Meet Joi Bowen (303-916-0515) at Crown Hill Park at 26th and Garrison for her 5th annual Birthday Ride. She plans to take the group on a 29+ mile ride to places including West Woods, White Ranch and Golden. A 20 mile shortcut ride is also available. Optional \$0-\$5 white elephant gift exchange among riders during lunch after the ride at the Boston Market at 38th and Wadsworth. Birthday cake will be served.
- Road 2-30-SW 9:30 A.M.** Meet Gordon Valentine (303-333-8605) at the Nature Center parking lot near Mineral and Sante Fe. This loop ride will go to the Arrowhead golf course and back. A lunch stop is planned at the Panera Bread Co. afterwards.
- MTB P2-T2 very far SSE 6:00 AM** Picketwire Canyon. **Meet at Ward Rd PNR.** Let us see if Stuart doesn't get rained out this year. Take a ride on the dinosaur trackway in this canyon by La Junta. Look for Allosaurs for lunch, tarantulas for desert, and Indian petroglyphs for art diversions. Optional campout may be investigated. Stuart Black, 303-433-9041
- Sunday, May 16** **FUN-2-(20/27)-NW-9:30AM** Meet Ray Coffey (303-433-4661) at the Clear Creek trailhead at 55th Pl & Lowell Blvd (east side). Ray will take his group on rider friendly streets north and west to Jim Baker Reservoir, Hidden Lake, Lake Arbor, The Pond and Standley Lake. He will continue to West Woods before returning along the 52nd Ave corridor. Lunch is at Ray's favorite north Denver eatery. Option to cut off 6-7 miles by returning on the Ralston Cr. Trail.
- FUN-1-14-SW-10:30 AM** Meet Gary Goins 303-433-4398 at the Waterton Canyon parking lot for a short ride along the most rural section of the Highline Canal. Deer, cattle and horses have been seen along this section of the trail. We will decide on lunch while at the parking lot. This ride ends on a downhill!!!!
- FUN-1-20-SE-1:00 PM--AFTERNOON RIDE!** Join Nadean Kruse 303-988-8186 for a leisurely adventure that starts near Englewood Civic Center (old Cinderella City area) and uses bike paths and the Highline Canal. From Hampden, turn north at Gallapago St. (across from McDonalds--between Santa Fe & Broadway). Take the 1st right off Gallapago into the shopping area and park between PetCo and Ross stores. After ride, we will reward ourselves with a super-duper ice cream treat!
- Training: See the web address for details** <http://www.redocher.com/paceline.htm>
- Wed., May 19** **"Roses" SW 1-20 9 AM.** Meet Kathy Perkins 303/980-6738, at the Stone House (East side of Estes, South of Yale) for a ride along Bear Creek and the Platte River. Bring a snack and money for a restaurant lunch after the ride.
- FUN-SE-22-2 SE 10:00 AM** Meet Gordon Valentine at Village Greens Park at 10:00 AM for a ride through Cherry Creek Park onto the Spillway Trail, to the Tollgate Creek Trail, onto the Highline Canal Trail, onto the Cherry Creek Trail and then back to Village Green Park. After the ride we'll have lunch at Jackson's American Grill. Gordon Valentine, 303-333-8605
- MTB P2, T2 6:00 PM,** Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.
- Thursday, May 20** **INT/Road 2-(20/25)-NW 6 P.M.** Meet Reg Gupton (303-544-0340) or Jim Pollock (303.415.9200) at 6 PM at Scott Carpenter Park (Arapahoe at 30th) at 6:00pm EVERY THURSDAY for a 20-25 mile intermediate paced ride (13-15 mph average) on the many different trails 'n routes in and around Boulder.
- Saturday, May 22** **FUN-2-18-NW-9:30AM** Meet Bruce Kohl (303-458-7322) at 92nd and Harlan (SE corner) for a charming ride around Stanley Lake. Ride will be mostly flat. Lunch at leader's choice.
- FUN-2-25-SE-10:30 AM** Jim McClain 303-715-9335 wants you to meet him at Bible Park, on East Yale, between So. Monaco and So. Quebec Sts. Jim calls this his East Yale ride - it has a different twist to some of the most popular trails in the Southeast part of the Denver Metro Area. Lunch at Fazoli's, Italian food, Lowcarb entrees, 6460 So. Monaco
- FUN-1-14-SE-12:30 PM CYCLE INTO HISTORY AT FAIRMOUNT Cemetery . NEW!** Tom Tobiassen leads this bike tour along the shaded paths of Fairmount Cemetery. Cyclists encounter Aurora's past builders & characters at their gravesites that tell their stories of bygone times. Meet at the Aurora History Museum, 15051 E. Alameda Pkwy. ---\$3 (Resident) / \$4 (Non-Resident). Bring bike, water, etc. 14 miles along Highline Canal Trail.
- Road 4-40-W 9:30 A.M.** Meet Riggs Osborn (303-779-1902) at the Bergen PNR in Evergreen. Ride up squaw pass to echo lake and back. Incontinent would cancel the ride.
- MTB P2-T2-3, 9:00 AM** Join Rob and the crew at Alderfer Park for a clinic to learn or improve mtb tricks used by the widely experienced riders. See the longer notice in this newsletter. At the Evergreen center stoplight, turn onto Hwy 73 toward
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May Ride Schedule *continued*

- Saturday, May 22** *continued* Conifer. Go about 1 mile and turn right onto Buffalo Park Rd. Go about 3 miles or so to the 2nd (upper) parking lot, by the meadow past the yellow house.
- Sunday, May 23** **FUN-I-27NW-9:30AM** Meet Jeff Jones (303-274-4882) at larger parking lot on the south side of Crown Hill Park. Route will follow Clear Creek bike path to the Platte River bike path and south to REI. After a stop for refreshments at Starbucks, the ride continues on bicycle-friendly streets back to Crown Hill.
INT-2-35-NW 9:00 AM. Meet Jerry Bucher (303-926-1201) at the Louisville/Superior Park and Ride, at the SW corner of US-36 and McCaslin Blvd for a scenic ride to Boulder for coffee. We will descend Marshall Rd. then turn right and stay East of Boulder to add some flat and some hills. A short ride on the Foothills Highway brings us into Boulder and down 19th St. to Peal Street for coffee. After getting fixed on caffeine, a gentle climb brings us back to Superior.
Road 3-40-W 9:00A.M. Meet Donald Schmertz (303-233-0840) at O'Kane Park in Lakewood. It is east of the intersection of Wadsworth and 1st ave(at teller). First, we'll go to Morrison, climb up to Buffalo Bill's grave, then return by going past Golden.
Training: See the web address for details<http://www.redocher.com/paceline.htm>
MTB (or ATB) P1-2, T1\ NW 9:30 AM Cruise a 30-mile counter-clockwise NW-E-SW loop to Stearns Lake using new trail system connections in the Broomfield and Boulder County area. Enjoy great scenic views of the continental divide. Partially concrete, part dirt, so ATB cross bike compatible on this ride. Meet Dave Slowey, OLE_LINK1303-450-9056OLE_LINK1 at the Dry Creek trailhead, west of Huron on 128th Street.
- Wed., May 26** **"Roses" NE 9:00 AM** Meet Wally White 303/420-6409, at Twin Lakes Park (1 block west of Broadway on S side of 70th. for a ride along Clear Creek. Bring a snack and money for lunch at a favorite restaurant after the ride.
FUN-23+ -2- NW- 10:00 AM Meet Bonnie Urban at South Boulder Road & 95th Street (Rte 42 or Courtesy Road) for an interesting tour through country roads of Boulder County on back to Main Street in Louisville for a fabulous Italian lunch. Bonnie Urban, 303-926-1201
MTB P2, T2 6:00 PM, Evening ride. Meet at the main Green Mountain (Hayden) Trailhead off west Alameda Ave. Look for the DBTC crew.
- Thursday, May 27** **INT/Road 2-(20/25)-NW 6 P.M.** Meet Reg Gupton (303.544.0340) or Jim Pollock (303.415.9200) at 6 PM at Scott Carpenter Park (Arapahoe at 30th) at 6:00pm EVERY THURSDAY for a 20-25 mile intermediate paced ride (13-15 mph average) on the many different trails 'n routes in and around Boulder.
- Saturday, May 29** **FUN-2-25-NW-09:00AM** Start at the Clear Creek trailhead parking lot on the east side of Youngfield at 42nd and venture with Curt Pellegrin (303-234-9998) around 5 delightful park lakes - Prospect Park, Rocky Mountain, Berkeley, Sloan Lake, and Crown Hill. Lunch will be at Holly West Restaurant in the Applewood Shopping Center.
FUN-2-23-SE-9:30 AM Meet Gordon Valentine 303-333-8605 at Village Greens Park (north end), Union & Dayton, for a ride around Cherry Creek Reservoir, followed by a tour of five connecting trail (all paved). back to the start. Lunch at Jackson's All-American Grill, 4948 S. Yosemite.
Road 4-20-S 9:00 A.M. Meet John Manzione (303-730-3091) at Deer Creek Canyon State Park (a few miles up Deer Creek Canyon Road) and climb up High Grade Road with an elevation gain of 2,500 feet. High Grade is a nice road with low traffic. The route would go from the park to Deer Creek Road, then left up High Grade. The High Grade part is 7-8 miles each way.
MTB P3, T2-3 SW 9:00 AM Lair o'the Bear and Mt Falcon loop! Practice your new skills and conditioning on this extended ride. Meet across from the Conoco Station, Morrison PNR, Morrison Rd and C-470. Ride up canyon road to Lair o'the Bear, take trail to Pence and continue on Parmalee Gulch Rd to Mt Falcon, return to Morrison coming down Mt Falcon. 21 miles
- Sunday, May 30** **FUN-2-22-NW-9:00AM** Meet Ray Couture (303-428-8626) at the Clear Creek Trailhead at 55th and Lowell. Ray has created a new route to downtown Denver using the Clear Creek Trail, Washington Street, Brighton Blvd and I5th Street. He will stop at REI for a short break on the porch and then return on 23rd Ave and Quitman. Lunch after the ride in Highland Square.
FUN-2-22-SE-9:30 AM How about meeting Lois Kahn 303-758-0092 at Benehana's Restaurant parking lot at Tamarac Square (NE corner of Hampden & Tamarac)?????? This lovely ride will take us on the Highline Canal, through open space at the Preserve, Greenwood Village and the Tech Center. Oh, so serene!! Lunch after. We'll choose the spot together.
Road/Training 3-43-N 9:00 A.M. Meet Gary Bohn (303-650-5082) at the bus lot in Boulder. It is located off route 36 at the route 7 junction on the right. We will travel up Lefthand canyon to Jamestown, on to the town of Niwot and back to Boulder. Lefthand canyon is a good gentle training climb if your not yet ready for deer creek canyon or licking your kneecaps on Squaw Pass.

May Ride Schedule *continued*

Sunday, May 30
continued

Training: See the web address for details <http://www.redocher.com/paceline.htm>

Monday, May 31
Memorial Day Picnic at Prospect Park

ROAD-3-35-NW-9:00AM Cruise with Gary Bohn (303-650-5082) for a loop ride around Standley Lake, and returning via the Arvada Reservoir.

MTB-2-18-NW-09:30 AM Join MTB bike trick riding ace Neil Koster (303-238-2592) for a tour to South Table Mountain, return to eat and celebrate summer coming with your DBTC comrades at the picnic.

FUN/INT-2-(20/25)-NW-09:30 AM Journey with Marti Krusko and Curt Pellegrin (303-234-9998) for an Intermediate and FUN ride north. Curt and Marti will take both groups to the Ralston Creek trail where the two groups will part ways for a while. The intermediate group will continue north to the Ralston Valley HS, west to town of Leyden, and south on Quaker to the West Woods Golf Course. The FUN group will head west on the Ralston Creek Trail to the golf course. Both groups will take the same route going south on Easley to downtown Golden, and returning on the new Clear Creek Trail extension racing back for the great eats at Prospect Park. Who will be eating first? The Intermediate group? or the FUN group?

"Roses"-1-20-NW-09:30 AM Ride along with Melba Bouquet (720-493-0564) for a scenic ride along Clear Creek, and possibly onto the Platte River Trail for a total of 20 nearly level miles along the beautiful creek. This is a good ride for families, for those who have not ridden for awhile, or those who just want a more leisurely ride. Expect the group to stay together and wait for those who are slower. Also, expect the group to be back in time to be the first in line for the eats.

COMING SOON NEWSLETTER VIA EMAIL

Many clubs and organizations send out their newsletters via email and the possibility of DBTC having this option available has been discussed. Starting 2 years ago, the membership renewal notices included a space for your email address if you wished to receive the newsletter via email. To date, we have 140 who indicated this preference. The newsletter usually goes to the printer the 17th of the month. It would be available for members to access about the same time. If you wish to be added to this list, or if your email address has changed, please send corrected address to webmaster@dbtc.org. This will begin with the July issue. A test will be run at the end of May for the June issue. Email addresses need to be in by May 15 for this test run. You will receive both. That will give us a month to iron out problems. You also will have the opportunity to opt out. With the July issue, you will receive only one, either the email or regular mail, but not both.

MAILING PARTY

This brings us to the next subject -- bringing back the mailing parties. Many of you remember those. This is how DBTC mailed out all those newsletters up until 5 or 6 years ago. The club will pick them up from the printer, and our members will fold, wafer seal, attach address labels, stamp, and take to post office. We need a club member to volunteer to chair this project. The printer is Sir Speedy near Union and Alameda in Lakewood. You do not need to live near to do this. Mailing them ourselves represents a substantial financial savings to the club and really can be lots of fun. Many friendships have evolved from these mailing parties. Please call Darlene Dietzler 303 986-7666 or any board member. We need your help. The more members who receive their newsletter via email, the fewer that we print and mail.



THE CANNIBAL CAPER

DBTC 2004 Memorial Day Tour, May 29th-31st
Row Helman and Ann Nordstrom are organizing a three day bike ride for DBTC members in the beautiful area of southern Colorado in the Rio Grande and Uncompahgre National Forests. We will view wide open range land, steep mountain passes, and several of Colorado's "14ers". This is Alferd Packer country, and we will visit Colorado's famous cannibal's old stomping ground and massacre site. This is rated a difficult road ride. A bus shuttle will take us from South Fork to Saguache on Saturday morning to start the ride, allowing us to leave our cars in South Fork. We will bicycle 70 miles from Saguache to Gunnison on the first day, including North Cochetopa Pass (10,149'); 55 miles from Gunnison to Lake City on the second day; and 74 miles from Lake City to South Fork on the third day, including Slumgullion Pass (11,361'), Spring Creek Pass (10,901'), and a ride through the historic mining town of Creede. The per person price of \$190.00 includes 3 nights motel lodging (double occupancy), dinner and breakfast in Lake City, bus shuttle, sag support, maps, and snacks on sag. This ride is limited to 20 riders. To register for this ride, go to the club's website, www.dbtc.org, and download a tour registration form. Fill it out, make your check in the full amount payable to Ann C. Nordstrom, and mail to 10732 E. Exposition #121, Aurora, CO 80012. Deadline to sign up for this trip is May 22, 2004.

ADVERTISING Paid advertising is now available in the newsletter. Bike shops, professional bike tours and others who might have a product of interest to our members should contact ridecoordinator@dbtc.org for information. Members can still advertise their personal equipment or DBTC rides at no cost. We are looking for a volunteer to handle advertising. We don't want to fill the newsletter with ads, but there will be some correspondence required. You must have email capability. Contact ridecoordinator@dbtc.org for details.

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