



The Colorado Bicyclist

July 2005

PICNIC JULY 2nd

Start your holiday week-end with a bike ride and picnic,
Saturday July 2.

Clement Park, 7306 W. Bowles in Littleton.

Directions: from Wadsworth and Bowles (Southwest Plaza Mall),
go East on Bowles to Pierce. South on Pierce. The entrance to
the park is on the right. After entering the park, make an imme-
diate right, and drive all the way around to the far parking lot.

We have shelter H.

Times for the rides vary and appear in the ride schedule.

Lunch around noon. Cost for lunch: \$5.00 per person.

Bring a blanket or chair if you wish to enjoy the grassy area of the park around the shelter.

Clement Park's 15th Annual Summer Entertainment Series:

July 2

Red, White, and You

Concert 7:45 p.m.

Hot Flash Rock and Roll

Fireworks at Dusk

VOLUNTEERS WANTED

Cindy Ferry will be heading
up the cooking crew for the
July picnic. If you can help,
please call her 303-425-
9454 or cjf@pcisys.com.

Leadville Weekend

CHANGE IN PLANS FOR AUGUST PICNIC

Our August picnic will be in Leadville for another
wonderful weekend. We've put our order in for fun
and sun. You can come for the weekend or just join
us Saturday for rides and dinner or just for a ride.
We'd love to have you. Hi there members of the
DBTC, this is Wild Bill of the Leadville Hostel -
Richard Gieseler has contacted me to arrange a
bike & mountain outing for your club members for
the weekend of August 26th, 27th & 28th. We are
pleased to be your host once again. Your visits,
last year and 2 years ago, were most fun & pleas-
ant. We are happy to offer to members of the
DBTC a weekend package rate of \$60 per person.
That will include 2 nights lodging, 2 breakfasts & a
Saturday night dinner. If you have dietary restric-

tions please let us know in advance. As to the
lodging - we have a limited number of beds so the
assignments will be made on a first come - first
serve basis until all beds are assigned. If you wish
to see what you are getting yourselves into - check
out our web site at www.leadvillehostel.com. To
make your reservation or to ask further questions,
please call me at 719-486-9334. Note from
Richard: There are many other Leadville hotels,
motels and B&B's available. For those members
staying elsewhere this weekend, Wild Bill is cater-
ing the August club picnic on Saturday night, cost
yet to be determined. Pay Bill before dinner
Saturday. Good biker food! We're working on an
awesome ride schedule.



DBTC's Officers

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Secretary@dbtc.org

Hotline.....303-756-7240

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Board Meeting

Any member wishing to attend a board meeting is welcome. The July Meeting will be held Wednesday July 6 at 6:00 p.m. Place is Perkins Restaurant 1995 So. Colorado Blvd. If you wish to address the board, please contact the secretary, Darlene Dietzler at secretary@dbtc.org or 303-986-7666 so that your topic can be placed on the agenda.

Advance Planning Calendar

DBTC picnic	July 2	Moonlight Classic www.moonlight-classic.com Denver	August 20
Triple Bypass www.teamevergreen.org Bergen Park CO	July 9	Tour of the Valley www.discoverourtown.com Grand Junction CO	August 28
Great-West MS 150 Bike Tour www.fightmscolorado.org Denver	July 9-10	Emily Griffiths Road Ramble www.roadramble.com	August 28
Courage Classic www.couragetours.com Denver	July 16-18	Tour of the Vineyards www.emgcolorado.com Palisade CO	September 17
Moon Shadows in Moab www.skinnytirefestival.com Moab UT	July 30-Aug 1	Moab Century Tour www.skinnytirefestival.com Moab UT	October 7-9

**Jefferson County Open Space
Volunteer Trail Days**

By Darrell Deering

Are you interested in putting a little time and effort back into the Jefferson County Park trails that we often use? Your opportunity is coming now. The following dates and locations are listed: July 9th Alderfer / Three Sisters Park Sept. 10th, Oct. 8th Centennial Cone Park To register call 303-271-5922. To find more information about Jefferson County Open Space see <http://openspace.jeffco.us>. We'd like to get a group from DBTC for September 10th. I participated in the trail building at Hildebrand Ranch Park last year in the fall and found the temperature relatively cool and the work was rewarding. You can reach Darrell Deering at 303-697-6126 for more information.

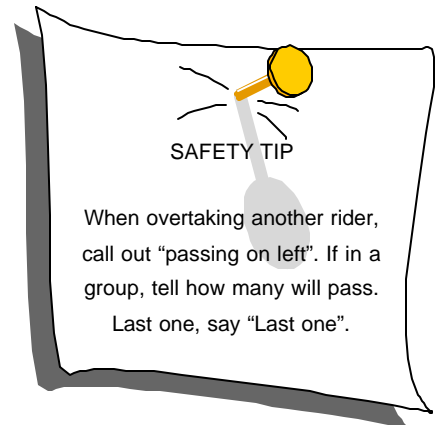
Presidents Message

My goal as President of the Club is to provide a friendly framework for all who participate, whether leading rides, coordinating rides, helping on projects, assisting with picnics, publishing and mailing the newsletter, starting a new program like the paceline group, creating the segmented century, using computer skills, and getting out and riding! We have so many volunteers doing so much work and having too much fun. Thanks to everyone involved in the Denver Bicycle Touring Club for the work done and the immense amount of energy put into bicycling. We are known throughout the Denver Metro area as the friendliest club in town. And these are people who care! Thank you so much!

Tom Hurja, President
Denver Bicycle Touring Club

New Members

- | | |
|--------------------|--------------------|
| ANNIE ALLEN | MARY JENKINS |
| TARA BROGHAMMER | DENISE JOHNSON |
| JESPER BUNDGAARD | HANS JORDAN |
| JORGE CASTILLO | DAWN KING |
| KAY COUNTRYMAN | DONNA LYNNE |
| MARY SUE DICKERSON | VLAD NEPUSTIL |
| KERRY EWALD | KAREN RAINE |
| STUART FRAZER | JIM SCHLESKE |
| TUCKER GRILLS | BILL & DEBI SHIREY |
| CARLA HABUDA | ROBERT SHOEMAKER |
| EARL HUGHES | ANDI SILVER |



NEWSLETTER VIA EMAIL...The newsletter is available by email. If this works for you, send your email address to webmaster@dbtc.org.

Pictures and Articles for the Newsletter

This newsletter belongs to the members. If you have digital pictures or an article you would like to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember that if we publish something that someone else wrote, we must give credit. If you are a writer with an article of interest that you want to share, we may make you a published author! The deadline for publishing is always the 10th, but please send your articles earlier.

Glenwood Springs/Aspen Bike Tour

Friday, September 23 - Sunday, September 25, 2005

The Glenwood Springs/Aspen bike tour is a long-established tradition in the Denver Bicycle Touring Club. The bike route primarily follows scenic back roads and bicycle paths through the Roaring Fork Valley giving riders a chance to view the valley's beautiful fall colors throughout.

This two-day ride is 90-miles roundtrip with 2,000 feet of elevation gain. On Friday night we stay at the Silver Spruce Motel in Glenwood Springs. On Saturday, we ride from Glenwood Springs to Aspen and spend the night at Hotel Aspen. On Sunday we return to Glenwood Springs by the same route. For the hearty among us, a 20-mile roundtrip ride to Maroon Bells is an option Saturday afternoon or Sunday morning.

This trip is rated moderate for its terrain. The pace will be the same. The route is paved and best suited for road or touring bikes, however mountain bikes are welcome. Trip participants should be strong, experienced riders in good physical condition who have the ability to climb hills with ease and be comfortable riding 50 miles a day.

The trip price of \$190 includes motel in Glenwood Springs Friday night (double occupancy), motel in Aspen Saturday night (double occupancy), wine and cheese happy hour and lasagna dinner Saturday night, deluxe continental breakfast Sunday morning, sag wagon and sag driver, and leadership.

This trip is limited to 20 participants. The registration deadline is September 1. A \$50 non-refundable deposit holds your spot. For more information, contact trip leader Sandi Bianchi at 303 425 1214 or bianchis@earthlink.net.

This trip is sponsored by DBTC's out-of-town tour committee.

MICKELSON TRAIL TREK

SEPTEMBER 16-18, 2005

RIDE THE BEAUTIFUL BLACK HILLS OF SOUTH DAKOTA

South Dakota's George S. Mickelson Trail is more than just a recreation trail: it's a trail of history. You have the opportunity to travel the same path as General George A. Custer, Wild Bill Hickok, Calamity Jane and Potato Creek Johnny. Burlington Northern built this rail line over 100 years ago to accommodate the miners who had rushed to the area to pan for gold. In 1983, the rail line was abandoned and this incredible trail was envisioned. After years of planning, hard work, and determination the trail became a reality. In celebration of this reality, the third weekend in September finds hundreds of riders joining together in the Mickelson Trail Trek. This year's Trail Trek promises to be bigger and better than ever, offering something for everyone. The Friday, Saturday, and Sunday 3-day ride covers almost the entire trail for a total of 109 miles. Registration fee

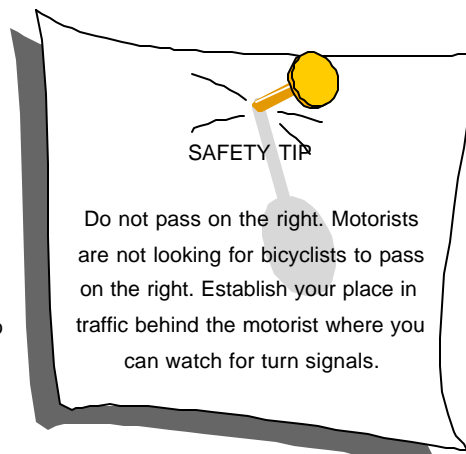
includes trail pass, shuttle service, t-shirt, commemorative souvenirs, refreshments and some meals. The cost is \$125 per person. Riders enjoy the beauty of the heart of the Black Hills as they travel through the scenic valleys, old railroad tunnels, and historic mining towns. For more details and registration information go to www.mickelsontrail.com. Marilyn Smith is leading this trip; e-mail her at outdrsnow@earthlink.net or call at 303-674-8542. The deadline for commitment to the trip is 16th of July. She hopes to get a fun group together to enjoy the outdoor fun and beauty. The trail surface is crushed shale, and a hybrid-type bike works best. Limited to 10 people. This trip is sponsored by the Out-of-Town Tour Committee.

Mountain Bikers Moab Rendezvous October 8-10, 2005

Want to campout in the warm desert under starry skies, play the drums, dance to your own beat, and join the tribal council discussions in a fall evening? Do you want to dust yourself occasionally, riding on some challenging trails? Or look for Anasazi pictographs? Plans are being made for this annual roundup. Most of the usual characters will be returning, plus a few new suspects. For info if you can meet the low requirements, Jeff 303-969-9241.

Detour on Bear Creek Bike Path

The Bear Creek bike path will be closed from west of old Kipling to Kipling Parkway starting June 20 and going through October (bridge construction on Old Kipling). Bicycles are being detoured coming from the west going east onto the sidewalk/bikeway on Kipling Parkway one block south to Dartmouth and east back to Old Kipling where the bikepath is open on the east side. This is a safe route and the detour is expected to cause minimal inconvenience.



Friends & Soon-To-Be Friends
 Burgers, Brats, & Bocas
 Umbrellas & Misters
 Energy Foods & Snacks
 Music & Laughter
 Gatorade & Lemonade
 Maps & Sunscreen
 Espresso & Coffee
 Air & Wrenches
 Smoothies & Sodas
 Me & You

One small stop on the
 journey of life...



**Oasis on
 the Platte**

The only ride-up service window in Denver...
 1/4 mi south of Bowles Ave
 along the S Platte trail in Littleton

RTD Has Heard You!

The "bike ban" during rush hours has been [temporarily] lifted...
 Announcing a new Bike-n-Ride pilot program from RTD...
 From June 20th through September 30th, 2005, you can bring your
 bike onto light rail at all hours, even rush hours.

Safety & courtesy rules still apply:

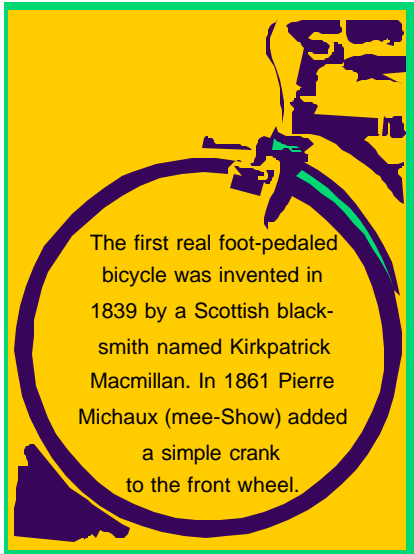
- 1.. You must have a bike on light rail permit. (Obtain at Market Street or Civic Center Stations or on-line at <http://www.rtd-denver.com/LightRail/BikePermit/index.html>)
- 2.. Except the very front of the train (where the operator sits), load and unload your bike only at the front or rear of each rail car. Only two bicycles per location. Bikes are not allowed on the handicap ramps.
- 3.. Courtesy policy. Kindly use courtesy in a crowd. Bikes are allowed on the train on a space-available basis. If the train is full, please wait for another train that has room for you and your bike.

Your challenge should you choose to accept it...Help RTD achieve success with the test, by encouraging, in word and deed, all cyclists to uphold high standards of courtesy and cleanliness while on board RTD trains. After the test period, the effectiveness of the test will be evaluated and RTD staff will make a recommendation to the Board about whether to re-enforce the "bike ban" restriction or to continue without the restriction. The behavior of cyclists during the pilot program will make a difference.

Patty Gaspar



Fruita Trip, May 8, 2005, Book Cliffs, Chutes and Ladders Trail
 John-1, John-2, Darrell, Sherry, Cecilly, Fred-2, Andre, Fred-1, Peggy (trip organizer extraordinaire)



The first real foot-pedaled bicycle was invented in 1839 by a Scottish blacksmith named Kirkpatrick Macmillan. In 1861 Pierre Michaux (mee-Show) added a simple crank to the front wheel.

July Ride Schedule

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses or Leisure: 8-10 mph	1 - Flat	This is an estimate-	NW	Arrive early
Fun: 10-12 mph	2 - Some Hills	options may be	NE	enough to unload
Int.: 12-15 mph	3 - Hilly	offered	SE	your bike and be
Road: over 15 mph	4 - Serious climbs		SW	ready to leave.
ATB- Unpaved Roads	Two ratings: Technical skill		W	
MTB - Mountain Bikes	T1 to T4 and Physical exertion P1 to P4			

DBTC SUMMER RIDES 2005

Summer schedule is in full swing. We have people just starting out with Leisure Rides and others joining the Paceline or training rides to prepare for the segmented Centuries scheduled this summer. In case you don't know, a Century is 100 miles in one day and it is to a bike rider what a marathon is to a runner. For a recreational rider it is the mark that you have become a "serious" biker. Last year Gary Bohn put together some segmented centuries - three 33 mile rides linked together. You could do one, two or all three. By having three rides come back to the same point, there was no need for the rest of the club to man water stations along the route. Also, for those of you who aren't sure you can do a century, you can always ride one or two segments and then sit on the deck in the sun at REI and wait for the rest of them to come back. Gary is leading two of them this summer and the first is on July 30th.

You are welcome to be a leader and design the ride to fit your wishes. All rides should be coordinated through one of the ride coordinators - Leisure and Fun rides through either Marti or Lois. Intermediate rides through Darrell. Road through Sherri and MTB through Jeff. Their phone and email addresses are on page two every month. Melba, "Roses" and Lin "Fun and/or INT put the weekday schedule together. The deadline for the coming month is the 10th so be sure to contact them early in the month prior to your planned ride.

Paceline. If you are interested in learning to ride in a paceline with emphasis on improving both your physical conditioning and speed, this is the group for you. Contact Rick Russon at 303-795-0526 or rrrusson@redochoer.com. They do not list rides in the newsletter so you must be on the email list to be notified about upcoming rides.

The "Roses" group is expanding to Fridays. For those able to ride during the week you'll now have a second day to join the intrepid "Roses" riders.

Evening Rides - AND a couple of early morning options. We have regularly scheduled evening rides in both the MTB and Intermediate categories during the summer. Work schedules and unpredictable weather make it difficult to plan in advance. We will put some **show and go** FUN or ROAD rides in the Denver area for those who aren't able either by distance or skill to join the Boulder evening rides. The will be similar to the winter rides in that the riders who are there will determine the distance, type of ride and decide if they want to go for dinner afterwards.

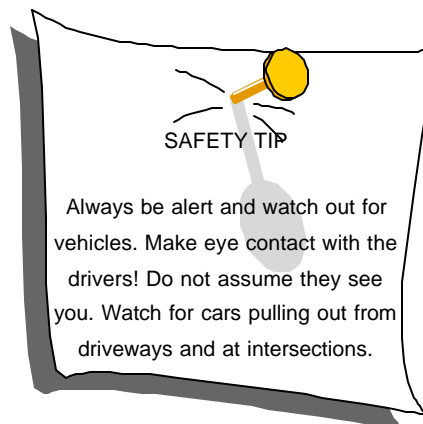
If you would like to put together an evening ride on the spur of the moment, you can always post it through ColoradoBicyclist@yahoo.com. If you would like to schedule evening rides in July or August, contact ridecoordinator@dbtc.org by the 10th of June and I'll be glad to include your rides in the newsletter.

TUESDAYS - MTB moved to Thursday. There are a couple of 6:30 AM rides for those who thinking riding up to Buffalo Bill's Grave a couple of times is a good way to start your day.

TUESDAYS - July and Aug INT-2/3-22-N-6:00 PM Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe) every Tuesday. We'll average 13-15mph with no drops. Faster options if there is a big group. There will be different routes each week with out-n-backs to Eldorado Springs, Jamestown, Nelson Road, Niwot and Eri - sometimes flat, sometimes climbing, sometimes rolling. Ya never know! This is a very social group with optional Margaritas or dinner afterwards. From Denver: Hwy 36 into Boulder, right on Arapahoe, right on 30th, right into park.

THURSDAYS - NEW ADDITION - road rides in the Chatfield area. July and Aug INT/ROAD-2/3-25-N-6:00 PM Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe). Main group averages 14-17 mph, but usually enough riders for a slower group that talks a lot. Out-n-backs to Eldorado Springs, Jamestown, NCAR, Hygiene, Superior, Lafayette: with flats or climbs or rollers. Optional margaritas or dinner afterwards. From Denver: Hwy 36 into Boulder, right on Arapahoe, right on 30th, right into park.

MTB P2, T2 6:00 PM, Evening ride. They've moved to Lair 'o the Bear on Thursdays. Look for the DBTC crew.



July Ride Schedule

- Saturday, July 2** **PICNIC AT CLEMENT PARK SHELTER H**
FUN-3-27-SW 8:30 AM Meet at the far parking lot near Shelter H at Clement Park. Dave Noble (303-694-2008) will lead you on "Cycle the Suburbs" or "Bike the Burbs", a pleasant (although somewhat hilly) ride through a number of neighborhoods such as Lilly Gulch, Bear Creek, Bow Mar, and Columbine.
PHUN-2-25 9:00 AM Plan to participate with Dale Trone (303-981-9161) on the P P P P P P P P P P (**Pre Picnic Platte Park Parkway Path Phun Pedal**). That's Clement, Platte and Chatfield, returning to Park via Kipling Parkway Path. Be ready to Push off at 9:00 AM near DBTC Picnic site (shelter H) in Clement Park.
Leisure 1-15-SW 9:30AM Meet John Mues (303 795-6167) at Clement Park, Shelter H for a ride on the Columbine, Platte River, Dutch Creek, and Lilley Gulch trails at a more leisurely pace.
MTB or ATB P2, T1-2 9:00 AM South Valley Park Picnic Ride, starting from the Clements Park site. Ride down to Chatfield, take Deer Creek Canyon to So Val park, ride an extended loop on the trails, return via Ken Caryl. Jeff 303-969-9241
- Sunday, July 3** **FUN-2-20-SE-9:30 AM** SLOW AND EASY RIDE IN EAST DENVER. Meet Robin McDougal (303-388-6590) between 7th and 8th Avenue on High Street by Williams Street Park. We will ride on D 12 out 7th Avenue Parkway to Lowry where we will do a big loop and then ride over to Fairmount where we pick up the Highline Canal going East, turning around at Havana. Then we head back to Fairmount Cemetery and on the Cherry Creek Bike Path back to the C.C. Shopping Center where we will stop for hamburgers and shakes at Johnny Rockets..
FUN-3-28-NW-9:00AM Meet **Curt Pellegrin**(303-234-9998) at the picnic tables in back of Prospect Park (44th and Robb). Curt will lead the group north to the Ralston Valley HS, west to the town of Leyden, and south on Quaker to the West Woods Golf Course. After climbing to the top of the Arvada Reservoir, the group will go south on Easley to downtown Golden, and returning via the new Clear Creek Trail extension to Prospect Park. Lunch afterwards is optional.
- Monday, 4th of July** **FUN-2-23-SE-9:00 AM** DEPARTURE Meet Gordon Valentine (303-333-8605) at the NORTH parking lot of the Village Greens Park(Union & Dayton). We'll ride south down the east side of Cherry Creek State Park onto low traffic streets to the E-470 bike path, loop around hilly and scenic Meridian Office Park, then, in honor of the holiday, take Liberty Blvd around the south end of Centennial Airport and back to the start via the Inverness Business Park and Dayton St. No map or direction sheet--- just follow the leader. Lunch after will be at Jackson's All-American Grill on the NE corner of Yosemite and Belleview.
- Tuesday, July 5** **EARLY MORNING OPTION OR EVENING**
Road/Int-3-??-W-6:30 AM Rather ride than have coffee? We didn't think so, but come ride and wake up with us. Meet at the parking area by the 'twin chimneys' on 19th Street in Golden. Straight up to Buffalo Bill's grave and back - as many times as your morning schedule allows.
FUN- SW- 6:00 PM Stone House, Estes just south of Yale
INT-2/3-22-N-6:00 PM Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)
- Wednesday, July 6** **"Roses" ride, 2-23 SE 8:30 AM** DEPARTURE. Meet Gordon Valentine (303-333-8605) at the Bull&Bush Pub, 4700 E. Cherry Creek Drive South at Dexter St. (Please park on Dexter St, not in the parking lot.) We will ride out along the Cherry Creek bike path to the Village Greens Park, circle around the Cherry Creek State Park with a mid-ride snack/rest stop and then back along the Cherry Creek bike path to the Bull & Bush for a pub grub lunch.
FUN-3-24-NW-8:30 AM Join Dave Noble (303-694-2008) at West Woods Golf Club (66th and Quaker) for a ride around Arvada Reservoir, down Leyden Road, along the Van Bibber Trail, and back to West Woods. Lunch at the golf club afterwards.
- Thursday, July 7** **FUN - 6:00 PM** SE-- Goodson Recreation, near S University Blvd and Arapahoe Ave
INT/ROAD-2/3-25-N-6:00 PM Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).
MTB P2-3, T2 6:00 PM, Evening ride, Lair o'the Bear Park, about 4.5 miles west of Morrison on the south side of Highway 74. (Note the change to Thursday eves for July.)
- Friday, July 8** **Extra "Roses" ride, 1-15, SW, 8:30 AM** Departure: Meet Melba Bouquet (720/493-0564) at Carson Nature Center for a loop ride including Dry Creek, Highline Canal, and Lee Gulch. Bring a snack, and a sack lunch for after the ride. Questions: Call Melba or Connie Engelbert 303/904-9288.

July Ride Schedule

- Saturday, July 9**
- FUN-2-25-SW-8:30 AM** Lets meet early for a ride on the wild side. If you are a Mel Gibson fan, you'll love riding through a movie set for Mad Max. There are industrial plants, refineries, general destruction and maybe a villain or two! Meet at 8:30 at City of Cuernavaca Park (21st and Platte Street north of REI at the end of the road) for a ride you won't soon forget! Call Stuart Black at 303-433-9041 for more information.
- FUN-2-26-NW-9:00AM** **Jeff Jones** (274-4882) will reprise his Memorial Day ride that drew favorable comments in spite of the cloudy weather that eliminated the nicest views. Starting at the Prospect Park picnic pavilion (44th and Robb in Wheat Ridge) the route travels along three major creek systems as it visits parts of Wheat Ridge, Westminster and Arvada. Highlights include a stretch along a popular golf course, another stretch through the grounds of a nature center and spectacular views of the Front Range from Mt. Evans north. The few hills in this ride are brief providing for a ride
- INT-2-30 W 9:00 AM** Meet Dot Kaufman (303-980-5423) at the intersection of C470 and Morrison Rd. at the Park and Ride lot. We'll ride on the Bear Creek Trail through Bear Creek Lake Park on to the Platte River trail. We'll ride north on the Platte River trail to Confluence Park and stop at REI/Starbucks to regroup. After returning to the Park and Ride lot on the same trails, we'll stop for lunch in Morrison.
- MTB P2-3, T3 8:45 AM Golden Gate Canyon State Park.** Re-scheduled from the June rainout. Meet at 4th and Union PNR to carpool and share park visitor pass. Directions: about 12.5 west on Golden Gate Road (from Hwy 93), then about 2 miles on Gilpin 57 to Bridge Creek Trailhead. Jeff 303-969-9241
- Sunday, July 10**
- Fun-2-20-SW- 9:00 AM** Meet Don and Marilyn Swett (303-791-5863) at Writers Vista Park (On Mineral between Broadway and Santa Fe in Littleton), for the 4th Annual Alfred Packer Ride. The route has changed but rumors about Alfred haven't! Join us for a few words, remembrances, and some special treats over Alfred Packers Grave.
- FUN/INT-3-30-NW-9:30AM** Meet **Hugo Mansilla** (303-422-8631) at the picnic tables in back of Prospect Park (44th and Robb). Journey will take us north to 72nd Ave, west to Quaker, south to 64th Ave. After heading west on 64th, we will turn south on HWY 93 to White Ranch Road and on to Golden. After a ride to HWY 40, we will return to the park via 44th Ave. Lunch is optional.
- INT-2-35-SE 7:45 AM** at Racines (yes I know it's early, but I don't like to ride in the heat!). Racines is at 650 Sherman St near the intersection of 6th and Speer. We'll leave promptly at 8 and ride up the Cherry Creek bike path, loop the reservoir and ride back to Racine's for brunch. Hard to get lost on this one - it's an out and back along the bike path. No map provided. The ride will be at an Intermediate pace.
- Road 4-43-W-9:00 AM** Come meet ride leader Chuck Caldwell (303-807-1562) at the Park-n-ride in Bergen Park. Follow County Road 65 to Floyd Hill, on to Idaho Springs and up Squaw Pass.
- Tuesday, July 12**
- Road/Int-3-??-W-6:30 AM** Another early morning wake up call! Meet at the parking area by the 'twin chimneys' on 19th Street in Golden. Straight up to Buffalo Bill's grave and back - as many times as your morning schedule allows.
- FUN- SW- 6:00 PM SE--** Village Greens Park, just east of Union and Dayton
- INT-2/3-22-N-6:00 PM** Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)
- Wednesday, July 13**
- "Roses" 2-20-SE-9:00 AM** Meet John Mues (303 795-6167) in the parking lot at Beau Jo's Pizza (E. of University, north of C-470. Enter parking lot off County Line Rd. E. of University.) We will ride east on the C & E-470 trail east toward Parker and return. Bring lots of water and a snack and we'll have lunch after the ride at Beau Jo's.
- FUN-2-23-NW-9:00AM** Meet **Gordon Valentine (303-333-8605)** near McDonald's in the King Soopers Shopping Plaza (NW corner 80th and Wadsworth). The group will go west on Little Dry Creek Trail and 80th Ave. to Leyden, south to 72nd Ave., west around the Arvada Reservoir (with optional short-cut by-pass), and east on 64th Ave., Ralston Creek Trail, and 66th Ave. to the start via the Majestic View Nature Center. No map or written instructions will be provided - it is follow the leader! Lunch afterwards is at The Armadillo, 7705 Wadsworth.
- Thursday, July 14**
- FUN - 6:00 PM SE--** South High School, E. Louisiana & S Franklin
- INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).
- MTB P2,-3 T2 6:00 PM,** Evening ride, Lair o'the Bear Park, about 4.5 miles west of Morrison on the south side of Hwy 74.

July Ride Schedule

- Friday, July 15** **"Roses" 1 - 15 NW 8:30 AM** TWIN LAKES PARK, Broadway & 70th Ave. Join Don Pearson, the Crazy Old Goat, 303/274-6955, for a nice, leisurely ride West on Clear Creek & return. This is a very nice, scenic area ride, on smooth paved paths. Bring a snack lunch for later at the Lake. Questions: call Don, 303-274-6955 8 AM - 10 PM.
- Saturday, July 16** **FUN-2-38-E .to W.I 8:30 AM** Meet Tom Tobiassen (303-699-9260) at Treads Bicycle Outfitters, 16701 E. Iliff Ave. Yes, you can get all the way from central Aurora to the REI store and many other points downtown like Ocean Journey, Elitch's and Coors Field on your bicycle. This ride will be mostly on bike trails with a few side streets along the way. We will stop for a short shopping break at the REI store and return. Bring a daypack for your purchased items.
FUN 2-23-NW 9:00 AM DEPARTURE. Meet **Gordon Valentine** (303-333-8605) at Prospect Park (44th & Robb) for a tour along trails and roads through Anderson and Tomlinson parks, Van Bibber Open Space and Pine Ridge Valley then to Golden. We will return to the start along Clear Creek Trail from its western end. No map, no written directions, just follow the leader! Bring a snack for a mid-ride rest and schmooze stop. Lunch after the ride at a local restaurant (preferably one that offers a senior discount).
Road-4-44-SW-8:00 AM Bring your climbing gears and join Diane Minka at the parking area at the intersection of Deer Creek Canyon Road and Wadsworth. Climb up Deer Creek Canyon, along High Drive to Evergreen into Kittredge, and up the back side of Deer Creek, returning to the parking area.
MTB P3, T3 9:30 AM Meet Darrell Deering (303-697-6126) at the Indian Creek Camp Ground parking lot on Hwy. 67 approx. 10 miles west from Sedalia at the intersection of Sante Fe Rd / Hwy. 85 and Hwy. 67. We'll be riding to Lenny's Bench Rest (about 1.5 miles above Waterton Canyon dam) with a possible different route back to the Camp Ground. Bring a lunch after the ride. The Deering's are planning to camp Friday night (July 15) at the Indian Creek Camp Ground, this is a National Forest Camp Ground with minimal facilities. If you are interested to camp Friday night call Darrell for more details. Camping and hiking is an option for non-mtb riding friends.
- Sunday, July 17** **LEISURE-1-18-SE-1:00 PM AFTERNOON RIDE!!!** Join Nadean Kruse (303-988-8186) for a leisurely adventure that starts near Englewood Civic Center (old Cinderella City area) and uses bike paths and the Highline Canal. From Hampden, turn north at Galapago St. (across from McDonalds - between Santa Fe & Broadway). Take 1st right off Galapago into the shopping area and park between PetCo and Ross stores. After ride, we will reward ourselves with a super-duper ice cream treat!!!
FUN-3-26-W-9:00AM Meet **New Ride Leader Rick Clauder** (303-393-7058) in the parking lot behind Beau Jean's Pizza in Idaho Springs for a great traditional "beat the heat" ride to Georgetown. This is the Perfect bike ride. 13 miles of gentle, yet steady 1.5% uphill with great scenery as we criss-cross the rapidly flowing Clear Creek. Allow 40 minutes from Denver. Take I-70 west to Idaho Springs, exit 240. Park in the large (Free) municipal parking lot behind world famous Beau Jean's Pizza at 1517 Miner Street. Optional is 2 miles to Silver Plume. Lunch afterward.
INT 3-38-SE 8:30 AM DEPARTURE. Meet Gordon Valentine (303-333-8605) at the EAST end of the Piney Creek Shopping Center (SE corner of Parker and Orchard Rds). Enter at the Ida Drive traffic light. We'll climb east to, and then SE along, Smoky Hill Rd, with a hilly detour around road construction. After Smoky Hill Rd, we'll go west on roller-coaster on Inspiration Drive (two-lane, no shoulder), then south into Parker for an optional snack/rest stop. The return from Parker will be along a less hilly route on trails and quiet streets. Written directions will allow riders to go faster, or slower, than those who prefer to just follow the leader at an INT ride pace.
- Tuesday, July 19** **FUN- SW- 6:00 PM NW--** Clear Creek Trail Head, 41st and Youngfield
INT-2/3-22-N-6:00 PM Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)
- Wednesday, July 20** **"Roses" 1-20, SW, 8:30 AM** Departure: Meet Connie Engelbert 303/904-9288, at Carson Nature Center for a ride south into Chatfield State Park. Bring a snack and money for lunch at a favorite eatery.
FUN-2-26-SE-8:30 AM Meet John Mues (303-795-6167) at Goodson Recreation Center, 6315 S. University Blvd. By the bridge at the lower end of parking lot for a scenic loop, including the Highline Canal Trail, Dartmouth Avenue, the Platte River Trail and Little's Creek Greenway in Littleton. This ride will be approximately 50% on pea gravel. Bring a snack and we'll have lunch afterwards at a nearby restaurant.
- Thursday, July 21** **INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).

July Ride Schedule

- Thursday, July 21** **Road-2-20-SW-6:00 PM** Meet at the parking area at the intersection of Deer Creek Canyon Road and Wadsworth for an after-work loop ride through Chatfield reservoir, out toward Roxborough, down through Waterton, and back to the parking area on Wadsworth.
MTB P2-3, T2 6:00 PM, Evening ride, Lair o'the Bear Park, about 4.5 miles west of Morrison on the south side of Hwy 74.
- Friday, July 22** **"Roses" 1-15, SW, 8:30 AM** Departure: Meet Gerrie Garnett 303/972-9584, at Clement Park, Shelter G, SW corner of Pierce and Bowles in Littleton for a ride through neighborhoods. Bring a sack lunch for after the ride.
- Saturday, July 23** **FUN-2-20-NW-9:00AM** Join **Suzanne Sullivan** (303-456-6797) at Prospect Park (44th and Robb St.). The journey will take us north to the Ralston Creek path where we will head west to Quaker, south via Easley Road to Golden and back to the park via the Clear Creek path. Lunch afterwards is optional.
FUN-2-27-SE-9:00 AM Meet Gordon Valentine (303-333-8605) at the north parking lot of the Village Greens Park (Union & Dayton) for a "Tour de Trails", including the Greenwood Village, Cherry Creek, Highline, Tollgate Creek, and the Spillway trails. Bring a snack for a mid-ride stop. Lunch after at Jackson's All-American Grill. This will be a stay-together, follow -the-leader, ride with stops for slower riders to catch up.
INT- 2 - 55 - NW - 8:30 AM If you're an ambitious Fun Rider or an Intermediate with a desire for more miles, join Jeff Jones (303-274-4882) for a grand tour of metro-Denver's west side. Starting at Parfet Park in Golden (10th and Ford) this ride will follow some of metro-Denver's finest bike-paths, along Clear Creek on the north, the Platte River on the east and C - 470 on the south and west. Jeff has planned refueling stops at REI, Hudson Gardens, and Morrison and a celebratory treat at the end of the ride. It's time to "kick it up a notch" - your miles, that is - so plan to be part of this grand tour.
MTB P3, T3 8:30 AM Buffalo Creek Meet at the Fort Restuarant, Hwy 8 off Hwy 285. Hookup for the ride west along the Colorado Trail and loop over Green Mtn. 18 miles, about 2000', bring \$4 for car parking fee. Jeff 303-969-9241
- Sunday, July 24** **FUN-1-25-NW-9:00AM** Meet **New Ride Leader Brad West** (303-422-6592) at Sloan's Lake Park (25th and Sheridan) and take your bike to the Starbucks on the west side of Sheridan (2255 Sheridan) where the fun will begin. We will work our way to the Platte River trail, south to Mississippi Ave., to Washington Park and Cheesman Park and finally a stop at the Denver Botanic Gardens. Brad has a few free passes for a limited number of riders. After a snack at the Three Tomatoes Concessions, we will head back to the start via the Cherry Creek trail and Invesco Field. Will it be the most fun ride ever? That depends on the riders. Come prepared to enjoy the trip.
FUN-2-25-SW-9:00 AM Cindy Ferry (303-425-9454) would like you to meet her at the Stone House(W. of Wadsworth-east side of Estes-a little south of Yale.) Your fun ride will follow Bear Creek bike path over Bear Creek Reservoir to Morrison. Head up towards Red Rocks and circle back.
Road-3-38-NW-8:30 AM Come meet David Dent (303-464-0883) at the Broomfield Park-n-Ride (South side of Hwy 36) for a ride out to Superior, then on to Louisville and Lafayette. Two rest stops: 1) Gino's for coffee, and 2) in Superior.
- Tuesday, July 26** **FUN- SW- 6:00 PM NW--** Foothills Cyclery, 64th & Simms
INT-2/3-22-N-6:00 PM Try some new roads! Join Gary Mills (eve 303-494-3935) for a 20-25 mile out and about Boulder ride leaving Scott Carpenter Park (SW corner of 30th at Arapahoe)
- Wednesday, July 27** **"Roses" ride, 2-20, SW 8:30 AM** DEPARTURE: Meet Gerrie Garnett, 303/972-9584, in the SW corner of the Walmart parking lot at Bowles and C-470 for a ride north on the C-470 trail to the Dinosaur Visitor Center (shorter option available). Bring a snack and money for restaurant lunch after the ride.
FUN 2-21-SE Denver's Grand Parks Tour - 9:30 AM Meet Art Castro (303-386-3295 or EnjoyDenver@Comcast.net) at the downtown REI West Parking Lot for a ride through Denver's Centennial park, Washington Park, Cheesman Park, Congress Park , City Park then returning to Confluence Park. Bring lunch pack. We will stop and smell the roses at the Parks.
- Thursday, July 28** **INT/ROAD-2/3-25-N-6:00 PM** Join Reg (303-588-0030) and Jim (eve 720-304-6040) for a different 25 mile ride every Thursday night leaving Boulder's Scott Carpenter Park (SW corner of 30th at Arapahoe).
Road-2-20-SW-6:00 PM Meet at the parking area at the intersection of Deer Creek Canyon Road and Wadsworth for an after-work loop ride through Chatfield reservoir, out toward Roxborough, down through Waterton, and back to the parking area on Wadsworth.
MTB P2-3, T2 6:00 PM, Evening ride, Lair o'the Bear Park, about 4.5 miles west of Morrison on the south side of Hwy 74.
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July Ride Schedule

Friday, July 29

"Roses" ride, 1-15, NW Meet Sharon Shumate 303/635-1817, in the parking lot near Starbucks on the SE corner of 120th and Sheridan in Broomfield for a ride along Big Dry Creek. This is Sharon's first time as leader! Bring a snack, and a sack lunch for after the ride.

Saturday, July 30

First Segmented Century of the Year

LEISURE-1-20-SW-8:30 AM Meet Darlene Dietzler (303-986-7666) on the east side of Bear Valley McDonalds, Sheridan and Hampden. We will enjoy a leisurely ride along the bike path with stops along the way. Coffee, refreshments, and socializing on the patio of REI will make for a pleasant morning. Brunch is at IHOP after the ride. Bring water, snacks and \$.

FUN-3-18-NW-10:00AM Meet **Howard Bagdad and Janet Tingle** (303-278-0541) at the Visitor Center in Georgetown (I-70 exit 228) for an exhilarating 2 mile climb to Silver Plume. After that, it is a gradual uphill ride along the rapids of Clear Creek and surrounded by beautiful mountains to Bakerville. After a brief stop to enjoy the views, it's back to Georgetown. Lunch afterwards is optional.

ROAD-1-(33,66,100)-C (7:30 A.M.,10 A.M.,12:30 P.M.) Meet **Gary Bohn(303-650-5082)** at the downtown REI location where it meets the Platte river trail. This is a segmented Century Ride. 3 rides are offered to make 100 miles total. Do one, two or all three rides. (Mix and match if you want). This is a flat century ride and if you have never done one, this is the one for you. I'm using the trail system for the first century because it has good support. Be there at 7:30am for the first ride (north),

10am for the second (east) and 12:30 for the third (south). Platte River Trail system and Cherry Creek Trail system will be used.

Other Rides that day

INT-2-25-SW 7:45 AM Meet at the Goodson Rec Center at 6315 University at 7:45am (yes I know it's early, but I don't like to ride in the heat!). We'll go south on the Highline to the Lee Gulch trail, take Lee Gulch to the Platte River trail, take the Platte south to the top of Chatfield Dam and then cross the dam to reconnect with the Highline Canal. Over half of the ride will be on packed pea gravel surface - suggest a hybrid bike or wider tires. This ride will be at an Intermediate pace through lots of shade. Lunch afterwards at the Wild Oats deli at University and Orchard.

Road/Int-3-22-W-9:45 AM in Dillon Summit County Ride with Denny Martin (303-793-0395) from the amphitheater parking lot in Dillon (Summit Co. - 1½ hr. from Denver) by the boat ramp up to the small mountain community of Montezuma. This is a scenic combo bike path and road ride with climbing, river views, and reservoir views. Option on return to go up Swan Mtn. Rd. and loop around Dillon Reservoir for a total of 30 miles. Lunch options in Dillon after the ride. Call ride leader for directions and to confirm.

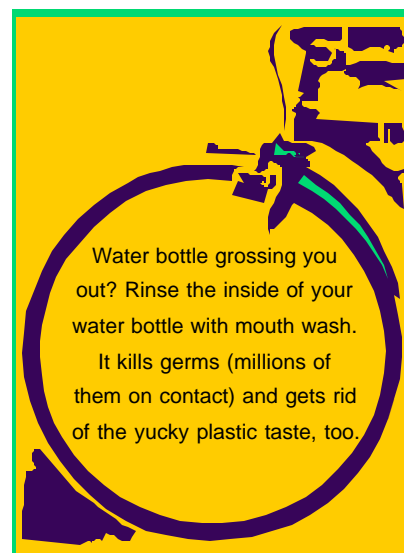
MTB P2-3, T2-3 8:30 AM 14 miles, Kenosha Pass to Lost Creek Wilderness, leader to be announced via <COMtnbikers@yahoo.com>. PNR meet at the Fort to carpool. Check your e-mail in a few days before this date.

Sunday, July 31

FUN-2-26-SE-8:30 AM Meet John Mues (303-795-6167) at Denver South High School at the SE corner of Louisiana Ave. and S. Franklin for a loop including several eastern Denver parks, including Washington, Cheesman, and City Park. We'll have a mid-ride snack and eat afterwards at a nearby restaurant.

FUN-2-22-NW-9:00AM Meet **Bill Orchard** (303-422-9468) at the new Majestic View Park Trailhead on 72nd Ave just west of Carr St (I-70 to Wadsworth, north to 72nd Ave, west to the Trailhead) for the 4th Annual "Arvada Celebrates Its Trails" ride for National Trails Day. The original ride on June 4th was rained out so why waste the trinkets, snacks, drinks and map! The group will head west along Ralston Creek trail to the snack stop at the Ranger Station at the Arvada Reservoir and then return along Little Dry Creek Trail back to the Trailhead. No rain dancing!

Road-4-50+-W-8:00 AM Meet Donald Schmertz (303-233-0840) at Crown Hill Park for a ride up to Morrison, on to Evergreen and Bergen park, returning via Golden.



DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers. Support your local stores.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON CO 80122
303-797-1858
www.arapahoecyclery.com/

ARVADA BIKE COMPANY
6595 WADSWORTH BLVD
ARVADA CO 80003
303-420-4864

BICYCLE PEDAL'R (2 locations)
*2030 E COUNTY LINE RD
HIGHLANDS RANCH CO 80126
303-730-8038
http://www.bicyclepedalr.com
*2229 W WILDCAT RESERVE PKWY
HIGHLANDS RANCH CO 80129
720-344-2550
http://www.BicyclePedalr.com

BIG KAHUNA BICYCLES
9032 W KEN CARYL AVE
LITTLETON CO 80128
720-981-5199
http://bigkahunabicycles.com/site/intro.cfm
Includes 10% discount on bikes!

BIKESOURCE 8
2690 E COUNTY LINE RD
LITTLETON CO 80126
303-221-4840
www.bikesourceonline.com

BODY MECCA CONCEPTS
1887 S PEARL ST
DENVER CO 80210 303-778-6322
www.bodymecca.com
15% Discount

CAMPUS CYCLES
2102 SO. WASHINGTON ST.
DENVER, CO 80210
www.campuscycles.com

DERBY BICYCLE CENTER
410 EAST 104TH AVE
THORNTON, CO 80233
303-288-4100
www.derbybicyclecenter.com

GOLDEN BEAR BIKES (2 locations)
*11965 MAIN ST
BROOMFIELD CO 80020
303-469-7273
http://www.goldenbearbikes.com/
*2300 E 120TH AVE
THORNTON CO 80233
303-451-7733
http://www.goldenbearbikes.com/

GREEN MOUNTAIN SPORTS
2950 S BEAR CREEK BLVD
LAKEWOOD CO 80228
303-987-8758
www.greenmountainsports.com/

LITTLETON CYCLERY
1500 W LITTLETON BLVD
LITTLETON CO 80120
303-798-5033
www.littletoncyclery.com/

MOB CYCLERY
4272 TENNYSON ST
DENVER CO 80212
303-477-4460
http://mobcyclery.com/site/intro.cfm

PEDAL PUSHERS CYCLERY
200 QUEBEC ST
BLDG 300-109
DENVER, CO 80230
303-365-2453
www.pedalpusherscyclery.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD CO 80214
303-238-0243
www.schwabcycles.com/
Restrictions: No discount on Shimano
and Campagnolo

SPORTS PLUS
1055 S GAYLORD ST
DENVER CO 80209
303-777-6613
www.sportsplusdenver.com

SAMPSON SPORTS
2890 S COLORADO BLVD
DENVER CO 80222
303-691-5650
www.sampsonsports.com
No discount on labor.

TREADS BICYCLE OUTFITTERS (3 locations)
*17930 COTTONWOOD DR
PARKER, CO 80134
303-690-2900
*16701 E ILIFF AVE
AURORA CO 80013
303-750-1671
*3546 S LOGAN ST
ENGLEWOOD, CO 80110
303-781-1162

WESTSIDE CYCLE & FITNESS
7310 W COLFAX
LAKEWOOD CO 80214
303-237-1115
www.westsidecycling.com/

MEMBERSHIP CARDS

DBTC started issuing membership cards August 2004 to new and renewing members. It will take one year to go through the data base. Several of the Sponsoring Bike Stores require identification for the discount. If you have not received your card, and plan on shopping at one of our sponsoring stores, contact webmaster@dbtc.org. requesting your membership card. They are mailed at the end of the month the same time as the newsletters.

MEMORIAL DAY PICNIC

The following appeared Tuesday May 31 in the Rocky Mountain News: "Memorial Day brought quarter size hail, severe thunderstorms, tornado warnings, dense-fog advisories, and continued flood watches as turbulent spring weather hit parts of Colorado".

Mean while, at Prospect Park in Wheat Ridge, DBTC held their annual Memorial Day ride and picnic. On Sunday, the picnic co-chairmen, Gary Bohn and Darlene Dietzler, decided to revise the menu - not knowing if the picnic would even happen. Monday morning dawned grey, cold and damp. At the park, the riders appeared, left on their rides, and were greeted with hot coffee and hot chocolate upon their return. About 80 folks were safely in the shelter enjoying a hearty lunch when the rains came down. There was plenty to eat and everyone had a good time. Gary and Darlene wish to "Thank" the following helpers: Richard Quick, Hugh Zeiner, Dave Noble, Bruce and Lois Thompson, Dave Grimes, Susan Gregory, Dale Trone, and Elly Baldwin. We couldn't have done it without you. Someone brought a large pasta salad. I didn't get her name to say "Thank You".

(no pictures. It was too grey and raining)

RIDE LEADERS CREDIT

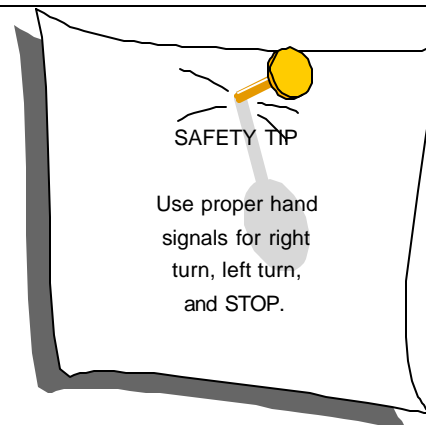
Dave Grimes, the data base manager, is now keeping a record of ride leaders and number of rides led. The ride schedule published in the monthly newsletter is the official ride schedule. Those are the rides and ride leaders that will be counted. If someone leads a ride due to a substitution, or leads rides for the Out of Town Tours, that ride leader is to notify Dave to be credited. Email webmaster@dbtc.org or call 303-986-7666.

BIKE MAINTENANCE CLINIC - FOLLOW UP

If you missed the bike maintenance clinic held in May, or you need a refresher on all the points covered, look no further. Darrell Deering composed a detailed list - step by step - on taking care of your bike. This information can be found on the DBTC website. See 'Do it Yourself Tuneup Clinic' at www.dbtc.org.

RIDE SIGN-IN SHEETS

Ride leaders are reminded/requested to send their ride sign-in sheets to the ride coordinator.



VOLUNTEERS

DBTC members can earn points - either by leading rides, volunteering, or a combination of both - to earn that special award given at the end of the year. Start now by calling the ride directors to schedule your rides, volunteer to help at picnics, cook the main meat at a potluck dinner, help with mailing the monthly newsletter, and Project Full Circle. To volunteer your help for Project Full Circle, call Don Pearson 303-274-6955 or donp75@juno.com.

Penny Parker noted in her Rocky Mountain News column: Eavesdropping on a man riding a bicycle in Washington Park. "This is the time of year when guys drop their girlfriends."