



The Colorado Bicyclist

August 2006

PICNIC

Saturday August 19th

Have a great time, advance the cause of personal health and socialize...join your DBTC friends and fellow bikers for the end of summer picnic. Included will be a big announcement of interest to all. A good time will be had for all.

Dekoevend Park Shelter A

6631 S. University Blvd.

Littleton

Directions: Located about half way between E Orchard Rd & E Arapahoe Rd on the west side of University Blvd. Turn left into Park parking lot just south of S Josephine Way.

Shelter A is just down the hill from the parking lot.

Times for the rides vary and appear in the ride schedule.

Barbeque picnic lunch around noon.

Lunch \$5.00 per person.

DBTC water bottles \$5.00

The great outdoors - Free

Plan to arrive early enough to pump up your tires, purchase your lunch ticket and water bottle, before signing up for your ride.

Training Ride for New Ride Leaders

Sunday, August 20th, Bill Orchard invites members who would like to learn what's involved with leading a club ride without being obligated to do so. Everything, and we mean everything, you need to know will be explained to you during this ride: finding a good meeting place, creating the route, sign up sheets, making a map, welcoming riders, pre-ride address, using a sweep, leading the ride, beaks and stops, signposts and hand signals, flats and lost riders, writing the description, scheduling the ride, creating a theme, lunch after the ride and many other fascinating details.

If you're interested, meet Bill Orchard (303-422-9468) at the RTD Park-n-Ride at 70th and Broadway. The ride is a triangular polygon on Clear Creek, Big Dry Creek and Ralston Creek Trails with lunch afterwards at the new Mickey's on the corner. Come and be part of the DBTC excitement!

**Always carry
identification and
your medical
information card**

Board of Directors Election

The election for the Board of Directors is in October. This is the chance you've been waiting for. We need all kinds of help and skills, so there is a spot for you. If you are unable to serve this term, please talk to your friends whom you think would make good board members. The term of office is 2 years and starts in November.

Job Description

Attend monthly dinner meetings from approximately 6-9 PM. We will accommodate your schedule. Members participate in planning and helping at the picnics and dinners, various advocacy efforts, support the newsletter editor and mailings, membership, and many other nuts and bolts activities.

How to apply

Candidates must provide a short resume (including interests and skills), and picture (preferably a digital face close up). Email to Gaar Potter: gaarpo@mho.com or mail to Attn: Election Committee, DBTC, PO Box 260517, Denver, CO 80226-0517. Applications should be sent by September 1 to appear in the October newsletter.

Questions

Email Gaar Potter or call him at 303-691-0938. Any Board member will be glad to answer your questions and help you with your nomination.

If you don't apply, we will find you anyway. We know where you live so please consider helping your club and, believe it or not, have some fun.

DBTC's Officers

President
Cindy Ferry.....303-274-9454
President@dbtc.org

Vice President
Darrell Deering.....303-697-6126
VicePresident@dbtc.org

Secretary
Gaar Potter.....303-691-0938
gaarpo@mho.com

Treasurer
Elfriede Shoemaker.....720-922-0220
Treasurer@dbtc.org

Board Members at Large
Rick Clauder.....303-393-7058
Rickclauder1@msn.com
Gary Goins.....303-433-4398
gwgoins1@yahoo.com
Bruce Kohl.....303-458-7322
brukoh@Lakewood.org
John Mues.....303-795-6167
JCMues@aol.com

Directors and Staff

Director of Ride Activities
Patty Gaspar.....303-989-8268
RideCoordinator@dbtc.org

Out of Town Tour Director
Jim McClain.....303-715-9335
BikeMcClain@aol.com

Hotline Director
Susan Gregory.....303-756-7240
PhoneHotline@dbtc.org

Fun MTB Coordinator
Jeff Baysinger.....303-969-9241
FunMTB@dbtc.org

Fun Ride Director North
Martti Krusko.....303-234-9998
mkrusdo@msn.com

Fun Ride Director South
Lois Kahn.....303-758-0092
FunRideSouth@dbtc.org

Road Ride Director
Sherri Giger.....303-973-3919
gigerco@comcast.net

Intermediate Ride Director
Darrell Deering.....303-697-6126
jncanyon@cs.com

FUN Wednesday Ride Coordinator
John Mues.....303-795-6167
JCMues@aol.com

"Roses" Ride Coordinator
Melba Bouquet.....720-493-0564
MELBAMBouquet@cs.com

Historian
Sid Russak.....303-773-3434
Historian@dbtc.org

Membership Database/Webmaster
Dave Grimes.....303-986-7666
webmaster@dbtc.org

Map Sales (wholesale)
Darlene Dietzler.....303-986-7666
Mapsales@dbtc.org

Newsletter Mailing Group
Darlene Dietzler.....303-986-7666
Darlenegri@comcast.net

WebSite.....<http://www.dbtc.org>

Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Wednesday, August 2nd at 6:00 PM at Perkins Restaurant, 1995 S. Colorado Blvd. If you wish to address the board, contact the secretary, Gaar Potter, at secretary@dbtc.org or 303-691-0938 so that your topic can be placed on the agenda.

Summer Club Activities by Cindy Ferry

The summer riding schedule is in full swing and the ride leaders are doing a great job. June was a busy month. Jeff Baysinger set up a presentation at REI with the help of five other members. Wild life photographs, brochures, and a DVD of our club rides were shown. Gaar Potter gave a demonstration on how to change a flat tire. There were questions about the club and the Denver area in general. REI has asked that we come back next spring.



The club's bike route map has been selling well, thanks to the work and commitment of Darlene Dietzler. The new 2005 revision sold out and a second printing was done in 2006. A new revision is tentatively planned for 2008 and Darrell has agreed to coordinate the project. New trails or routes will be added and routes no longer workable will be deleted. Thank you to John Muse and Darrel Deering for their work on the map.

DBTC joined the many companies and bike clubs at the Greek theatre in Denver City Park for Bike to Work Day. Susan Gregory and I promoted the club, with the new Bi-Fold pamphlet designed by John Muse. The attendees received energy bars, sport drinks and restaurant coupons. A local Radio station entertained for a very enjoyable morning. We hope many of you participated in the Bike to Work Day Ride.

DBTC was well represented at Ride the Rockies. We congratulate Jerri Baer, Dale Trone, Bruce Kohl and Merri Bruntz and anyone else I may have missed. These club members rode and completed the 420 mile ride that ended in Canyon City after a very difficult hill at the Royal Gorge. Good Job!

Picnics still to come are July 15th and August 19th. Mark your calendars so that you do not miss a great time. We are starting to plan the awards banquet coming up in November. Anyone interested in leading rides need to contact the Ride Coordinators. Sign up to lead your favorite ride for club points toward awards and prizes. Look for Bill Orchard's ride leader training ride on August 20th. This is a great opportunity to get started.

The time has come again for nominations for the next year's board. See article in newsletter. Please get involved. Contact any board member for information, or write up a small letter on yourself accompanied by a photograph. Enjoy the club to the next level

Multi-Sport August Weekend in Frisco Ellen Chilikas

There's still a couple of slots left for you to join us for an exciting weekend in Frisco from Friday 8/11 to Sunday 8/13. * Hike on Friday to a beautiful waterfall, good trail all the way * Intermediate bike ride on Saturday around Lake Dillon, over Swan Mountain Rd and into Breckenridge for lunch and shopping, * Canoe or kayak trip on Lake Dillon on Sunday Cost will be \$100/person double occupancy, and will include hotel on Main St. in Frisco with refrigerator/microwave, 2 beds, daily continental breakfast, happy hours and miscellaneous food offerings. Lunch and dinner and boat rental costs

will be on your own. Ellen would like everyone to stay at the hotel - if you want to stay elsewhere (RV park, etc.) contact Ellen to discuss options and rates. To register, send a \$100 check made out to Ellen Chilikas and all of the OOTT forms from the DBTC website to Ellen with your email address and phone number. Ellen's address is: PO Box 471803, Aurora, CO 80047. Registration is limited to 20 on a first come, first served basis. Contact Ellen at outdoordiva@comcast.net with questions.

Pictures and Articles for the Newsletter

This newsletter belongs to the members. If you have digital pictures or an article you would like to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember that if we publish something that someone else wrote, we must give credit. If you are a writer with an article of interest that you want to share, we may make you a published author! The deadline for publishing is always the 10th, but please send your articles earlier.

2006 Advance Planning Calendar

August 11-12 Tour De Steamboat www.rockypeakproductions.com Steamboat Springs, CO	August 26 Moonlight Classic www.moonlight-classic.com Denver	August 27 Tour of the Valley www.discoverourtown.com Grand Junction, CO	September 10 Buffalo Bicycle Classic www.buffalobicycleclassic.com Boulder, CO
August 19 Stonewall Century Ride www.spcycling.org La Veta, CO	August 26 Ride for 65 Roses www.ridefor65roses.org Boulder, CO	August 27 Horsetooth Double Dip Bicycle Challenge www.ratride.org Fort Collins, CO September 9 Aspen Ride for the Cure www.aspenrideforcure100.com Aspen, CO	September 16 Tour of the Vineyards www.emgcolorado.com Palisade, CO
PICNIC August 19 - DeKoevend Park, 6315 S. University Blvd., Littleton. Shelter A	August 26 Tour de Cure www.diabetes.org Longmont, CO		October 6-8 Moab Century Tour www.skinnytirefestival.com Moab, UT

GO FOR THE GOLD Aspen Bike Trip September 23, 24, & 25

Overall moderate to advanced tour. Bicycle the magnificent aspen country Saturday, Sunday and Monday. We will meet Friday night and stay in Carbondale for the whole tour.

♦Saturday the ride from Carbondale to Aspen will be moderate - mainly on bike path with only one big hill at Woody Creek. Lunch is on your own in the quaint Aspen eateries. Head on back or extend the day with an advanced climb up into the Maroon Bells.

♦Sunday we will rise and shine with breakfast reservations set up at the Village Smithy - you don't want to miss this even though it's not part of the tour cost. We'll ride to Glenwood with an easy option to take the bike path along Glenwood Canyon, and/or an advanced climb up to the Sunlight ski area for more incredible views of the Roaring Fork Valley.

♦A highlight of the tour will be the Monday ride through Redstone (moderate, steady climb) and then the optional advanced climb (well it is only about 10% for a short distance!) to the top of McClure's Pass. This is a breathtaking ride.

There is no sag support for this tour and no bag packing, so come and enjoy. Saturday is the traditional social gathering as part of the tour cost. We will supply wine, beer, juice and snacks from about 4:30 to 5:30 pm. All meals are on your own. Reservations will be made for some of the group to eat dinner together, per the interest of the group.

If riders are not prepared to participate in the planned rides, there are easy to moderate rides that the riders can do on their own. Riders who participate in the planned rides will have first preference of rooms. However, should the accommodations at the Lodge fill, the Days Inn is available for overflow. There is a \$20/night increase in the tour cost for the Days Inn. This is a joint Colorado Heart Cycle/ Denver Bicycle Touring Club ride, so look forward to meeting new riding friends.

\$175 for the 3 days (double occupancy rooms). Please go to the www.dbtc.org website to download the Out of Town Tours forms for registration, waiver and medical release. Include them with check to be made out to Diane Short and received no later than September 13, 2006.

Tour Leader Diane Short
c/o DSA
1978 S. Garrison St. #9
Lakewood CO 80227
303-763-9874 (eve)

Friends & Soon-To-Be Friends

Burgers, Brats, & Bocas

Umbrellas & Misters

Energy Foods & Snacks

Music & Laughter

Gatorade & Lemonade

Maps & Sunscreen

Smoothies & Sodas


Air & Wrenches

Espresso & Coffee

Me & You

The only ride-up
service window in Denver...

1/4 mile south of
Bowles Ave along the
South Platte River trail
in Littleton



**Oasis on
the Platte**

www.oasisontheplatte.com

DBTC SUMMER RIDES 2006

Summer is Almost Over! Rides will be cancelled in case of rain or hail.

The Season is in Full Swing Pat Miller has offered to cook breakfast after her ride August 6th, please let her know that you'll be there. Bill Orchard is leading a "training the ride leaders ride" on August 20th. If leading a ride is a bit intimidating to you, plan on joining Bill. Been wanting a longer FUN ride? Check out the first segmented history ride with Don Swett on August 27th. There are a couple of trips to the mountains. There will be a shorter version for those who don't want to go 60 miles. As you read through the schedule you'll find other unusual, interesting (or perhaps strange) ride to pique your interest.

Please take advantage the opportunities to see other parts of the city and even the mountains. If you are stepping up to a higher-level ride than you usually take, let the leader know and be prepared that if you can't keep up, they won't wait as often or long as a FUN group. Make sure you have a map. We encourage you to continually work on increasing your skills. Be sure to let your ride leader know if you will be riding ahead or behind the group. Please don't just disappear as the entire group may be standing on the side of the road waiting for you.

The yahoo groups provide weekly reminders of upcoming rides and other events not in the newsletter. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. If you are not already receiving email updates you can go to <http://groups.yahoo.com/group/ColoradoBicyclist> to sign up to receive, and send, messages. Once enrolled you can both email your message to ColoradoBicyclist@yahoogroups.com and receive emails to keep you updated on the DBTC activities. Mountain bikers go to COmtnbikers-subscribe@yahoogroups.com.

Ride Leaders Needed Contact the appropriate ride coordinator and they'll be glad to help you put a ride together. They have maps, instructions on how to be a leader, offer moral support and are generally nice people you'll enjoy. The complete listing of coordinators is on page 2 of the newsletter. Your assistance is what makes this a vibrant club.

MTB Evening Rides Continue Weather and trail conditions permitting join the Wednesday evening rides. See the schedule for meeting locations then look for the DBTC crew.

Summer Evening Recreational Rides

FUN/INT-1/2/3-20/25 - Note 5:30 Start Time

We are scheduling "show and go" rides in the Denver area through August. They will be similar to the winter rides in that the riders who are there will determine the distance, type of ride and decide where to go for dinner afterwards. The rides will average a distance of 20 to 25 miles. Please arrive at the start site by 5:15 for a prompt departure at 5:30 PM. The rides will be cancelled due to thunderstorms.

Road Ride Tuesday Morning Climbs

We'll continue the show and go rides every Tuesday morning at 6:30 AM. Meet at the parking area by the 'Twin Chimneys' on 19th street in Golden. Enjoy the 4-mile climb to Buffalo Bill's grave and back - as many times as your morning schedule allows. Essentially no traffic, and no better morning view to enjoy!

Road Ride Evening Rides

Wednesday Evening After-work Road Rides: Get in a one-hour training ride after work with two different options. The show-n-go rides begin at 6 PM. Meet at the parking lot at Deer Creek Canyon Road and Wadsworth.

OPTION 1: 17 miles - Enter Chatfield State Park, and go left to the top of the dam then back through the park to Titan Road. Go right and continue to Waterton Road where you will take a right. Continue to Wadsworth, take a right, and head back to the parking area.

OPTION 2: Enter Chatfield State Park, and go left to the top of the dam. Down the other side and back up as many times as you like for an hour of interval climbing. Back to the parking area when you've had enough.

**August 26-27
Winter Park MTB Camp Away
Jeff Baysinger**

Are you ready to end summer? If not, please invite yourself for a camp away weekend of fun in Winter Park. Local mountain bike trails will be investigated on Saturday and Sunday. And for those desiring even more adventure, a possible one-way Winter Park to Boulder ride is envisioned for Monday, August 28th. This will take riders over the Rollins Pass but requires YOU to arrange the appropriate car shuttle. Weekend camping will be in the nearby National Forest. A site will be selected by the group after the ride on Saturday. For more information, see the schedule.

Ride Locator: There is a guide to the most frequent start locations on our website - www.dbtc.org. It provides the information you need to use Map Quest to make a map to the starting location.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses - Leisurely	1 - Flat	This is an estimate- options may be offered.	NW	Arrive early
Fun - Comfortable	2 - Some Hills		NE	enough to unload
Int - Faster	3 - Hilly		SE	your bike and be
Road - Faster	4 - Serious Climbs		SW	ready to leave.
ATB- Unpaved Roads			W	
MTB - Mountain Bikes	Technical Skill: T1 to T4 (highly skilled riders) Physical Exertion: P1 to P4 (physical conditioning required)			

August 2006 Ride Schedule

Tuesday, August 1st **ROAD 4 TBD 6:30 AM** -Meet at 'Twin Chimneys' on 19th street in Golden to climb Look Out Mtn
FUN/INT-5:30 PM SE - South High School

Wed., August 2nd **FUN-3-28-SE-8:00AM** Meet **John Mues** (303-795-6167) at Goodson Center (6315 S. University Blvd. north of Arapahoe Rd. - park near the bridge in the lower section of the parking lot) for a mountain bike ride mostly on gravel trails. We'll go to the Bluffs Regional Park near Lone Tree (gravel with steep climbs and scenic views) and go on several trails in the Centennial, Highlands Ranch, and Lone Tree area. Bring a snack and we'll have lunch afterwards at a nearby eatery.
"Roses" NW 1-20 8:30 AM Meet **Dave Grimes**, 303/986-7666 at Berkeley Park, 46th east of Sheridan for a ride that is new to the "Roses". Bring a snack, and money for lunch at a favorite eatery after the ride.
ROAD 2to4 TBD 6:00 PM -Deer Creek Canyon Road and Wadsworth.
MTB P3, T2-3 6:00 PM, Evening ride, Lair o'the Bear, about 5 miles west of Morrison. Hwy 74, south side of road. Red Rocks grill after.

Thursday, August 3rd **ROAD 4 TBD 6:30 AM** -Meet at 'Twin Chimneys' on 19th street in Golden to climb Look Out Mtn
FUN/INT-5:30 PM NW - Prospect Park

Saturday, August 5th **FUN-1-18-SE-8:30 AM - TOUR de CHERRY CREEK STATE PARK-** Meet **Tom Tobiassen** (303-915-2351) at Treads Bicycle Outfitters, north side parking lot 16701 E. Iliff Ave.(NE corner of Iliff and Buckley) for a ride around Cherry Creek State Park.
FUN-1-27-NW-9:00AM Meet **Jeff Jones** (303-274-4882) on the east side of Parfet Park (10th and Washington in Golden) for a scenic ride along some of the nicest stretches of bike path anywhere in the metro Denver area. The ride will go east on the Clear Creek Bike Path and then west on the Ralston Creek Bike Path, eventually returning to the Clear Creek Path and Golden via Easley Road. This ride will be primarily on designated bike path but some road riding is involved.
INT/ROAD-1-40/52+-E-8:00AM Join **John Mues** (303-795-6167) at Wal-Mart at the northwest corner of I-70 and Tower Road in Aurora (park in the northwest corner of the lot behind Del Taco) for a ride of the eastern plains on the I-70 frontage road to Bennett (40 miles), Strasburg (52 miles) or beyond. This is an out-and-back ride at your own pace and distance. If thunderstorms are predicted, the ride may be cancelled. Lunch is optional.
MTB P3,T2/3 10:00 AM Meet **Darrell Deering** (303-697-6126) at a parking area on the Montezuma Rd. about 2 miles east of the Montezuma town. We will ride from the old mining town of Montezuma, about 8 miles east of Keystone on the Montezuma Rd., up to Webster Pass for 10 miles one way with approx.1800ft. elevation gain. IF YOU DARE!! We will turn south before returning back to Montezuma and "ride" over Radical Hill on to Deer Creek drainage and back to Montezuma. This route will add about additional 10 miles. Bring a lunch with the ride. Look for the mountain goats while riding.

Sunday, August 6th **FUN-2-25-SW/SE-7:00 AM EARLY BIRD BREAKFAST SPECIAL-** Meet **Pat Miller** (303-986-7718) at the Old Stone House (Estes & Yale) for a ride on the Bear Creek, Platte River and Cherry Creek Paths. We will ride through Washington Park and return to the path on bicycle friendly streets. Then please be my guest for breakfast at my house for all ride participants. For meal planning, your RSVP would be appreciated, but is not required. Pat Miller (303-986-7718).
FUN-2-25-NW-9:00AM Meet **Charlie and Jeff Krinsky** (720-890-5011) at the Wild Oats Parking Lot (US-36 at McCaslin Blvd.) for ride through Superior, Louisville, Lafayette, and up to Erie and back.
INT 2/3-30-SW-9:00 Join **Elfriede Shoemaker** (720-922-0220)at the Wall Mart parking lot at the south east corner of C470 and Bowles Ave. We will ride on the C470 trail north to head up Belleview Ave. to Morrison into Red Rocks and on to Golden. Possible stop for lunch or coffee on the route.
INT 3 25 W 9:00 AM Denny Martin (303-793-0395). Meet at the amphitheater parking lot at Lake Dillon in Dillon. We'll pedal the bike path around the edge of the lake, past Keystone, then onto the road to Montezuma with scenic river views and a 2-3 mile climb up to Montezuma. For those wanting extra credit on the return trip, you can do an option over Swan Mtn. Rd. and around Lake Dillon, Frisco and back to the amphitheater. Lunch options in Dillon after the ride.
INT-2-Varies-11:17 AM Brad West 720-308-5111. I am going to start a weekly ride for people who go to church or like to sleep in on Sunday. We will start at Jefferson Unitarian that is west of I-70 on 32nd. We will meet by the offices, which are on the southeast side of the church. Parking is available at Applewood Golf course across the street.
MTB P3, T2 9:00 AM Time to ride the favorite Pine Valley Ranch again. We'll carpool from the Fort PNR. 21 miles 2650' gain. Jeff 303-969-9241

Tuesday, August 8th **ROAD 4 TBD 6:30 AM** -Meet at 'Twin Chimneys' on 19th street in Golden to climb Look Out Mtn
FUN/INT-5:30 PM SE - Village Greens Park

August 2006 Ride Schedule

- Wed., August 9th** **"Roses" potluck ride. SW 2-19 8:30 AM** Cold drinks and watermelon will be furnished. Y'all bring the food!--to **Melba's** (6310 S. Harrison Way, Centennial) -by 8:15! Map Melba's condo at www.mapquest.com or call Melba 720/493-0564 to request a map. We'll ride the Highline Canal, Lee Gulch, Platte River trails. We'll park for the ride on E Orchard Rd. just east of Jackson.
FUN-1-20-NW-9:00AM Meet **Richard Giesler** (303-722-1475) at City of Cuernavaca Park for a loop around the downtown area with an ice cream stop at Liks. No riders will be dropped on this ride.
ROAD 2to4 TBD 6:00 PM - Deer Creek Canyon Road and Wadsworth.
MTB P3, T2-3 6:00 PM, Evening ride, Lair o'the Bear, about 5 miles west of Morrison. Hwy 74, south side of road. Red Rocks grill after.
- Thursday, August 10th** **FUN/INT-5:30 PM SW** - Bowles & C-470
- Saturday, August 12th** **FUN-2-26-SW-8:30 AM** Meet **Steve Ingraham** (303-756-7847) at the South High School parking lot (south end of Washington Park, Louisiana Ave at Franklin St.) for a 26 mile ride into southwest Denver following quiet streets and the Bear Creek bike path. Lunch will be afterwards at a nearby eatery if the group desires.
FUN-3-30-NW-9:00AM Please welcome **Merri Bruntz** (303-517-9781) back by riding with her starting at the Prospect Park picnic tables (44th and Robb St.). The group will ride through west Arvada-to-Arvada Reservoir returning via Easley Rd. through Golden to the Clear Creek trail back to Prospect Park. Lunch is optional.
INT 1-40 N 9:00 AM Meet **Bruce Kohl** (303-458-73220) at Mickey's Steak House, SE Corner of W 70th & Broadway Ave. for an **almost flat ride** to Ft. Lupton and back. We will have lunch at Mickey's All New Restaurant with great inexpensive food.
ROAD 2/3 30-35 W 8:00 AM Donald Schmertz (303-233-0840). Meet at Crown Hill Park for a 'leader's choice' ride. Estimated mileage is between 30-35 miles. Come out and join us!
MTB P3, T3 8:30 AM, Keystone Gulch Check out this new ride!! Carpool meets at the 4th and Union RTD PNR, Lakewood, **Bob Ahl** (303-794-6103). 20 miles, 2200'
- Sunday, August 13th** **FUN-2-30-NW-9:00AM** Meet **Cindy Ferry** (303-274-9454) for a ride to Golden starting from Sloan Lake parking lot (Directions: 25th and Sheridan), 26th Ave to Pierce and Clear Creek Trail. After riding the paths of Golden, return to Sloan Lake is via 32nd and 26th.
LEISURE/FUN-2-18-SW-9:00 AM Try a nice Littleton loop mostly on bike paths along C-470 & Weaver Creek. Meet **Nadean Kruse** (303-988-8186) at Lilley Gulch Rec. Center. From Kipling & Bowles, go east 2 blks. Turn south on Holland Way, travel about 1/2 mile to south end of parking lot. There may be an ice cream break on the way back and lunch after the ride.
INT-2-34-NW 8:30 AM Meet **Steve Ingraham** (303-756-7847) in the parking lot of the Wild Oats store (US36/Boulder Turnpike at McCaslin, Superior Exit) for a 34 mile Intermediate ride on Cherryvale Rd and some streets of southeast Boulder to the Pearl Street Mall. After a short regroup there, the rider will follow South Boulder Creek, go thru Marshall, venture up and back El Dorado Canyon road, and return to Wild Oats. After-the-ride lunch will be at a nearby eatery if the group desires.
INT/ROAD 3 44 NW 8:15 AM David Dent (303-464-0883). Meet at the Broomfield P&R for a ride through Superior, Louisville, Lafayette, Erie. Lunch optional at Jefferson County Airport on return. One rest stop in Lafayette.
INT-2-Varies-11:17 AM Brad West 720-308-5111. I am going to start a weekly ride for people who go to church or like to sleep in on Sunday. We will start at Jefferson Unitarian that is west of I-70 on 32nd. We will meet by the offices, which are on the southeast side of the church. Parking is available at Applewood Golf course across the street.
- Tuesday, August 15th** **ROAD 4 TBD 6:30 AM** - Meet at 'Twin Chimneys' on 19th street in Golden to climb Look Out Mtn
FUN/INT-5:30 PM NW - Confluence Park
- Wed., August 16th** **FUN-1-30-SW-8:00AM** Meet **Ray Berlin** (303-789-3119) at Belleview Park in Englewood at So Jason St and Belleview Ave for a ride on So Quincy St Trail, Dahlia St, Cherry Creek Trail, and Platte River Trail.
"Roses" 2-20 NW 8:30 AM. Meet **Susan Gregory** 303/477-9233 in the parking lot of the big white & purple Elks Lodge at 57th and Yukon for a ride including the Regis University Arboretum, and a winery visit. Bring a snack and money for a restaurant lunch after the ride. It is also suggested that you carry a bike lock for locking at the winery.
ROAD 2to4 TBD 6:00 PM- Deer Creek Canyon Road and Wadsworth.
MTB P3, T2-3 6:00 PM, Evening ride, Last evening at Lair o'the Bear, about 5 miles west of Morrison. Hwy 74, south side of road. Red Rocks grill after.

August 2006 Ride Schedule

Thursday, August 17th FUN/INT-5:30PM SW - Carson Nature Center

Saturday, August 19th FUN-2-27-SE-8:30 AM Join **John Mues** (303-795-6167) in the parking lot off of University Blvd. at Julia deKoevend Park **PICNIC**

for a loop on paved streets and paths. We'll do a circuit around Cherry Creek State Park and two partial loops of the Greenwood Village parks and trails system and then back in time for the picnic.

FUN-1-20-SE-9:15 AM Jeff Jones (303-274-4882) will be leading a Fun Ride starting from the site of the club picnic at deKoevend Park. Meet at the parking lot on the east side of the park, just south of the Goodson Rec Center. The route, which will travel the Highline Canal path for a significant stretch, offers views of some spectacular homes and gardens in the Greenwood Village and Cherry Hills Village area. The route also will visit two other parks many riders have not seen, Cornerstone and Ketring. Although the Highline Canal path is unpaved, its surface is fine for riding a road bike. This ride is sure to develop your appetite for the club picnic to follow.

INT 2-30 SE 9:00 AM Meet **Jean and Darrell Deering** (303-697-6126) at the DeKovend Park parking lot next to University Blvd. for a ride to Chatfield State Park. We will ride on Colorado Blvd., south to C470 and into the Chatfield State park. We will ride over the dam, regroup at the swim beach and return. Lunch after the ride prepared by the DBTC picnic crew.

MTB P3, T3 9:00 AM, Colorado Trail, either segment 5 or 6, about 22 to 26 miles, possible car shuttle, and final details will be provided by e-mail. **Mark Smith** (303.814.6823)

Sunday, August 20th

FUN-2-20-NE/NW-9:00AM Training Ride for New Ride Leaders - This ride is specifically for members who would like to learn what's involved with leading a club ride without being obligated to do so. Everything, and we mean everything, you need to know will be explained to you during this ride: finding a good meeting place, creating the route, signup sheets, making a map, welcoming riders, pre-ride address, using a sweep, leading the ride, beaks and stops, signposts and hand signals, flats and lost riders, writing the description, scheduling the ride, creating a theme, lunch after the ride and many other fascinating details. If you're interested, meet **Bill Orchard** (303-422-9468) at the RTD Park-n-Ride at 70th and Broadway. The ride is a triangular polygon on Clear Creek, Big Dry Creek and Ralston Creek Trails with lunch afterwards at the new Mickey's on the corner. Come and be part of the DBTC excitement!

FUN-2-30-SE-8:30 AM TWENTY PARKS TOUR SE Meet **Gaar Potter** (303-691-0938) at Eisenhower Park. We'll tour SE Denver and ride by as many parks as possible. Riders are invited to count the parks and contemplate the merit of the route.

FUN-2-25-NW-9:00 AM Meet **Merri Bruntz** (303-517-9781) for a ride starting at Crown Hill (26th Ave. and Garland) and riding to Golden with a return via the Clear Creek Trail and central Wheat Ridge.

INT 4-40 W 9:00 AM Meet **Bruce Kohl** (303-458-7322) in Idaho Springs behind Beau Jo's. We will ride out and back to Bakerville and will have lunch after the ride at Beau Jo's

INT-2-Varies-11:17 AM Brad West 720-308-5111. I am going to start a weekly ride for people who go to church or like to sleep in on Sunday. We will start at Jefferson Unitarian that is west of I-70 on 32nd. We will meet by the offices, which are on the southeast side of the church. Parking is available at Applewood Golf course across the street.

MTB P3, T3 9:00 AM, Bergen Peak Cruise with **Fred "#2" Berry** (720-840-8596) up this hill. 11 miles, 2000' Get yourself a good workout before Winter Park.

Tuesday, August 22nd ROAD 4 TBD 6:30 AM - Meet at 'Twin Chimneys' on 19th street in Golden to climb Look Out Mtn

FUN/INT-5:30 PM SE - South High School

Wed., August 23rd

"Roses" 2-16 SW 8:30 AM Meet **Anne Layshock** 303/771-6353, at Carson Nature Center (west of the light rail parking at Mineral and Santa Fe--north on Platte River Rd.) for a ride north on the Platte River Trail, through Belleview Park, onto the Highline Canal, and return via Lee Gulch. Bring a snack and money for a restaurant lunch after the ride.

FUN-1-22-NW-9:00AM Meet **Dave Noble** (303-694-2008) at West Woods Golf Club in Arvada (66th Ave. & Quaker St.) for a ride along Easley Road, the Clear Creek Trail, and back on the Ralston Creek Trail to the West Woods Golf Club for lunch.

ROAD 2to4 TBD 6:00 PM - Deer Creek Canyon Road and Wadsworth.

MTB P2, T2 6:00 PM, Evening ride, Return to Green Mountain in Lakewood, meet the DBTC crew at the main (Florida Dr) parking lot off west Alameda.

Thursday, August 24th FUN/INT-5:30PM NW - Westminster City Park

August 2006 Ride Schedule

Sat., August 26th

FUN-2-22-W-9:00AM Meet **Rick Clauder** (303-393-7058) in Idaho Springs at the public parking lot behind Beau Jo's Pizza. (Directions: Drive I-70 West to Exit 240) for a lovely ride on the frontage road to Georgetown and back.

FUN-2-25-SW-9:00 AM Cindy Ferry (303-425-9454) would like you to meet her at the Stone House (W. of Wadsworth-east side of Estes-a little south of Yale) Your fun ride will follow Bear Creek bike path over Bear Creek Reservoir to Morrison. Head up towards Red Rocks and circle back.

INT -2-35-Central Denver- 8:00 AM Meet **Ellen Chilikas** (303.750.5099) just north of Racine's restaurant (650 Sherman St, Denver, near 6th and Speer) for a brunch and shopping bike ride. Look for Ellen and her bike parked near 7th and Sherman. (Please note that parking is restricted here on Saturday's so you can't park in front of the restaurant and will need to park in a nearby neighborhood.) We'll ride to the top of the Chatfield Dam and back. On our way back, we will stop at The Savory Spice Shop at 1537 Platte St. in Denver, Colorado - just north of the REI flagship store - for some shopping - check them out at <http://www.savoryspiceshop.com/>. Ride will be at an Intermediate pace (12-15mph). Please arrive early so that we can leave promptly at 8am. Brunch afterwards on the patio at Racine's.

ROAD 4 26 W 9:00 AM Denny Martin (303-793-0395). Meet in Idaho Springs at the municipal parking lot behind the Buffalo Bar. We'll pedal up to Echo Lake for a scenic aerobic workout. Lunch options in Idaho Springs afterwards

MTB P2-3, T3 Winter Park weekend and campout. If you are interested, please call Jeff (303-969-9241) for the informal organization details. Drive up Saturday morning, take a ride, campout in the evening. Ride again on Sunday.

Sunday, August 27th

FUN-1-60 or 25-E,C-8:15 AM or 9:30 AM Join **Don Swett** (303-791-5863) for the Annual Alferd Packer Ride. **This year will be a segmented history ride**, 1st group will leave Fairmount Cemetery, parking near gatehouse in NE corner of Fairmount at 8:15 AM. We will follow mostly bike paths down to Confluence Park and pick up the 2nd group just south of REI on the Platte River trail at approximately 9:30 AM. After the 9:30 group joins, we will take the Platte Trail down to the Littleton Cemetery, say a few words over Alferd's grave, and return to Fairmount where we will take a look at the prosecuting attorney's grave for the Packer trial in Fairmount Cemetery (Jared Mills). For info, call Don Swett (303-791-5863).

FUN-3-20-NW-9:00AM Meet **Curt Pellegrin** (303-522-3592) for a ride starting at the Prospect Park picnic tables (W 44th Ave at Robb St, Wheat Ridge) and heading to downtown Golden via the Clear Creek Trail. From downtown Golden, we will head to the path along US 6 via Illinois and 19th Street. From the path, we will take the Kinney Run Trail to Heritage and Old Golden Road and return via the Clear Creek Trail. Remember the "Hills of Golden are alive with DBTC riders" Lunch afterwards is optional.

INT-2-Varies-11:17 AM Brad West 720-308-5111. I am going to start a weekly ride for people who go to church or like to sleep in on Sunday. We will start at Jefferson Unitarian that is west of I-70 on 32nd. We will meet by the offices, which are on the southeast side of the church. Parking is available at Applewood Golf course that is across the street.

ROAD 2/3 40 SW 8:00 AM The Giger's (720-308-9550). Meet at the second set of railroad tracks in Sedalia for a scenic ride to Larkspur and back. Nice rolling terrain with a small climb in and out of Larkspur (snack stop while there).

MTB P2-3, T3 Winter Park weekend. Sunday ride determined by participants.

Mon., August 28th

MTB P3-4, T2 Winter Park to Boulder, one way. If you have a shuttle, you are encouraged to join! Please see Saturday ride.

Tues., August 29th

ROAD 4 TBD 6:30 AM -Meet at 'Twin Chimneys' on 19th street in Golden to climb Look Out Mtn

FUN/INT-5:30 PM SW - Stone House Park

Wed., August 30th

"Roses" SW 1-22 8:30 AM Meet **Dave Noble** 303/694-2008 in the parking lot of South High School, corner of Louisiana & S Franklin, near SE corner of Washington Park for a new ride including Westerly Creek, City Creek, Capitol Hill, and Stapleton. Bring a snack, and money for a restaurant lunch after the ride.

FUN/INT-2-56-SW-9:00AM Meet **Dale Trone** (303-981-9161) at the Lakewood Performance Bicycle Shop (Jewell and Kipling - do not park near buildings) for a 56 mile ride. The route will go west on Jewell, north on the C470 trail and Rooney Rd to Golden. We will then pick up the Clear Creek Trail, the Platte, and Bear Creek Trails. Pack lunch and/or a lot of snacks there are limited places to purchase food until we reach REI at mile 40.

ROAD 2to4 TBD 6:00 PM -Deer Creek Canyon Road and Wadsworth.

MTB P2, T2 6:00 PM Evening ride, Green Mountain in Lakewood, meet the DBTC crew at the main parking lot off W. Alameda.

Thurs., August 31st

FUN/INT-5:30 PM SE Goodson Recreation Center

DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers. Support your local stores.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON CO 80122
303-797-1858
www.arapahoecyclery.com/

ARVADA BIKE COMPANY
6595 WADSWORTH BLVD
ARVADA CO 80003
303-420-3854

BENT GATE MOUNTAINEERING
1313 WASHINGTON AVE
GOLDEN, CO 80401
303-271-9382
www.bentgate@bentgate.com

BICYCLE PEDAL'R (2 locations)
*2030 E COUNTY LINE RD
HIGHLANDS RANCH CO 80126
303-730-8038
http://www.bicycledalr.com
*2229 W WILDCAT RESERVE PKWY
HIGHLANDS RANCH CO 80129
720-344-2550
http://www.BicyclePedalr.com

BIG KAHUNA BICYCLES
9032 W KEN CARYL AVE
LITTLETON CO 80128
720-981-5199
http://bigkahunabicycles.com/site/intro.cfm
Includes 10% discount on bikes!

BIKESOURCE 8
2690 E COUNTY LINE RD
LITTLETON CO 80126
303-221-4840
www.bikesourceonline.com

CAMPUS CYCLES
2102 SO. WASHINGTON ST.
DENVER, CO 80210
www.campuscycles.com

DERBY BICYCLE CENTER
410 EAST 104TH AVE
THORNTON, CO 80233
303-288-4100
www.derbybicyclecenter.com

FOOTHILLS CYCLING
11651 W. 64th AVE.
ARVADA, CO 80004
303-420-0815

GOLDEN BEAR BIKES (2 locations)
*290 NICKEL STREET
BROOMFIELD CO 80020
303-469-7273
http://www.goldenbearbikes.com/
*2300 E 120TH AVE
THORNTON CO 80233
303-451-7733
http://www.goldenbearbikes.com/

GREEN MOUNTAIN SPORTS
2950 S BEAR CREEK BLVD
LAKEWOOD CO 80228
303-987-8758
www.greenmountainsports.com/

LITTLETON CYCLERY
1500 W LITTLETON BLVD
LITTLETON CO 80120
303-798-5033
www.littletoncyclery.com/

MOB CYCLERY
4272 TENNYSON ST
DENVER CO 80212
303-477-4460
http://mobicyclery.com/site/intro.cfm

PEAK CYCLES
801 - 14 th ST. Suite B
GOLDEN, CO 80401
303-216-1616
BikeParts.com

PEDAL PUSHERS CYCLERY
200 QUEBEC ST
BLDG 300-109
DENVER, CO 80230
303-365-2453
www.pedalpusherscyclery.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD CO 80214
303-238-0243
www.schwabcycles.com/
Restrictions: No discount on Shimano
and Campagnolo

SPORTS PLUS
1055 S GAYLORD ST
DENVER CO 80209
303-777-6613
www.sportsplusdenver.com

SAMPSON SPORTS
2890 S COLORADO BLVD
DENVER CO 80222
303-691-5650
www.sampsonsports.com
No discount on labor.

TREADS BICYCLE OUTFITTERS (3 locations)
*10831 S. CROSSROADS DR.
PARKER, CO 80134
303-690-2900
*16701 E ILIFF AVE
AURORA CO 80013
303-750-1671
*3546 S LOGAN ST
ENGLEWOOD, CO 80110
303-781-1162

WESTSIDE CYCLE & FITNESS
7310 W COLFAX
LAKEWOOD CO 80214
303-237-1115
www.westsidecycling.com/



MEMBERSHIP CARDS

DBTC started issuing membership cards August 2004 to new and renewing members. It will take one year to go through the data base. Several of the Sponsoring Bike Stores require identification for the discount. If you have not received your card, and plan on shopping at one of our sponsoring stores, contact webmaster@dbtc.org. requesting your membership card. They are mailed at the end of the month the same time as the newsletters.

Tire Pump at The Oasis by Darrell Deering

DBTC purchased a tire pump for The Oasis on the Platte River Trail at Hudson Gardens. The pump is a Park brand and can be used for road and mtn. bike tires with either Schrader or Presta valves. There are so many riders on that trail that we expect many DBTC members and others will appreciate being able to pump up a low tire.

Thank you to Terry McElhaney at The Oasis for his support of the DBTC.

The DBTC Board is looking for other ways we can get the word out about our club and help the biking community. Contact any Board member with your suggestions.

Quote of the Month
by Gary Goins
Don Pearson spoke briefly at the Kickoff Banquet; his talk about Project Full Circle was moving. One thing in particular has stuck in my mind, he said "We all know that biking is good."

Cycling Salzburg to Venice through the Dolomites September 2007

I am exploring leading a self-guided cycling tour from Salzburg Austria to Venice Italy. The route would take us through the spectacular

Dolomites. The mileage can be kept relatively short 20 to 45 miles a day to allow time for sightseeing, or be increased for those wanting longer rides. Train transfers are also available for those wanting a day off or shorter rides. The cost for 10 days of riding is approximately \$2,000. It includes lodging, breakfast,

transfer of luggage, maps and brochures, emergency hotline, and some train transfers.

For those who don't know me I grew up in the Dolomites and speak German as well as Italian. I also have family in Austria and Italy and hope to use them as a resource.

This is a survey to gage the interest in the tour. If there is enough interest I will proceed in finalizing the tour details otherwise I will drop the plans. Please call or e-mail Elfriede Shoemaker at 720-922-0220 elfriedetraveler@msn.com.

NEW MEMBERS
KATIE AHEARN
CARLOS & MAGDALENA ALBAR-DIAZ
ERIC BURGER
LYNN DIMMICK
ROBERT DOTY
BRIAN & BUNNY FOXHOVEN
LUDWIG GROPPENHAMMER
KAY NICHOLS

Bike Boxes

Taking a trip? Going on vacation?
Taking your bike?
DBTC has bike boxes ideal for travel.
Contact Gaar Potter 303-691-0938 or
gaarpot@mno.com

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newsletter is available by email. If
this works for you, send your email
address to webmaster@dbtc.org.**