



The Colorado Bicyclist

October 2006

MOAB MTB REUNION

Oct 6-9, 2006

Jeff Baysinger

Once again, the DBTC mountain bike tribe will make a pilgrimage to Moab over the long Columbus Day weekend of Friday October 6th to Monday October 9th. Desert camping at the usual spot will be outside the Moab area. Campfires and stars will please the evenings. A word of caution: Nightly camp tribal council may evaluate the next day's ride for last minute updates. Revisions may even be made after the next morning latte. Plus, you must be there to see which brave or princess gets voted to the shady side of the trail. Of course, what happens in Moab stays in Moab. For Friday afternoon, plan on riding an easy to moderate trail to the bare slickrock ending at an overlook peering above Salt Creek of Arches National Park. Saturday will be a moderate to difficult ride with some sand slogging and a hike a bike up the vertical cliff couloir. Sunday will bring an easy to moderate 3 mile, 1500' climb to Porcupine Rim. After gazing across the wide open Castle Valley scene far below and to the north, full suspension bikes will be cushy on the 15 miles of jackhammer drops beating (-3000') down to the Colorado River. Finish Monday with a continuous heart thumping 2000' climb in 4 miles to Top of the World overlook of Onion Valley. If you haven't been to the incredible killer viewpoint there, attempt this as a must see! Make your plans now! While mountain bike rides are planned, hikers and other adventurous camping suspects who want to join will be entertained for temporary tribe membership. For any other fun details, you may call Jeff, 303-969-9241. But call soon!!!

ROCKY MOUNTAIN CHALLENGE RIDE

Save the date: October 14

This year the Mtn bikers declined our offer to do the Mtn biker vs Road biker challenge event, so this year we can have a road bike challenge event. I invite you to take part in the ride to the top of Trail Ridge Road. This is a great accomplishment ride especially if you have never done trail ridge road before. The ride takes us up the 17 miles from the Hwy 34/36 junction to the visitors center. Starting time is 10:30 AM and gain is 3,300'. Please RSVP by Contacting Gary Bohn (303-650-5082) at east a couple days before Oct 14th.

REMINDER

We combine the newsletter for November/December and January/February. The deadline for the Nov/Dec newsletter will be October 10th. For Jan/Feb it will be Dec. 10th. Bill Orchard is our winter ride coordinator so you should contact him at billorchard@juno.com or 303-422-9468 if you want to schedule a ride or contact Patty Gaspar at

ridecoordinator@dbtc.org or 303-989-8268 for a special event. You can also post on the yahoo group - see the schedule for directions.

2006 Volunteer Recognition Dinner

November 18, 2006

Holiday Inn Select

455 South Colorado Blvd.

Denver CO 80222

Come swap stories about the season just passed and plan epic bike journeys for next spring. No helmets required. Watch for details next month.

WILD WILD WEST WEEKEND FOR ALL

Oct 21-22

Stuart Black Somewhat Bi-Annual La Junta Bicycle Weekend! That's right, happy campers, mountain biking in the southeast corner of our lovely state! Join Stuart Black for a fun filled weekend in La Junta and another of his trips to the biggest dinosaur trackway in the World! But this time you don't have to get up at 4 a.m. to get there! We'll meet at the KOA in La Junta (Hwy 50 just to the west of town) on Friday night and camp in style. Saturday morning we can rise nice and late, eat a good breakfast, and then head on down to the tracks. After a nice hot shower - to wash off all the dinosaur dirt - we'll go to The Hog's Breath for dinner. Sunday morning, after a sleeping late yet again, we'll take a short ride to Bent's Old Fort National Historic Site where you can step back into the 1840's. You can imagine a frontier life back then. For those who don't like riding mountain bike on pavement, bring a road bike for this easy ride. The weekend will be low key travel adventure. If you want to see lots of amazing stuff, like Sonoran snakes, black and brown tarantulas, rattlesnakes, more cactus fruit then you can shake a stick at, roadrunners (yeah, the 'Beep! Beep!' kind), turkeys, petroglyphs, and all kinds of other really cool stuff - join Stuart Black (303) 433-9041 for this last of the year blow out! Please call ASAP ahead to give Stuart a count for the KOA people.

Thank You...

Janet Tingle

What a treat the riders discovered on Sat. 08/05/06 after the bike ride in Parfet Park. Jeff Jones provided cold beer and music and a good time was had by all. I want to express my appreciation to Jeff for providing such a thoughtful treat. Way to go Jeff!!! My thanks to Gary Goins for leading a bike ride on 09/09/06 to Waterton Canyon & Arrowhead Gold Course Restaurant that just missed a heavy deluge of rain. The lunch was great and very lucky riders had sunshine on the return to the Waterton parking lot.

DBTC's Officers

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- WebSite.....** http://www.dbtc.org

Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Monday October 2nd. 6:00 PM Restaurant, 1995 S. Colorado Blvd. If you wish to address the board, contact the secretary, Gaar Potter, at secretary@dbtc.org or 303-691-0938 so that your topic can be placed on the agenda.

Message from the President

by Cindy Ferry

With just a few more weeks left in the summer riding schedule, plans are under way for the awards banquet. We hope you can make it. We have had a great season and there are many volunteers to thank and new board members to introduce. The board will share the knowledge that was given to us from the previous board so there will be a smooth transition.

I want to personally thank the board for all their hard work. Everyone was really open to my suggestions and they all had so much to contribute. We have done almost everything that we wanted to do in just the few months that we worked together. We intro-

duced the Board Rides, even though the rain ruined the last one. The picnics were well done and everyone enjoyed getting together each month. Most important of all, the special projects: membership meetings, map revisions and the community projects to increase club exposure.

I'm sure next year will be a good year with the projects that we have started this year and great picnics and great rides throughout the season. These are what keep everyone in good shape and bring us all together to enjoy bicycling as a group.

Road Rage Hotline OKd for Bicyclists to Report Aggressive Drivers

by Neal Lurie

Bicycle Colorado

www.BicycleColorado.org

- Bicycle Colorado recently gained approval for bicyclists to use the Road Rage Hotline to report aggressive drivers who put bicyclists at risk. The phone number for the Road Rage Hotline is simply Star CSP (*277) when dialed from a mobile phone.
- The most important thing for bicyclists to communicate when dialing this hotline is the license plate number. The State Patrol has told us that some bicyclists have dialed this hotline without the license plate number, but no action will be taken without this information.
- Bicyclists should also be prepared to describe the aggressive driving behavior, location & direction of travel, and the vehicle & driver description, if possible.
- If a vehicle is identified three times through the hotline, the vehicle's registered owner receives a warning letter, and any additional complaints result in a personal visit from a uniformed officer.
- Bicyclists can report aggressive driving from any road in Colorado, not just a state highway.
- The Road Rage Hotline is an important tool for bicycling safety and helping to ensure aggressive drivers are held accountable for their actions. Please share this information with other bicyclists

- so we can all work together to build a bicycle-friendly Colorado.
- To learn about this type of bicycling news faster, you can subscribe to Bicycle Colorado's free email newsletter at: www.BicycleColorado.org/for/eNews

VOLUNTEER OPPORTUNITIES

1. Road ride coordinator. Responsibility includes attending pre-season ride coordinators meeting and collecting ride descriptions from ride leaders for inclusion in newsletter. Contact Patty Gaspar RideCoordinator@dbtc.org.
2. Bookkeeper. Responsibility includes recording club cash transactions and working with club treasurer regarding various report and budget preparation. Software and training will be provided. Contact Elfriede Shoemaker Treasurer@dbtc.org. The Board would like to thank Sherri Giger and Suzanne Zimmerman for their volunteer service.

Pictures and Articles for the Newsletter

This newsletter belongs to the members. If you have digital pictures or an article you would like to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember that if we publish something that someone else wrote, we must give credit. If you are a writer with an article of interest that you want to share, we may make you a published author! The deadline for publishing is always the 10th, but please send your articles earlier.

Report on the CANDISC Tour by Dale Trone

Cycling around North Dakota in Sakakawea Country was one of the better organized week long bike tours I've ever been on. I can't believe total cost was only \$125; I've paid twice as much for a lot less. Participants even got a t-shirt, free admission to many places including Lewis Clark Interpretive Center and Lawrence Welk's Birthplace (it is North Dakota). They limit it to 400 cyclists and 71% of cyclists were from out of state with an average age of 57. Community sup-

port and sag service were some of the best I've ever seen. This part of ND is not flat. Typical day was 2300 vertical feet. Sure there were farmlands, but they didn't go on forever. There were lots of lakes, fields of sunflowers and towns about every 20 miles. Next year's CANDISC will head to the International peace Garden and the Turtle Mountains, an area of North Dakota with lots of trees and lakes.

DBTC Jerseys

Feel comfortable, look great, feel part of our group, help our club attract new members and accomplish all of this for a very comfortable price. Your Board has ordered 50 Jerseys in small to double extra large in both women's and men's sizes. The design is identical to the previous one, yellow, zippered front and short sleeves. The jerseys are subsidized by club funds and sell for only \$30.00 for pick up at any event or add \$4.00 for shipping. Information on how to order and a printable order form is available on our Web Site. Contact Elfriede Shoemaker 720 922 0220 or Rick Clauder 303 393 7058.



DBTC BIKE ROUTE MAP - Revision

DBTC is tentatively planning on a map revision for 2008. Cyclists riding the current routes are the best resource for updating the map. Your help is needed. Please send in any corrections, deletions, additions, or changes you find. Since the map was published, we have seen an increase in construction and traffic, and some current routes may not be viable or safe.

Submitted by: _____

Phone: _____ **Email:** _____

This route is in: City or County: _____

Surface: Concrete * Asphalt * Hard-pack * Dirt * Painted Bike Lane * Other _____

Description: Please be very specific. Describe the starting point, the direction the trail takes at each turn, which side of the street, is there an underpass, change in grade, and the end point. If possible, attach a sketch or an enlarged photo of the present map with your correction clearly marked.

Mail To: Darrell Deering
17672 N Canyon Dr.
Littleton, CO 80127

Call or email: 303-697-6126
jncanyon@cs.com

Out of Town Tours

The DBTC has many out of town tours in the planning stages. These tours are tentative at this time - more information will be available as the tour dates near. Please use this information for planning purposes. If you have a tour you'd like to propose, contact the OTTC, Jim McClain at BikeMcClain@aol.com or 303-715-9335 and he'll help you get started. All out of town trips must be coordinated through the committee. **May 2007** - C&O Canal Tow Path and Great Allegheny Passage; Leader - Bruce Thompson **Summer 2007** - Durango Telluride Loop; Leaders Bruce Thompson and Mike Price **September 2007** - Cycling Salzburg to Venice; Leader - Elfriede Shoemaker **September 2007** - Jackson Hole and Grand Teton National Park; Leader - John Campbell **October 2007** - Road Biking in and around Moab; Leader - Ellen Chilikas **Potential 2008 trips:** Mickelson Trail-South Dakota; Katy Trail-Missouri; Santa Fe-Taos Multisport Trip; Tucson Arizona; Door County Wisconsin

Cycling Salzburg to Venice through the Dolomites September 2007

I received an overwhelming response to my inquiry and have decided to continue with the plans for the Salzburg to Venice cycling tour.

I will finalize the tour plans in late September and publish them in the November newsletter. Those of you who have asked me via e-mail to be put on the roster will receive the final trip itinerary with dates and price in early October. I also hope to have flight information of Intercontinental airlines, that is a flight from a major European city to Salzburg.

September is a wonderful time to travel in Europe. The crowds have dissipated, the weather is usually good and the apple trees and vineyards are full of succulence. The wine and food is always good. Maybe I can introduce you to some of my favorite local wines and dishes. Please contact Elfriede Shoemaker at 720-922-0220 or e-mail elfriede-traveler@msn.com.

DBTC FALL RIDES 2006

End of Season

Our regular schedule ends this month. During the winter months we go to "show and go" since the weather is so unpredictable. Take advantage of the fall schedule. Weather is usually dry and warm, leaves are in full color and biking doesn't get any better.

The yahoo groups provide weekly reminders of upcoming rides and other events not in the newsletter. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. If you are not already receiving email updates you can go to

<http://groups.yahoo.com/group/ColoradoBicyclist> to sign up to receive, and send, messages. Once enrolled you can both email your message to ColoradoBicyclist@yahoogroups.com and receive emails to keep you updated on the DBTC activities. Mountain bikers go to COMtnbikers-subscribe@yahoogroups.com.

Ride Locator: There is a guide to the most frequent start locations on our website - www.dbtc.org. It provides the information you need to use Map Quest to make a map to the starting location.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses - Leisurely	1 - Flat	This is an estimate-	NW	Arrive early
Fun - Comfortable	2 - Some Hills	options may be	NE	enough to unload
Int - Faster	3 - Hilly	offered.	SE	your bike and be
Road - Faster	4 - Serious Climbs		SW	ready to leave.
ATB- Unpaved Roads			W	
MTB - Mountain Bikes	Technical Skill: T1 to T4 (highly skilled riders) Physical Exertion: P1 to P4 (physical conditioning required)			

Rides are cancelled if the weather is below 40 degrees or it is raining or snowing.

Ride Locator: There is a guide to the most frequent start locations on our website - www.dbtc.org. It provides the information you need to use Map Quest to make a map to the starting location.

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- Sunday, October 1** **FUN-2-40-SE-9:30 AM** Meet *Gaar Potter* (303-691-0938) at Eisenhower Park (just east of Colo Blvd on Dartmouth) We will ride to Belmar
FUN-2-25-NW-10:00AM Meet *Cindy Ferry* (303-425-9454) at the Prospect Park picnic tables (W 44th Ave at Robb St, Wheat Ridge). She will take her group on an exploration of portions of the area Creek Trails which will include Van Bibber, Ralston, Little Dry and Clear Creek. Look for a great fall ride along some wonderful greenbelt areas. Lunch afterwards is at a local Applewood establishment.
- Wednesday, October 4th** **FUN-2-27-SW-10:00AM** Meet *Ray Berlin* (303-789-3119) at Belleview Park in Englewood (east parking lot near South Inca Dr and Belleview Ave) for a ride on streets and trails in the Bow Mar, Littleton, and Columbine area. Lunch break is at Panera Bread at Aspen Grove.
"Roses" 1-20 SW 10a.m. *Melba Bouquet* at Goodson. Snack and money for lunch.
- Friday, October 6th** **MTB P2, T1-3 1:00 PM**, Moab - Friday afternoon at Klondike Bluffs. Location: Marked trailhead off Hwy 191, about 15 miles south of I-70, or about 15 miles north of Moab. See the Moab article for more details. 15 mile r/t, 1500' gain
- Saturday, October 7th** **FUN-1-14-SE-8:30 AM** CHERRY CREEK STATE PARK LOOP Meet *Tom Tobiassen* (303-915-2351) at 15460 East Orchard Road, just east of Parker Road on East Orchard Road.
FUN-3-28-NW-9:30AM Explore with *Steven Stevens* (303-271-1998) "Le Historic et Prehistoric Tour du Tables d'Or" (A tour of North & South Table Mountains up to White Ranch, Heritage Square, and there will be a few stops for history lessons along the way). Depart from the Golden Oldy Cyclery (17224 W. 17th Place) in Golden. The ride will start promptly at 9:30 am (come 15 minutes ahead to be sure your tires have air and use the facilities).
INT-3-40-SW-10:00AM Meet *Ellen Chilikas* (303.750.5099) in Sedalia at 9am for a 38- mile out-and-back Intermediate Ride to Larkspur. To get to Sedalia, travel 8 miles south on Santa Fe Drive from C-470. Turn right at Sedalia, travel west across 1 set of railroad tracks and thru town, and then park just before reaching the second set of tracks. The ride to Larkspur follows Route 105 until reaching the Larkspur cutoff at E Perry Park Ave, Route 60. We'll stop for a snack at the convenience store in Larkspur. Ride will only go if the weather is good - good means a high temp for the day above 50 and not raining at the start. Call the leader by 9am if the weather is questionable.
MTB P3, T1-3 9:00 AM, Moab - Hurrah Pass, Jackson Hole, Jacob's Ladder, and Amasa Back, starting from the campground, eat your Wheaties for a full day out exploring!

October 2006 Ride Schedule

- Sunday, October 8th**
- FUN-2-20-NW-10:00AM** Join *Marti Krusko* (303-234-9998) and *Curt Pellegrin* (303-522-3592) to celebrate the end of the biking year by riding an out and back to REI from their home at 2346 W. 23rd Cir, Golden (call for directions). The ride will go through Golden, Applewood, Lakewood, Wheat Ridge, Edgewater and Denver. Refreshments served afterwards
- INT 2-40-W 9:30** Meet *Gaar Potter* (303-691-0938) at N.W. corner of Sloan's Lake Park. We will ride to Golden, thence over Rooney Road to Morrison. Return on Garrison.
- ROAD - 2 - 52 - NE - 9:00AM** Meet *Steve Ingraham* (303-756-7847) at Wal-Mart at the NW corner of I-70 and Tower road (parking lot behind Del Taco) for an out-and-back Road Ride. This ride will follow Tower Road south to Colfax Ave then head east to Watkins (roundtrip option 22 mi), to Bennett (roundtrip option 40 mi), and to Strasburg (roundtrip 52 mi). Optional lunch afterwards if group desires.
- MTB P2, T2-3 9:00 AM**, Moab - Porcupine Rim, leaving campground to set up the shuttle. 20 miles, +1500, -3000
- Monday, October 9th**
- MTB P3-4, T3 10:30 AM**, Moab - Top of the World, after breaking camp, 9 miles round trip, 2,100' gain.
- Wednesday, October 11**
- FUN-2-23-SE-9:00AM** Meet *Steve Ingraham* (303-756-7847) at Village Greens Park (lower parking lot, NW corner of Dayton & Union, near W entrance to Cherry Creek State Park) for a leisurely ride (I promise!) around Cherry Creek Reservoir, along Cherry Creek Bike Path to Wash. Park, returning the same way. Lunch afterwards if the group desires. "Roses" 1-20 N 10:00 AM *Marge Derby* at Prospect Park. Snack an money for lunch.
- Saturday, October 14th**
- FUN-1-25-SE-9:00 AM** Meet *Steve Ingraham* (303-756-7847) at Village Greens Park (NE corner of Dayton and Union, near west entrance to Cherry Creek State Park) for a FUN Ride south along the Cherry Creek bike path and some streets to downtown Parker. This will be an out-and-back ride with lunch afterwards.
- INT-2-42-SW 10:00** Meet *Mary Gallagher* (303-907-4621) at the Mineral Park-n-Ride (near Panera's) for a loop to Cherry Creek Reservoir, down to Confluence Park and back. We will head north on the Platte River Trail to the Union Street Bridge, looping around to pick up Windermere then heading east to the Reservoir along Quincy Ave, through the DTC. Then we'll head downtown on the Cherry Creek Trail and after a break at REI at Confluence Park, returning on the Platte River Trail. We will leave promptly at 10:00.
- ROAD-4-NW-40-10:30 AM** Road Rider Challenge Event. Meet *Gary Bohn* (303-650-5082) at the Deer Creek Trailhead inside Rocky Mountain National Park Visitor Center at Estes Park (RT36). This is at the spur where Trail Ridge Road meets RT 34 (Fall River Road). The actual ride will start at 10:30 so come early and don't be late. We ride up to the Alpine Visitor Center at the top of Trail Ridge Road. Both men and woman are encouraged to come. RSVP to Gary for final details and instructions. Bring cold weather gear. No go if bad weather predicted for Estes Park or if the high temp for the day is below 50. Note: You are welcome to join the group even if you can't (or have no desire) to ride to the top. You can always turn around.
- MTB P2-3, T2-4 10:00 AM**, Zorro Loop, meet at the Rooney Road Parking lot on the west side of Green Mtn. Ride Zorro Trail over Dakota Ridge to Matthew Winters, ride south on the Lower Red Rocks trail to Morrison, eat deli lunch, then return. Jeff Baysinger 303-969-9241.
- Sunday, October 15th**
- FUN-2-19-NW-10:00AM** Meet *Susanne Sullivan* (303-456-6797) at the Prospect Park picnic tables (W 44th Ave at Robb St, Wheat Ridge). The journey will take us north to the Ralston Creek path where we will head west thru the West Woods golf course, south via Easley Road and back to the park via the Clear Creek path.
- FUN-2-28-SE-10:00 AM** Meet *John Mues* (303-795-6167) at Village Greens Park (Dayton and Union-northern section of parking lot) for a ride including a loop of the Cherry Creek Reservoir, the E-470 trail, Meridian and Inverness office parks. We'll have lunch afterwards at a nearby restaurant.
- INT 2-30/40 SW10:00** Meet *Bruce Thompson* (303-814-1034) at the Carson Nature Center at Santa Fe Dr. and Mineral Ave. This will be an intermediate ride for 30 to 40 miles and a map will be provided. The ride will occur warmer than 45 degrees and no rain. We will have lunch after the ride in the area
- MTB P1-2, T1-2 10:30 AM**, South Table Mtn. Meet at the NREL parking lot, just NW off I-70 and Denver West Blvd. Almost a season winding down outing, *Jeff Baysinger* 303-969-9241.
- Wednesday, October 18th**
- "Roses" 1-20 N 10:00** *Lottie Lenya* at Cuernavaca City Park parking lot (19th & Platte, N of REI)Snack/money for lunch.
- FUN/INT-2-56-SW-10:00AM** Meet Dale Trone (303-981-9161) and Kathi Baird (303-981-9158) at the Lakewood Performance Bicycle Shop (Jewell and Kipling - do not park near buildings) for a repeat of the very popular 56 mile ride I

October 2006 Ride Schedule

Wednesday, October 18th led in August. The route will go west on Jewell, north on the C-470 trail and Rooney Rd to Golden. We will then pick up the Clear Creek Trail, the Platte, and Bear Creek Trails. Pack lunch and/or a lot of snacks as there are limited places to purchase food until we reach REI at mile 40.

Saturday, October 21st
FUN-2-25-NW-10:00AM Meet *Merri Bruntz* (303-517-9781) at the Prospect Park picnic tables (W 44th Ave at Robb St, Wheat Ridge) for a ride through Wheat Ridge and North Denver to REI for coffee at Starbucks. We will return a similar, yet different, route back.

FUN/INT-2-35-40-SW-10:00 AM Meet *Dale Trone* (303-981-9161) at the Stone House (near S. Estes and Yale) for a 35-40 mile ride. The route will go east on Bear Creek, south on Platte to Chatfield and C-470 trail, then on to Morrison for lunch. After lunch, group will decide whether to return via Bear Lake Park or add some extra miles by climbing thru Red Rocks or Rooney Road to Alameda/Jewell.

ROAD-2-32-W-10:00 AM Meet for a "Show and Go" Road Ride from Crown Hill Park in Lakewood. The road ride will go west and north to Leyden (82nd & Quaker St.). Ride will stop at Higher Grounds Coffee Shop in Golden for coffee and snacks. This ride will average 15+ mph. Ride cue sheets for this ride available at the start and also previewed and printed at ColoradoBicyclist Yahoo group site. <http://groups.yahoo.com/group/ColoradoBicyclist/> The file name is Crown Hill - North Crown Hill Park is Located on west 26th Ave and Kipling St. See parking lot with bathrooms at Garland Street and 26th Ave.

MTB/ATB or Hikers P1-2, T1-2, plus Wading W1 9:00 AM, Dinosaur Ride, 18 mile roundtrip, 500' elevation difference. Join *Stuart Black's* Natural History and Wild Wild West Story Telling Contest Weekend. See article for more details.

Sunday, October 22nd
FUN-2-21-NW-10:00AM Meet Dennis Walker (303-650-9657) at Twin Lakes Park, 70th & Broadway (1 block W of Broadway on S side of 70th) for a ride down the Clear Creek Trail to Prospect Park & return. Optional lunch afterwards.

INT 2-30/40 SW10:00 Meet *Bruce Thompson* (303-814-1034) at the Carson Nature Center at Santa Fe Dr. and Mineral Ave. This will be an intermediate ride for 30 to 40 miles and a map will be provided. The ride will occur warmer than 45 degrees and no rain. We will have lunch after the ride in the area.

MTB, ATB, or Road P1-2, T1-2 9:30 AM Stuart's Lu Junta weekend, ride to Bent's Fort, scout a frontier territory filled with buffalo and native Americans.

Wednesday, October 25th "**Roses**" 1-20 10:00 AM *Ma Perkins* at Carson Nature Center.

FUN-2-30-NW-10:00AM Meet Susan Gregory (303-477-9233) at Prospect Park for a ride on Clear Creek & Platte River bike paths to the Market in Larimer Square for coffee/brunch. Return on less-traveled streets to Clear Creek trail.

FUN/INT-2-30-SW-10:00AM Join Darrell and Jean Deering at the Carson Nature Center at Mineral and Santa Fe and ride to Parker. We will take the C-470 trail east to the E-470 trail then on the Cherry Creek trail to Parker. We can stop for lunch in Parker or return to the Aspen Grove for other lunch options.

Saturday, October 28th
FUN-2-30-NW-10:00AM Meet *Merri Bruntz* (303-517-9781) at the Prospect Park picnic tables (W 44th Ave at Robb St, Wheat Ridge) for a ride down the Clear Creek Trail to 88th and Colorado (weather permitting). If it's cooler, we will return sooner and not ride the full 30 miles.

INT 2/3-30 SW 9:00 Meet *Darrell and Jean Deering* (303-697-6126) at South Valley Park parking lot on South Valley Rd. At the intersection of C470 and Ken Caryl Rd. head west to South Valley Rd. drive south for approx. ½ mile to the parking lot on the left. We will head north on the C470 trail through Bear Creek Park, on Rooney Rd. on into Golden by way of the golden trail. We'll stop for a break at the Higher Grind coffee shop in Golden. Lunch is optional after we return.

ROAD - 3 - W - 9:30 AM. Meet for a "Show and Go" Ride at the parking area at Deer Creek Canyon and Wadsworth for a ride to the flagship REI store. Through Chatfield State Park to C-470 trail east and then onto the South Platte Trail system and back. Snacks and coffee at REI.

Sunday, October 29th
FUN-2-25-NW-10:00AM Meet *Bill Orchard* (303-422-9468) at the Olde Town Arvada Park-n-Ride at 55th and Wadsworth (56th Pl & Vance) for the last scheduled north fun ride of the season. To celebrate Halloween, this will be an Arvada Cemetery ride with visits to three different graveyards: the city founders' cemetery, the Belgin family cemetery and the Ralston "Boot Hill" Cemetery. Lunch is in Olde Town Arvada after the ride. Please leave your shovel at home!
Fun-1-35mi.-E -10:00 AM Meet *Don & Marilyn Swett* at Fairmount Cemetery Parking lot SE of Quebec & Alameda. Castles, Mausoleums, Graves, Mansions and Sanitariums will be some of the sights as we use bike paths and city

October 2006 Ride Schedule

Sunday, October 29th streets to go from Fairmount to Riverside Cemetery and back. Costumed Riders will get special treats! Please call Don or Marilyn at 303-791-5863.

FUN-2-22-SE-1:00 PM HALLOWEEN COSTUME RIDE (Just a mask is OK) Meet *Susan Gregory* (303-477-9233) at Cook Park Rec Center (southeast of Monaco and Cherry Creek Drive North). Haunt the Cherry Creek Bike Path and materialize in a former Denver cemetery where rumor has it they did not find all the bodies. Pizza and beer follow at Bonnie Brae Tavern. INT 2-30/40 SW10:00 Meet *Bruce Thompson* (303-814-1034) at the Carson Nature Center at Santa Fe Dr. and Mineral Ave. This will be an intermediate ride for 30 to 40 miles and a map will be provided. The ride will occur warmer than 45 degrees and no rain. We will have lunch after the ride in the area.

MTB or ATB P2, T1-2 10:00 AM Prelude to Halloween Special! Take the gravel historic Virginia Canyon "Oh my goddess" Prime Cut Lunch Rib Ride to Central City!! Meet *Bob Ahl* (303-794-6103) behind Beau Jo's in Idaho Springs for an invigorating 1750' climb ride up the namesake road. Drop down to Central City and treat yourself to a delicious steak lunch in a casino. Bring your bike lock, and your quarters to assuage Lady Luck! Return using the recently opened to bikes Central City Parkway. This will certainly be a frightful day to remember!

AUGUST PICNIC

About 30 members braved cool temperatures and rain to ride during our August Picnic. By late morning the skies cleared and the weather turned out beautiful. Including volunteers and late attendees about 45 people showed up for what turned out to be a great picnic.

Let's thank all the volunteers who made this event possible. Howard Bagdad, Dennis Walker and Richard Quick grilled the Whole Foods burgers, salmon and boca patties. The vegetables, salad and fruit arrived with Elfriede Shoemaker and were prepared on the spot by many volunteers.

Coolers and things were delivered by our President Cindy Ferry. Susan Gregory brought all the other groceries and also prepared much. Yours truly and Barbara Berry went on a frantic buying campaign driving to different stores to buy the meats and other supplies all

with the hope to get back in time.

Elly Baldwin with the delivery help of Gaar Potter completed our meal. Many others showed up later that day to also help out. Please thank these members when you see them and consider volunteering in the future so that we don't always have to ask the same people to help. You will feel good by helping.



Rick and Darrell wearing the old tee shirts. Rick is selling the new jerseys so we should see him wearing his soon!



Frisco Multisport Weekend

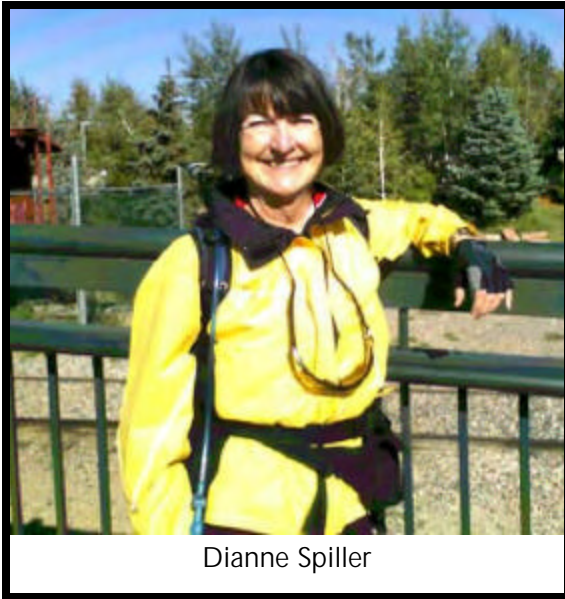
Ellen Chilikas

Eighteen intrepid souls ventured up to Frisco in August for a multi-sport weekend. Our hike to Willow Falls was beautiful - the weather was sunny and cool, and we all enjoyed eating lunch by the waterfall. The weather for our bike to Breckenridge the next day was cloudy. After getting into Breck, it started to drizzle so most of us downed a quick cup of coffee, put on the rain gear and headed back to Frisco. We had great weather again for our kayaking the next day (see the accompanying photo). The trip on Lake Dillon was incredibly scenic and mellow for the first few hours - then a navigational error added an hour and some serious paddling to the end of the trip. We enjoyed two happy hours with plenty of adult beverages plus some hearty breakfast wraps and snacks. All in all, everyone had a good time and enjoyed the variety of activities.

Dianne Spiller
Candidate for DBTC Board of Directors

I joined DBTC a year after I moved to Colorado in 1994. I grew up in St. Louis and the Midwest. I enjoy traveling which my position with FEMA enables me to do. I am on call to go out for disasters ranging from Katrina to floods in the Midwest or tornados in the east. I help get the FEMA offices up and running and ensure that the workers follow safety procedures.

I have a Bike Friday that I take with me when I go out for FEMA, and have a goal of riding in all 50 states. So far my count is 34. An added bonus to my FEMA position, is on my way home from disasters, I frequently get to



Dianne Spiller

stop in the Chicago area to see my grandsons Jack, age 21/2 and Owen, age 1 month (oh yes, my son and daughter-in-law as well).

When in Colorado I join the Wednesday and weekend rides as well as skiing with club members in the winter. Other important facts: I've ridden Ride the Rockies twice and Twizzlers are my trademark quick energy

food.

I've served on the Board and would like the opportunity to serve again.

Stephen Ingraham
Candidate for DBTC Board of Directors

I have been a member of DBTC for many, many years. I have remained loyal to the DBTC because of the club's policy to satisfy the riding needs of a very diverse membership. In support of this policy, the past 5 years I have been an active ride leader of Fun, Intermediate, and Road rides. In addition, I've served as MC for several Volunteer Appreciation Dinners.

Until now, obligations to my past employers limited my DBTC involvement to the above activities. However, I retired this Summer and now wish to contribute to the club as a member of the Board of Directors. I bring experience to the Board, having served 3 years as a Board member, Treasurer, then Secretary of the Homeowners Association of my townhouse



Steve Ingraham

complex. Also, I am one of the Founders of the Rocky Mountain Heart Fund for Children, a non-profit charity, and served on its Board and as its President.

My vision for the DBTC is to continue the fine job the present and past Board members have done in providing a variety of riding and social events. However, I believe there is the need to respond to the stated desires of the membership, expressed in the membership survey done earlier this year, with initiatives to increase the number of ride leaders, to increase volunteerism within the club, and to reevaluate what the club's focus should be.

Ludwig Goppenhammer
Candidate for DBTC Board of Directors

I was born in Germany in a small ski town in the Alps. I work as a computer professional. In the early 80's I was an active rider, then unfortunately, it went to the wayside when I started my businesses; a hang gliding school in Golden and real estate property investments. Between them they use most, if not almost all, of my personal time.

I got back into cycling in May 2006 and try to ride 2-3 times a week. It's a long ride back from the weight gains of not having been very active for some time. (Hills and weight don't mix). I've been doing mostly fun rides and am trying to transition to intermediate rides.

I think the club needs a program to help riders jump the gap between fun and intermediate rides and to facilitate increasing skills to transition from



Ludwig Goppenhammer

the one skill level to the next. Most intermediate rides involve an increase of all three aspects of a ride - speed, distance and hills.

To me, that seems to be too much for most 'Fun' riders to increase all at once.

DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers. Support your local stores.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON CO 80122
303-797-1858
www.arapahoecyclery.com/

ARVADA BIKE COMPANY
6595 WADSWORTH BLVD
ARVADA CO 80003
303-420-3854

BENT GATE MOUNTAINEERING
1313 WASHINGTON AVE
GOLDEN, CO 80401
303-271-9382
www.bentgate@bentgate.com

BICYCLE PEDAL'R (2 locations)
*2030 E COUNTY LINE RD
HIGHLANDS RANCH CO 80126
303-730-8038
http://www.bicyclepedalr.com
*2229 W WILDCAT RESERVE PKWY
HIGHLANDS RANCH CO 80129
720-344-2550
http://www.BicyclePedalr.com

BIG KAHUNA BICYCLES
9032 W KEN CARYL AVE
LITTLETON CO 80128
720-981-5199
http://bigkahunabicycles.com/site/intro.cfm
Includes 10% discount on bikes!

BIKESOURCE 8
2690 E COUNTY LINE RD
LITTLETON CO 80126
303-221-4840
www.bikesourceonline.com

CAMPUS CYCLES
2102 SO. WASHINGTON ST.
DENVER, CO 80210
www.campuscycles.com

DERBY BICYCLE CENTER
410 EAST 104TH AVE
THORNTON, CO 80233
303-288-4100
www.derbybicyclecenter.com

FOOTHILLS CYCLING
11651 W. 64th AVE.
ARVADA, CO 80004
303-420-0815

GOLDEN BEAR BIKES (2 locations)
*290 NICKEL STREET
BROOMFIELD CO 80020
303-469-7273
http://www.goldenbearbikes.com/
*2300 E 120TH AVE
THORNTON CO 80233
303-451-7733
http://www.goldenbearbikes.com/

GREEN MOUNTAIN SPORTS
2950 S BEAR CREEK BLVD
LAKEWOOD CO 80228
303-987-8758
www.greenmountainsports.com/

LITTLETON CYCLERY
1500 W LITTLETON BLVD
LITTLETON CO 80120
303-798-5033
www.littletoncyclery.com/

MOB CYCLERY
4272 TENNYSON ST
DENVER CO 80212
303-477-4460
http://mobcyclery.com/site/intro.cfm

PEAK CYCLES
801 - 14 th ST. Suite B
GOLDEN, CO 80401
303-216-1616
BikeParts.com

PEDAL PUSHERS CYCLERY
200 QUEBEC ST
BLDG 300-109
DENVER, CO 80230
303-365-2453
www.pedalpusherscyclery.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD CO 80214
303-238-0243
www.schwabcycles.com/
Restrictions: No discount on Shimano
and Campagnolo

SPORTS PLUS
1055 S GAYLORD ST
DENVER CO 80209
303-777-6613
www.sportsplusdenver.com

SAMPSON SPORTS
2890 S COLORADO BLVD
DENVER CO 80222
303-691-5650
www.sampsonsports.com
No discount on labor.

TREADS BICYCLE OUTFITTERS (3 locations)
*10831 S. CROSSROADS DR.
PARKER, CO 80134
303-690-2900
*16701 E ILIFF AVE
AURORA CO 80013
303-750-1671
*3546 S LOGAN ST
ENGLEWOOD, CO 80110
303-781-1162

WESTSIDE CYCLE & FITNESS
7310 W COLFAX
LAKEWOOD CO 80214
303-237-1115
www.westsidecycling.com/



MEMBERSHIP CARDS

DBTC started issuing membership cards August 2004 to new and renewing members. It will take one year to go through the data base. Several of the Sponsoring Bike Stores require identification for the discount. If you have not received your card, and plan on shopping at one of our sponsoring stores, contact webmaster@dbtc.org. requesting your membership card. They are mailed at the end of the month the same time as the newsletters.

BIKE BOXES

Taking a trip? Going on vacation?
Taking your bike?
DBTC has bike boxes ideal for
travel. Contact Gaar Potter 303-
691-0938 or gaarpo@mno.com

FOR SALE

2000 Lemond Nevada City road
bike with a 56 cm frame in good
condition. Asking price is
\$350.00 or best offer.
Call Karen at 303 756-7364.

NEW MEMBERS

DIANA KLINE
JANET MCINTYRE
DAN & LAURIE PITCHER
KAYE STAMPS
JUDITH TENNANT

NEWSLETTER VIA EMAIL

The newsletter is available by
email. If this works for you, send
your email address to webmas-
ter@dbtc.org.



DENVER BICYCLE TOURING CLUB

BOARD OF DIRECTORS

ELECTION BALLOT

Instructions: There are four openings on the Board. Only three candidates have stepped forward. **Vote for Three** Board of Directors from the following list of nominees by placing an "X" in three of the boxes to the right of their name. There is a Write In for the fourth candidate. If you are willing to serve, please nominate yourself. Please do not nominate someone without checking with them to make sure they are willing to serve. If you have a family membership, the other eligible family member will vote for four board directors in the second set of boxes. Voting will be an anonymous process with members' identifications blacked out before being counted.

According to the club bylaws, the membership directly elects four of the eight board members every year to serve a two-year term. The eight elected board members choose three of their members to serve as the club's officers - president, vice president, and secretary. The board appoints a ninth board member from the club membership every two years to serve as an officer in the position of treasurer. Results will be announced to the board prior to the November 2005 board meeting and published in the December newsletter.

Nominees: Ludwig Goppenhammer
Dianne Spiller
Steve Ingraham
Write In _____

Please mail this ballot back no later than October 23, 2006 to:

DBTC Board
P.O. Box 260517
Lakewood CO 80226-0517

OR you can email your vote to webmaster@dbtc.org. You must indicate your name so we can be sure each member only votes one time and then name the four candidates for whom you are voting or "approve slate". Once we determine that the ballot is valid, we will black out the name of the member from both the mail and e-mail ballots.