



## DBTC's Officers

### President

Ludwig Goppenhammer 303-279-7951  
president@dbtc.org

### Vice President

Rick Clauder 303-463-1875  
vicepresident@dbtc.org

### Secretary

Nancy Ryan 303.954.8033  
secretary@dbtc.org

### Treasurer

Lloyd Johnson 303-757-5516  
treasurer@dbtc.org

### Board Members at Large

Lisa Duckett 303-347-9774  
fast\_blader@msn.com  
Gary Goins 303-433-4398  
gwgoins1@yahoo.com  
Neil Koster 303-238-2592  
Dale Trone 303-981-9161  
trone\_da@hotmail.com

## Directors and Staff

### Director of Ride Activities

Patty Gaspar 303-989-8268  
RideCoordinator@dbtc.org

### Out of Town Tour Director

Ellen Chilikas 303-750-5099  
outoftowntours@dbtc.org

### Hotline Director

Howard Bagdad 303-756-7240  
PhoneHotline@dbtc.org

### Fun MTB Coordinator

Jeff Baysinger 303-969-9241  
FunMTB@dbtc.org

### Fun Ride Coordinator North

Howard Bagdad 303-278-0541  
FunRideNorth@dbtc.org

### Fun Ride Coordinator South

Lois Kahn 303-758-0092  
FunRideSouth@dbtc.org

### Road Ride Coordinator

Steve Ingraham 303-756-7847  
roadrides@dbtc.org

### Intermediate Ride Coordinator

Dale Trone 303-981-9161  
intermediaterides@dbtc.org

### Wednesday Fun Ride Coordinator

Joyce Terlaje 303-986-2011  
wedfunrides@dbtc.org

### "Roses" Ride Coordinator

Melba Bouquet 720-493-0564  
rosesrides@dbtc.org

### Historian

Sid Russak 303-773-3434  
Historian@dbtc.org

### Membership Database/Webmaster

Dave Grimes 303-986-7666  
webmaster@dbtc.org

### Map Sales (wholesale)

Dick Palmer 303-932-0355  
Mapsales@dbtc.org

### Newsletter Mailing Group

Carolyn Bauer 303-740-8491  
cmb8030@comcast.net

### Photo Gallery

Jeff Krinsky  
photogallery@dbtc.org

### Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Monday, March 2 at Perkins Restaurant, 1995 S. Colorado Blvd. If you wish to address the board, contact the secretary, Nancy Ryan: secretary@dbtc.org or 303-954-8033 so that your topic can be placed on the agenda.

## President's Letter

### Ludwig Goppenhammer

### Welcome to Our New Map Sales Coordinator, Dick Palmer



My name is Dick Palmer and I have been a bike club member for almost 20 years. I have been retired for the past seven years and prior to that, I was in the construction industry selling remodeling projects to both homeowners and businesses. For the past five years, I have worked at Bicycle Village selling bicycles and related accessories. My wife Mary and I are avid cyclists having been on numerous trips including Costa Rica. I am taking over as Bike Map Coordinator from Darlene Dietzler whose shoes it will be difficult to fill, but I will do this with determination and enthusiasm.

### Welcome to the New DBTC Treasurer, Lloyd Johnson



*Nancy Blizzard has resigned and Lloyd Johnson has agreed to take on the important role of DBTC Treasurer.*

His story: Born in Waco, Texas in the middle of the depression, the oldest of three; I grew up there. I left for the service during the Korean conflict, was discharged and came to Denver in early 1957 where I married and raised three children. I was a construction electrician that migrated into electronics, cable television, and telephony. I departed SPRINT in one of its mergers and spent five years in the California State University System where my original major was accounting. Computer programming was more fun so after receiving a B. S. in Computer Information Systems I went to work as a programmer with Chevron Corporation from which I retired.

I started jogging consistently in the early 1970's and jogged or swam regularly until my knees began a concerted protest about four years ago. Les Avery got me started in biking shortly thereafter so I have a little more than three years of experience on the bike—not counting the fifteen when young and considerably wilder. The DBTC ride leaders have introduced me to miles and miles of lovely trails (and some not so lovely) that have enhanced the biking experience and I would like to help promote that healthy life style. DBTC seems like a great group to further that end, so I take a bite of the apple—hopefully to chew successfully for all concerned.

**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 10th, but please send your articles earlier.

## JERSEYS FOR SALE at the Kick-off Party

Never purchased a DBTC jersey? Need a new one?

On our club rides, proudly show off your club affiliation by wearing a club Jersey. Make our cycling events a SEA of YELLOW CLUB JERSEYS.

When other riders see a group of riders with all the same jersey, then they ASK about the club, and THIS helps to PROMOTE and get new members to our club. Want a great deal on a jersey? Only \$50 (that's less than whole-sale.) We have ordered a lot of jerseys this year and are sure to have one in your size. Get yours at the Party, before someone else gets the last one in your size!

Jerseys sizes in stock:

Men: Med to 3XL

Women: SML to 2XL

Windshells: SML to 3XL



### Calling all Ride Leaders

**Patty Gaspar**

The ride coordinators are working on the April schedule now and by March 10th we will be working on May. Our summer goes fast. An interesting and varied schedule is why we all joined the club. Please look at your calendar and contact the appropriate ride coordinator—their email and phone information is on page 2. If you have never led a ride they will be glad to help you plan. If you are an old hand, we have your description from last year; just give us the date. Want to try something new? You might as well take some friends along.

## Newsletter by Email vs. Snail Mail

**Dale Trone, INT Coordinator and DBTC Board Member**

DBTC has offered the option of receiving your newsletter via email or snail mail for about five years. Currently, about half of our members receive their newsletter via email. I was an early adopter of the email version, but quickly opted out as the size of the email at that time filled my inbox. As is typical, our webmaster, David Grimes, has constantly been improving the format so that now most people are able to easily access it via their computer. Two years ago I again

opted for the DBTC newsletter via email. This time it worked like a charm. I receive a very small email containing a link to an online version of the newsletter. It arrives approximately five days earlier than the snail mail version. The pictures and graphics are in color, it's easy to find a ride for a specific date and I can always print the schedule. I can also take advantage of links in the newsletter for mapping to start locations, detailed trip information, pictures of events and other features that David has added to the website.

For every member getting an email newsletter vs. snail mail it saves the club approx. \$5, which helps keep your dues from going up. The post office announced a 2 cent increase in the cost of a stamp, and it takes two to mail the newsletter. I am fighting to keep the dues at the current level. Please try the email version by sending an email to [webmaster@dbtc.org](mailto:webmaster@dbtc.org). If it doesn't work, a second email to the webmaster will have it delivered to your mailbox.

PS: I can always use more INT ride leaders. Just send me an email with the details or questions. [IntermediateRides@dbtc.org](mailto:IntermediateRides@dbtc.org)

### St. Patrick's Day Bike Ride and BBQ Potluck

(ALSO MINI VELOSWAP—  
BRING BIKE ITEMS TO SELL)

SUNDAY MARCH 15TH 1PM  
MEET AT THE NE CORNER OF  
CHEESMAN PARK  
(13TH AND WILLIAMS BY CAPITOL HILL  
COMMUNITY CENTER)  
Fun / Intermediate Rides

RIDE OPTIONS:

- 1) TO CHERRY CREEK RESERVOIR AND BACK - 22 MILES
- 2) AROUND RESERVOIR - 30 MILES
- 3) LOOP IN RESERVOIR - 34 MILES

BARBEQUE FOLLOWS RIDE AT 4PM AT 1291 HIGH ST UNIT I.  
ENTER THROUGH CHEESMAN PARK—13TH AND WILLIAMS  
BRING SOMETHING TO BARBEQUE AND A SIDE AS FOLLOWS:

LAST NAME:    A-C BEVERAGE    D-J SALAD  
                  K-S    SIDE                    T-Z DESSERT

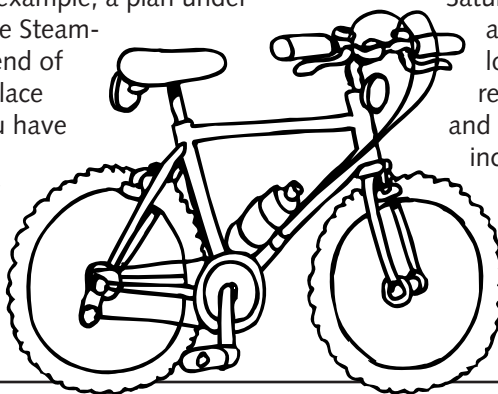
CALL DENNIS FITZPATRICK WITH QUESTIONS AT 303 322 0290



## Mountain Bike Trails Update

Jeff Baysinger

As you read this, the exciting summer riding season is drawing near! Start getting ready! Beginning in May, plans are being made for about one fun, trail-riding group campout per month. For example, a plan under development now is going to the Steamboat Springs area the last weekend of August this year. This would replace the Winter Park weekend. If you have thoughts on leading a favorite mountain bike ride, please bring these ideas to the Spring Kickoff.



In the meantime, some state park campground reservations have already been made for the spring Fruita trip scheduled May 9-11. Typical rides will be Loma area on Saturday, Rabbit Valley on Sunday, and the awesome Colorado National Monument loop on Monday. Two camp sites were reserved for Friday, three for Saturday, and two for Sunday. If you want to be included in these camping reservations, please bring this to the coordinators at the Spring Kickoff. Estimated cost is about \$10 per night.

## C&O Canal Trip – October 2010

Ellen Chilikas (outdoorsdiva@yahoo.com) is coordinating a week-long, professionally led tour of the C&O Canal in October 2010. Fat tire bikes are needed for this tour. The cost will be \$850, which includes hotels, all breakfasts and dinners, snacks, a sag vehicle, and tour leaders very familiar with the route and this part of the country. There will be some excursions available to local sights off of the C&O Canal as well. Bikes will also be

available for rent for \$100. Ellen is trying to get a tour reserved just for DBTC members. Please contact her for a detailed itinerary. A \$50 REFUNDABLE DEPOSIT PER PERSON IS NEEDED BY 6/30/09 TO DETERMINE IF THERE IS ENOUGH INTEREST TO DO THE TRIP. Please send the deposit to Ellen at PO Box 471803, Aurora, CO 80047. Check [www.dbtc.org](http://www.dbtc.org) for a detailed itinerary.

## Weather Forecast

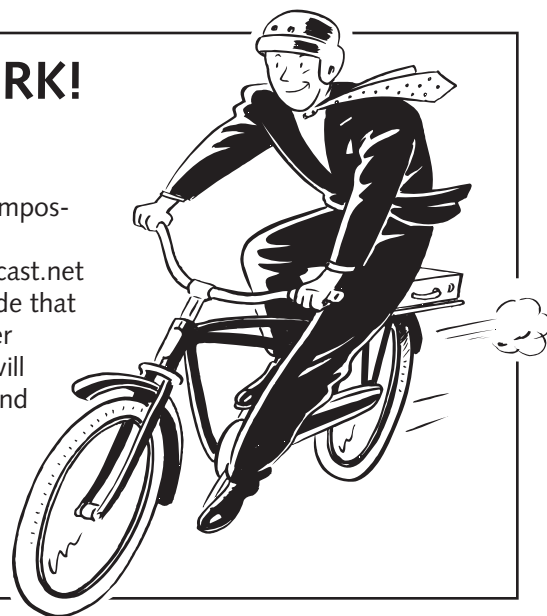
Ludwig Goppenhammer

Not sure what to wear? This is a great weather web site that not only gives weather forecast for localized areas, but gives the forecast of temperature by the hour throughout the day. I just keep a shortcut to it in my browser:  
[www.wunderground.com/US/CO/Denver.html](http://www.wunderground.com/US/CO/Denver.html)

## FUN RIDE TO WORK!

Gaar Potter

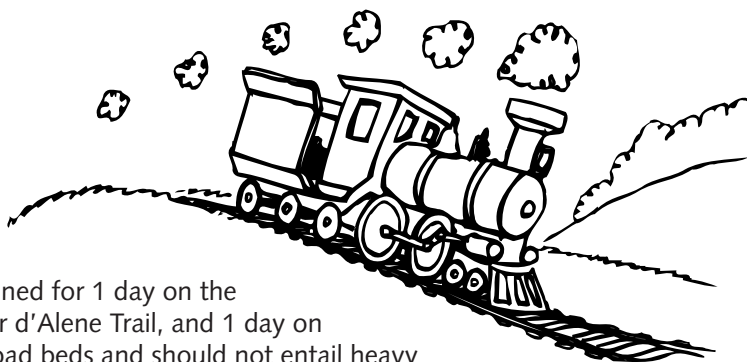
Do you have a weird/fun/difficult/impossible ride to work? Call Gaar Potter at 303-691-0938 or email [gaarpo@comcast.net](mailto:gaarpo@comcast.net) and I will do my best to lead a Fun Ride that incorporates your commute or another route that you would like to share, I will discuss details and options with you and you can join me for my scouting if you like. Everyone is getting tired of my same old Fun Rides, so let's do something useful with them!



# Coeur d'Alene, Idaho Camping Bike Trip

Aug. 16th-20th

Don & Marilyn Swett



\$105 includes 5 nights of camping. Bike rides are planned for 1 day on the Centennial Trail into Washington, 3 days on the Coeur d'Alene Trail, and 1 day on the Hiawatha Trail. All the trails are based on old railroad beds and should not entail heavy climbing. Planned bike rides will be out and back. The ride is at your own pace and you can do as much distance as you like (up to 70+ miles on some days). There will be no sag support. The Centennial Trail and the Coeur d'Alene Trails are paved, the Hiawatha Trail is pea gravel and mtn. or cross bikes are recommended for that trail. Mtn. bikes and lights (must have) are available for rent at the trailhead.

**FINE PRINT:** No meals or refreshments are included in the price, camping will be one step above primitive but we will have nearby hot showers and running water. Use fee on the Hiawatha is included in the price. The Hiawatha trail has bike rental options and shuttle service; we will provide that info but those reservations are made by you. A nonrefundable deposit of \$20 will be required to be submitted with registration and liability form. Forms can be found at the DBTC web site. Mail forms and check to Don Swett, 595 S. Alton Wy #3D, Denver, CO 80247. Balance will be due August 1, 2009. Contact Don or Marilyn Swett for more information and details, 303-791-5863 or don\_swett@comcast.net

## Glenwood Springs/Grand Junction, May 21-25, 2009

Road – Advanced Fun/Intermediate Road

Contact Carolyn Bauer: [cmb8030@comcast.net](mailto:cmb8030@comcast.net); Ellen Chilikas: [outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)

This trip will consist of 4 advanced fun/intermediate rides with several climbs, starting with a one-night stay in Glenwood Springs on Thursday, May 21. We'll have a group welcome breakfast meeting Friday morning for introductions and to distribute maps. On Friday we'll do a 46 mile out-and-back ride/climb past interesting sandstone formations through the town of Collbran to Vega State Park. Then we'll get back in our cars and drive to downtown Grand Junction for our 3-night stay. There are plenty of good restaurants and fun places to go to on the mall—all within walking distance of the hotel. On Saturday we'll do a 25 mile loop ride through the orchards and vineyards in Palisade. Sunday will be the day we explore the Colorado National Monument—either as a 45 mile loop in and around the park, or an out-and-back ride of 30-40 miles through the park itself. We'll have a group happy hour on Sunday night with appetizers and local wine. Monday's ride will be a great break on the drive home—we'll do a 30 mile out and back ride/climb from Rifle to the Rifle Falls State Park where we'll get to see an incredible rock "fin" that juts out from the ground. This is a great time to visit the Colorado western slope, as high temps are typically in the 60's-70's.

The \$300 trip cost includes 4 nights lodging (double occupancy in rooms with 2 Queen beds), 4 breakfasts, 1 happy hour, maps and plenty of fun.

Contact Carolyn Bauer [cmb8030@comcast.net](mailto:cmb8030@comcast.net) with reservations and / or questions. Send the \$125 deposit check (written to Carolyn Bauer), roommate requests and all three DBTC tours forms [www.dbtc.org](http://www.dbtc.org) to Carolyn (8970 Old Tom Morris Circle, Highlands Ranch, CO 80129) by April 17. Remainder of the trip cost (\$175) is due May 1.

## Walden Overnight Tour

Gaar Potter

Meet Gaar Potter (303) 691-0938 at 9:30 AM **Saturday September 5 (Labor Day weekend)** at Ace Hardware in Granby. (On the right side of Highway 40 near the West end of Granby). We will ride over Willow Creek Pass to Walden (approx. 60 miles) and overnight in Walden. Walden is no metropolis, but it has a couple of restaurants and a liquor store. Make your own reservations (recommend Chedsey Motel (970) 723-8201). No sag support. Willow Creek Pass is about 2000' of climbing in about 20 miles. (Not bad). We will return Sunday morning, and should be back in Granby by 1:30 or so Sunday. Trip is designed to avoid peak traffic both on bike and by car. Road between Granby and Walden is lightly traveled

## 2009 Advance Planning Calendar

<p>March 14-16 <b>Moab Skinny Tire Festival</b> skinnytirefestival.com Moab, UT</p> <p>April 23-26 <b>Fruita Fat Tire Festival</b> emgcolorado.com Fruita, CO</p> <p>April 26 <b>Fort Collins Cycling Club Spring Warmup Ride</b> fccycleclub.org Fort Collins, CO</p> <p>May 16 <b>Buena Vista Bike Fest</b> bvbf.org Buena Vista, CO</p> <p>May 17 <b>Community Classic Bike Tour</b> McKeefoundation.com Loveland, CO</p> <p>May 17 <b>Santa Fe Century</b> santafecentury.com Santa Fe, NM</p> <p>June 7 <b>Elephant Rock Ride</b> elephantrockride.com Castle Rock, CO</p>	<p>June <b>Greenwood Goosechase</b> goosechase.org Greenwood Village, CO</p> <p>June 20 <b>Starlight Spectacular</b> starlightspectacular.org Colorado Springs, CO</p> <p>June 20, 2009 <b>Blue River Century &amp; Metric Century</b> bluerivercentury.com Keystone, Summit County, CO</p> <p>June 14-20 (Tentative) <b>Ride the Rockies</b> ridetherockies.com Durango to Breckenridge</p> <p>June 21-27 <b>Bicycle Tour of Colorado</b> bicycletourcolorado.com Glenwood Springs/ Crested Butte Loop</p> <p>June 24 <b>Bike to Work Day</b> drcog.org Denver Metro area</p>	<p>June <b>Tour de Prairie</b> cheyennecity.org Cheyenne, WY</p> <p>June 27-28 <b>MS 150 Bike Tour</b> nationalmssociety.org/ chapters/COC/index.aspx Colorado – Route TBA</p> <p>July 11 <b>Triple Bypass</b> teamevergreen.org Bergen Park, CO</p> <p>July 12-17 <b>Tour de Wyoming</b> cyclewyoming.org Location TBD</p> <p>July <b>Moonlight Classic</b> moonlight-classic.com State Capitol, Denver, CO</p> <p>July 19-25 <b>RAGBRAI</b> ragbrai.org Iowa—Route TBA</p> <p>July 25 <b>Colorado—Eagle River Ride</b> vailvelo.com Beaver Creek, CO</p>	<p>July 25-27 <b>Courage Classic</b> couragetours.com Copper Mountain, CO</p> <p>July <b>Tour De Steamboat</b> rockypeakproductions.com Steamboat Springs, CO</p> <p>July <b>Durango-100 Century</b> durango100.com Durango, CO</p> <p>August <b>Pikes Peak Classic</b> s-cap.org Buena Vista, CO</p> <p>August 1, 2009 <b>Copper Triangle Alpine Classic</b> www.coppertriangle.com Copper Mountain, CO</p> <p>August 1-8 <b>CANDISC: Cycling Around North Dakota In Sakakawea Country</b> ndparks.com/recreation/ activities/candisc.htm North Dakota Route TBD</p>	<p>August 2-8 <b>Colorado Rocky Mountain Bike Tour</b> crmbt.com Montrose, CO</p> <p>August 15 <b>Stonewall Century Ride</b> spcycling.org La Veta, CO</p> <p>August 22 <b>Tour de Cure</b> diabetes.org Longmont, CO</p> <p>August 30, 2009 <b>Venus de Miles</b> www.venusdemiles.com Longmont, CO</p> <p>September 13 (Tentative) <b>Buffalo Bicycle Classic</b> buffalobicycleclassic.com Boulder, CO</p> <p>September 17-20 <b>Tour of the Vineyards</b> Coloradowinefest.com Palisade, CO</p> <p>September 19 <b>Moab Century Tour</b> skinnytirefestival.com Moab, UT</p>
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### DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

<p>ARAPAHOE CYCLERY 6905 S BROADWAY UNIT 169 LITTLETON, CO 80122 303-797-1858 arapahoecyclery.com</p> <p>ARVADA BIKE COMPANY 6595 WADSWORTH BLVD ARVADA, CO 80003 303-420-3854</p> <p>BICYCLE PEDAL'R 2030 E. COUNTY LINE ROAD LITTLETON, CO 80126 303-730-8038 BicyclePedalr.com</p> <p>BIG KAHUNA BICYCLES 8246 W BOWLES AVE UNIT 2 LITTLETON, CO 80128 720-981-5199 bigkahunabicycles.com Includes 10% discount on bikes!</p> <p>BIKE SOURCE *2690 E COUNTY LINE RD LITTLETON, CO 80126 303-221-4840</p> <p>*2665 S. COLORADO BLVD DENVER, CO 80222 303-759-5099 bikesourceonline.com</p>	<p>CAMPUS CYCLES 2102 SO. WASHINGTON ST. DENVER, CO 80210 campuscycles.com</p> <p>CYCLE ANALYST 722 S. PEARL St. DENVER, CO 80209 cycleanalystinc.com</p> <p>DERBY BICYCLE CENTER 410 EAST 104TH AVE THORNTON, CO 80233 303-288-4100 derbybicyclecenter.com</p> <p>ECHELON SPOKES &amp; SLOPES 297 N. Hwy 287, Ste 110 Lafayette, CO. 80026 303-604-1825 echelonspokesandslopes.com</p> <p>FOOTHILLS CYCLING 11651 W. 64th AVE. ARVADA, CO 80004 303-420-0815 foothillscycling.net</p> <p>GOLDEN BEAR BIKES 290 NICKEL STREET BROOMFIELD, CO 80020 303-469-7273 goldenbearbikes.com</p>	<p>GREEN MOUNTAIN SPORTS 2950 S BEAR CREEK BLVD LAKEWOOD, CO 80228 303-987-8758 greenmountainsports.com</p> <p>LITTLETON CYCLERY 2640 W BELLEVIEW AVE UNIT F SUITE 100 LITTLETON, CO 80123 303-798-5033 littletoncyclery.com</p> <p>PEAK CYCLES 801 14 th ST. SUITE B GOLDEN, CO 80401 303-216-1616 BikeParts.com</p> <p>SCHWAB CYCLES 1565 PIERCE ST LAKEWOOD, CO 80214 303-238-0243 schwabcycles.com Restrictions: No discount on Shimano and Campagnolo</p> <p>SPORTS PLUS 1055 S GAYLORD ST. DENVER, CO 80209 303-777-6613 sportsplusdenver.com</p>	<p>CHERRY CREEK VELO 1435 S. Holly DENVER, CO 80222 303-691-5650 25% off Sampson Pedals 10% off bikes and parts</p> <p>THE GOLDEN BIKE SHOP 722 WASHINGTON AVE GOLDEN, CO 303-278-6545</p> <p>TREADS BICYCLE OUTFITTERS (3 locations) *10831 S. CROSSROADS DR. PARKER, CO 80134 303-690-2900</p> <p>*16701 E ILIFF AVE AURORA, CO 80013 303-750-1671</p> <p>*3234 S. WADSWORTH BLVD LAKEWOOD, CO 80227 303-781-1162</p> <p>WESTSIDE CYCLING &amp; MULTI SPORT 7310 W COLFAX LAKEWOOD, CO 80214 303-237-1115</p>
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## 2009 DBTC Activity and Tour Calendar

Email the trip contact for more information. Email Ellen (outdoorsdiva@yahoo.com) to get your trip added to this list.

### March 21st Kick Off Dinner

Location: Wheatridge, CO  
See March newsletter for details

### May 9-11

Trip Type: MTB (Road riders welcome)  
Location: Fruita, CO  
Lodging: Camping  
Contact: Jeff Baysinger  
dbtc80228@yahoo.com  
Status: Planning

### May 21-25

Trip Type: Advanced Fun/Intermediate Road  
Lodging: Hotels  
Location: Glenwood/  
Grand Junction, CO  
Contacts: Carolyn Bauer  
cmb8030@comcast.net  
Ellen Chilikas  
outdoorsdiva@yahoo.com  
Status: Open

### May 25

Event: DBTC Memorial Day Picnic  
www.dbtc.org  
Prospect Park, Wheat Ridge

### Jul 2-5

Trip Type: Intermediate Road  
Lodging: Hotel  
Location: Walden, CO  
Contact: Mary Sue Dickerson  
marysuedickerson@gmail.com  
Karen Jenneman  
karen\_jenneman@hotmail.com  
Status: Open

### July

DBTC Picnic  
www.dbtc.org  
Location TBA

### Aug 15-21

Trip Type: Advanced Fun/Intermediate Road/hybrid bike  
Lodging: Camping  
Location Coeur d'Alene, Idaho  
Contact: Don Swett  
don\_swett@comcast.net  
Status: Open

### Aug 23-29

Trip Type: Intermediate Road  
Lodging: Hotel  
Location: Kalispell, MT  
Contacts: John Campbell, jwc@rmi.net  
Ellen Chilikas  
outdoorsdiva@yahoo.com  
Status: Full, wait list being accepted

### Sep 4-7

Trip Type: Intermediate/Road  
Lodging: Hotel  
Location: Summit County, CO  
Contact: Diane Short, dianbike@eazy.net  
Status: Planning

### Sep 5-6

Trip Type: Intermediate/Road  
Lodging: Hotel  
Location: Walden, CO  
Contact: Gaar Potter  
gaarpo@comcast.net  
Status: Open—contact Gaar for details

### Sep 12

Event: Tour de Trois Routes en Velo  
Trip Type: Fun/Intermediate  
Location: Lions Park, Golden, CO

### Sep 18-21

Trip Type: MTB and Road  
Lodging: Camping  
Location: La Junta, CO  
Contact: Stuart Black  
cyccommute@aol.com  
Status: Planning

### Oct 9-12

Trip Type: MTB (Road riders welcome)  
Lodging: Camping  
Location: Moab  
Contact: Jeff Baysinger  
dbtc80228@yahoo.com  
Status: Planning

### Oct 10-15, 2010

Trip Type: Hybrid/MTB (hard pack bike paths)  
Lodging: Hotels  
Location: C&O Canal – Potomac River Valley – DC, PA, MD, VA  
Contact: Ellen Chilikas  
outdoorsdiva@yahoo.com  
Status: \$50 deposit to Ellen by 6/30/09

## WALDEN BIKE AND SPORT HOLIDAY WALDEN, CO July 2nd – 5th, 2009

Road – Advanced Fun/Intermediate Road  
Contact Karen Jenneman:  
Karen\_Jenneman@hotmail.com  
or Mary Sue Dickerson:  
marysuedickerson@gmail.com

Trip Summary: The trip consists of 3 winning fun/intermediate rides with several climbs, along with opportunities to hike and bowl, or show off your prowess at the pool table! Early birds meet Thursday, July 2nd, for a picturesque hike on our way to Walden, and the rustic elegance of Antlers Inn. Thursday evening we assemble at the Inn to enjoy a Welcome Happy Hour for introductions and maps.

Friday's ride passes through scenic North Park on our way to Willow Creek Pass (9,621) on the Continental Divide!!! Options for a 65 mile out & back easy climb to the pass with a stop at Arapahoe Nat'l Wild Life Refuge, or you can do a Century Ride into Granby and back. Friday dinner on your own, with plans to join locals for a pre-4th celebration at the local bowling alley/pool hall for a Western Evening. Saturday ride from Antlers toward rustic Rustic (44 mile out/back option), or continue on to Cameron Pass (10,276) for a 61-mile out & back with moderate climbing. Another Divide opportunity!! After all those hard biking miles, Saturday's group dinner will be a surprise celebration of our "Rocky Mountain High"...! Sunday, after another great breakfast, bid farewell to Walden and head out for your choice of 16- or 30-mile options on spectacular rides to or through Kings Canyon. All rides (except possibly Sunday) start right from Antlers' door. How fun is that? No shuttles! What more could you ask, for the 4th of July...?

Graduated pricing from \$240 to \$285pp (Single Supplement Available) includes 3 nights lodging (double occupancy in rooms with 1 Queen or Full Bed/2 Queen or Full beds, or 1 King—larger room), 3 full breakfasts, 1 group dinner, 1 happy hour, maps, directions, options, and MILES of FUN.

Contact Karen Jenneman, Karen\_Jenneman@hotmail.com with reservations and/or questions. Send \$100 deposit, roommate requests and all three DBTC tour forms (www.dbtc.org) to Karen by April 27th. Remainder of the trip payment, depending on room selection, is due May 18th, 2009. Trip will go if at least 8 of the 10 rooms are booked, and deposits returned if trip is cancelled.

## DBTC "WINTER'S ALMOST OVER" ACTIVITIES 2009

Winter is blowing out and we will have some beautiful March days getting us ready for the official season to start in April. Our ride coordinators are working on the April Schedule so contact them with your ideas for spring rides. Late winter riding conditions make it difficult to pre-plan rides; therefore, our scheduled rides are show-and-go.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the next newsletter or contact Patty at 303-989-8268.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
ROSES – Leisurely	H1 – Flat	This is an	NW	Arrive early enough to
FUN – Comfortable	H2 – Small Hills	estimate;	NE	unload your bike and
INT – Brisk	H3 – Some Climbs	options	SE	be ready to leave
ROAD – Fast	H4 – Serious Climbs	may be	SW	at the time shown.
ATB – Unpaved Roads	T1 Beginner to T4 Highly skilled riders	offered	W	
MTB – Mountain Bikes	P1 to P4 physical conditioning required			

Rides are cancelled if the temperature is below 40 degrees at start time or it is raining or snowing.

**Ride Locator:** There is a guide to the most frequent start locations on our website, [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest to make a map to the starting location.

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### DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

### DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to:

[ColoradoBicyclist-subscribe@yahoo.com](mailto:ColoradoBicyclist-subscribe@yahoo.com)

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

### DBTC Mountain Biking E-Mail List

To join, send an e-mail to: [COMtnbikers-subscribe@yahoo.com](mailto:COMtnbikers-subscribe@yahoo.com)

**You can join both groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

### Please Note:

- Joining either of these Yahoo Groups does not make you valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))
- The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

## MARCH Ride & Event Schedule

### Winter Riding Guidelines

**Weather:** forecast temperature above freezing with dry conditions.

**Clothing:** wear layers, outer windbreaker, hat/ear covers, gloves, toe covers and riding/sports pants

**Other:** bring water, repair items and a snack

### 2009 DBTC SPRING ROAD RIDE TRAINING. (MARCH, AND APRIL 2009)

It's time to get ready for the road cycling season. These Spring training rides are set up for road riders who wish to improve their overall cycling fitness.

- Training rides will be posted on the DBTC Yahoo group site on or after Wednesday each week. This will allow time to see if the weather is good for a Saturday or Sunday ride. Cancellation of the ride can occur if the temperature is below 30° F and/or roads are wet. Check the Yahoo group site one hour before each morning ride at the following link: <http://groups.yahoo.com/group/ColoradoBicyclist>
- All training rides will start at Las Margaritas, 10151 W. 26 Ave & Kipling, Wheat Ridge, CO, located across Kipling St. from Crown Hill Park. Park in the northwest corner of the parking lot.
- Mileage is from 20 miles to 35 miles, not too hilly, with longer options for climbing improvement.
- Pace will be 15+ MPH with regrouping.
- Pacelines are encouraged but not required.
- Those who want to do the ride at their own pace are also welcome.
- The ride leader will provide maps for the routes. Maps on the DBTC website ([www.dbtc.org](http://www.dbtc.org)) for these rides are: "Crown Hill-Quaker-Golden Loop" & "Crown Hill-Morrison-Golden Loop"
- Start time will be 11:00AM. Please arrive 15 min. early.

Contact *Donald Schmertz* by eMail at [roadrider80226@yahoo.com](mailto:roadrider80226@yahoo.com) with questions.

### WEDNESDAY FUN GROUP

**FUN/INT- H 1 to 3-TBD 11:00 AM** The Wednesday Fun group will continue to ride throughout the winter. We will meet at various places. You can use the DBTC Message Board to post additional rides.

- Mar 4th Meet at Washington Park in the parking lot at the SW edge of Smith Lake, near the intersection of Downing St. and Exposition Ave.
- Mar 11th Meet at Mineral & Santa Fe Park-& Ride, Santa Fe Drive at Mineral.
- Mar 18th Meet at Crown Hill Park in Lakewood, in the parking lot with bathrooms at Garland Street and 26th Ave, just east of Kipling St.
- Mar 25th Meet at Village Green parking lot by the Dam Road and E Union Ave.

### WEDNESDAY "ROSES" GROUP

These hardy riders continue all winter. Wednesday's "Roses" rides are 1-20, SW, 11AM. "Roses" will meet when the perceived temperature is 40 or above (i.e. taking wind chill into account) and trails are clear, for "Show and Go" rides from Carson Nature Center (N on So Platte Parkway, West of Mineral and Santa Fe, opposite Aspen Grove Shopping Center). Riders attending will determine route. Bring a snack and money for lunch at a favorite restaurant after the ride. Questions, call *Melba Bouquet* 720-493-0564. Check [www.noaa.gov](http://www.noaa.gov) "Tabular forecast" for Littleton, CO for the hourly forecast including wind.

### WEEKDAY SKIING WITH LIN HARK

Watch for updates on the DBTC email group (see details about how to sign up above) or contact Lin Hark: [linbike@juno.com](mailto:linbike@juno.com) or 303-674-9369.

### WEEKEND SNOWSHOE AND/OR CROSS COUNTRY SKI TRIPS

March 29th Meet *Mark Smith* (303-814-6823, [mark98027@aol.com](mailto:mark98027@aol.com)) at 9:30am at The Fort for a snowshoe/cross country ski trip somewhere in the Hwy 285 corridor. Dogs are encouraged.

### SATURDAY, SUNDAY AND HOLIDAY FUN & INTERMEDIATE RIDES

**FUN-2/3-20/30-NESW 11:00AM** Many of the winter rides are Show-n-Go. The riders who show up on these days will decide among themselves the route, the mileage, the pace and the after-ride restaurant. The starting locations are places where many rides have begun in the past and thus several riders will have an idea of possible routes to be taken. All rides start at 11:00AM.

Sun, Feb 28 SW – Stone House, east side of S Estes, just south of Yale (Show-n-Go)

Sun, Mar 1 NW – Prospect Park, 44th & Robb (Show-n-Go)

Sat, Mar 7 SE – Village Greens Park, just east of Union and Dayton (Show-n-Go)

Sun, Mar 8 NW – Clear Creek Trail Head, 41st and Youngfield (Show-n-Go)

Sat, Mar 14 Meet in the Middle Rides

**FUN-H1-12-SE 10:00 AM** Meet *Susan Gregory* (303-477-9233) at Cook Park Recreation Center, 7100 Cherry Creek South Drive in the west parking lot. We will ride to The Market in Larimer Square for a good cup of coffee and really delicious pastry or deli food.

**INT-H1-27-SE 10:00 AM** Meet *John Mues* (303-795-6167) at Fairmont Cemetery (Alameda & Quebec) using the Quebec St.

entrance. Please park to the left of the driveway you come in on, at the east end of this lot, under the evergreens. We will ride the Highline Canal and Cherry Creek trails to the Market in Larimer Square to meet the Fun ride group for a good cup of coffee and really great pastries and deli food.

Sun, Mar 15 St. Patrick's Day Ride – Ride and picnic from Cheesman Park. See the announcement for details.

Sat, Mar 21 SE – Cherry Creek HS, Union and Dayton (Show-n-Go)

Sun, Mar 22 NW – McDonald's parking lot at 80th & Wadsworth (Show-n-Go)

Sat, Mar 28 NW – Wagon Road PNR, I-25 and 120th Ave, Huron St side- (Show-n-Go)

Sun, Mar 29 SW – Littleton PNR at Santa Fe and Mineral (Show-n-Go)



### NEWSLETTER VIA EMAIL...

The newsletter is available by email. If this works for you, send your email address to [webmaster@dbtc.org](mailto:webmaster@dbtc.org).

DBTC Members  
joined since 12/13/2008

CINDY CASON  
KATHY DUPONT  
AUDEEN & KEN FALLER  
LAURA KAPINSKI-HESTER  
LOIS WILLIAMS  
& FRANK MACFADDEN  
LIZ OTT  
HAMID RAZZAGHI  
ROBERT LEE STAMEY  
MATTHEW WRIGHT

Taking a trip?  
Going on vacation?  
Taking your bike?

DBTC has bike boxes  
ideal for travel.

Contact Gaar Potter: 303-691-0938  
or [gaarpo@comcast.net](mailto:gaarpo@comcast.net)