



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

NOV / DEC 2020

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## DBTC Virtual VRE 2020

### **Please join us for a Virtual DBTC Annual Meeting and Volunteer Recognition Event (VRE)**

**Our 2020 VRE Wine Party,  
*Pedaling Through the Pandemic*  
will be held on-line on Friday, November 13, 2020  
at 5:00 p.m.**

Join us for a totally unique VRE as we gather in cyberspace to keep everyone safe, while still coming together to celebrate an unforgettable year of COVID cycling.

We have prepared a slide show of a few fun bicycling videos, we will draw names for door prizes, and elect new Board members. We will of course honor the many volunteers who keep DBTC alive - Board members, Ride Coordinators, and the strong and courageous Ride Leaders who led us through 2020.

We need a quorum of at least 25 members in order to elect new Board members. So please set aside an hour of your time to join in and make that happen!

Just click [HERE](#) to register and be eligible for door prizes. All members may attend but only those who are registered will be eligible for door prizes! If the above link isn't working for you, please visit the [dbtc.org](http://dbtc.org) home page to register for door prizes.

The Zoom Meeting ID: 416-542-1124  
the password is: Bicycle.



## DBTC's Officers

President Helen Berkman <a href="mailto:president@dbtc.org">president@dbtc.org</a>	720-355-5687
Vice President Cyndy Klepinger <a href="mailto:vicepresident@dbtc.org">vicepresident@dbtc.org</a>	303-394-4962
Secretary Phil Gee <a href="mailto:secretary@dbtc.org">secretary@dbtc.org</a>	720-319-8087
Treasurer Steve Thomas <a href="mailto:treasurer@dbtc.org">treasurer@dbtc.org</a>	303-419-2531
Board Members at Large	
Marilyn Choske <a href="mailto:mjchoske@gmail.com">mjchoske@gmail.com</a>	303-905-8510
Riggs Osborne <a href="mailto:riggs2000belinda@yahoo.com">riggs2000belinda@yahoo.com</a>	720-428-2602
Nelson Paler <a href="mailto:n.paler@att.net">n.paler@att.net</a>	303-803-8583
Linda Wheeler <a href="mailto:528tiernan@gmail.com">528tiernan@gmail.com</a>	419-973-8282
Virginia Dudley <a href="mailto:vdudley@hotmail.com">vdudley@hotmail.com</a>	303-810-0233

## Directors and Staff

Director of Ride Activities Patty Gaspar <a href="mailto:Patty@gasparjones.com">Patty@gasparjones.com</a>	303-989-8268
Out of Town Tour Director Kathy Stommel <a href="mailto:OutOfTownTours@dbtc.org">OutOfTownTours@dbtc.org</a>	719-671-5579
MTB Coordinator Chuck Caldwell <a href="mailto:ccaldwe@yahoo.com">ccaldwe@yahoo.com</a>	303-807-1562
Fun Ride Coordinator North Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Fun Ride Coordinator South Ellen Fitzpatrick <a href="mailto:FunRideSouth@dbtc.org">FunRideSouth@dbtc.org</a>	303-756-2517
Road Ride Coordinator <a href="mailto:roadrides@dbtc.org">roadrides@dbtc.org</a>	OPEN
Intermediate Ride Coordinator Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Weekday Fun/Int Ride Coordinator Patty Gaspar <a href="mailto:Patty@gasparjones.com">Patty@gasparjones.com</a>	303-989-8268
Leisure Ride Coordinator <a href="mailto:mtnlin08@gmail.com">mtnlin08@gmail.com</a>	
Information Coordinator Ellen Chilikas <a href="mailto:info@dbtc.org">info@dbtc.org</a>	
Membership Database/Webmaster Jeff Krinsky <a href="mailto:webmaster@dbtc.org">webmaster@dbtc.org</a>	720-373-9107
Communications Director Kathleen Shelton <a href="mailto:communications@dbtc.org">communications@dbtc.org</a>	303-264-9878
Map Sales (wholesale) Doug Schuler <a href="mailto:mapsales@dbtc.org">mapsales@dbtc.org</a>	303-829-5861
Guest Relations Mary Stewart <a href="mailto:guestrelations@dbtc.org">guestrelations@dbtc.org</a>	

## Board Meetings

Members wishing to attend a board meeting are welcome! The DBTC board meets the second Monday of each month via ZOOM during COVID-19 crisis; otherwise the DBTC board meets the second Monday of each month at 6pm, Perkin's Restaurant (1995 S. Colorado Blvd). Anyone wishing to address the board, contact the president at [president@dbtc.org](mailto:president@dbtc.org) or call 720-355-5687 so your topic can be placed on the agenda.

# The President's Page

Helen Berkman

## President's Log:

Earthdate November 1, 2020

The good news is that there are only 2 days left (!) of this election season, and this is the last newsletter of 2020. The bad news is that as I write this, much of our beautiful Colorado is burning, and we're facing more COVID infections. To paraphrase the Judith Viorst children's book, we're reaching the end of a Terrible, Horrible, No Good, Very Bad Year! I hope that in spite of the pandemic, you were able to ride with DBTC friends this year and keep in touch with friends and family around the country, even if only virtually. And I'd like to hear from any of you who have been impacted by the fires, either due to mountain property you own or a favorite vacation spot you've frequented. We want to find ways for your DBTC community to support you!

As we all know, it's possible to keep biking in Colorado even though we're heading into November. Your DBTC leadership is offering another way to help you pedal through another COVID winter: Show and Go PLUS a new feature: Pair and Go! See details below under DBTC Ride Announcements. And check the Ride Schedule - there are several early November rides and Show and Go after that. Our winter rides are generally more social, start later, and together the riders decide the route and distance. If you do keep riding in the winter, please remember that it's time to slow down and stay in control as ice becomes a factor in the shady areas of streets and trails.

As we close out the year, please register for our first (and we hope ONLY) Virtual Annual Meeting and Volunteer Recognition Event. Yes, it's on Friday the 13th! (seems appropriate for 2020 doesn't it?) Please attend to show your support for, and give your vote to, our Board candidates! You can find registration information on page 1 and on the [dbtc.org](http://dbtc.org) home page.

And please start dreaming about the possibility that we'll be able to start up out-of-town trips again in 2021. Check out the article on possible out of town trips in New Mexico, Colorado, and Idaho.



## DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

### The Mission Statement of the Denver Bicycle Touring Club is to:

*Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public. Advocate and support bicycling routes with local governments in the Denver Metro area.*

# That Email Is NOT From the DBTC President

Phishing emails are still making the rounds occasionally. People have reported that emails have gone out apparently from "Helen Berkman" or "President" vaguely asking for "a favor" or "a reply" or asking recipients to buy gift cards for veterans or others. This is a reminder that your DBTC president will never send an email asking for money or gift cards. Please do not hit "reply" to these emails or make any purchases. Check the address if you're unsure. The email address is a fake address, not the official dbtc.org address or the correct personal email of the President.

# Plan a Ride with the DBTC Bike Route Map!

Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact [president@dbtc.org](mailto:president@dbtc.org) for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.



## Social Media for DBTC

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.



### To follow us on Facebook:

Go to [facebook.com](https://www.facebook.com) and join the DBTC page where you can find links to articles discussing the cycling community along the front range.



### To join Meetup:

Go to [meetup.com](https://www.meetup.com) and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups.



### Yahoo Groups will be discontinued in December 2020

Yahoo is discounting yahoogroups so both of our yahoo groups will be discontinued in December - ColoradoBicyclist@yahoogroups.com and COmtnbikers@yahoogroups.com. We have had them for at least 20 years, so it appears to be time to move to a newer platform. Check out the new pairing system.

## WELCOME

### NEW DBTC MEMBERS

**Kate Allen**

**Patty Heiser**

**M.P. Matthews**

**Russell Peterson**

**Robert Shedd**

# DBTC Board Member Candidates 2020

## Karen Betstadt Board candidate

Hi all DBTC members, I am writing as a Board candidate. I am a retired Clinical Psychologist (and, no, I do not diagnose when I am not on duty, so no worries). Prior to that 20+ year career I was a Respiratory Therapist and ran the Pulmonary Function Testing Lab in Santa Fe, New Mexico, and before that I partnered in a stone-cutting business, and before that...

I have lived in Denver for the past 30 years and have performed in plays and did a little standup in my recent years. I am involved in the National Federation of State Poetry Societies and play a lot of duplicate bridge. But bike riding has been my saving grace this summer and I owe my sanity to the DBTC community that, not only offers an array of ride options with great ride leaders, but also has also a most welcoming group of people.

I have been submitting poems for the Newsletter, and would love to see that expand to include an article or very short story about bike riding submitted by other DBTC members, 'cause I know you are out there! I just see as being on the Board as a way of giving back to DBTC. Thanks for the opportunity.



## Mark Shimoda Board candidate

In 1976, I signed up for a bike ride in France and the ride leader suggested that I join DBTC if I wanted to ride with others and learn more about bicycling. So I did. Since then I have enjoyed the club and have benefited from it. I have ridden countless rides with both mountain bikers and road riders and have been physically challenged on many rides. I have met many people through the club and find that my circle of friends today consists mostly of DBTC members. Also, the many rides I have done have taken me to places that I would never have experienced if it were not for DBTC. As a board member, I hope to have DBTC continue to provide positive experiences for members on and off the bike.

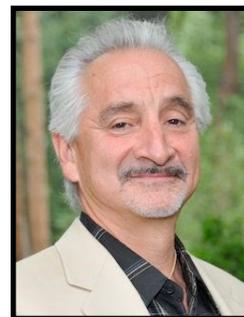


## Ron Vasquez Board candidate

After several years as a test engineer in aerospace, a process engineer in defense aircraft manufacturing, and a project manager for Department of Energy; I have spent over fifteen years working at community colleges and K-12 education to implement workforce development programs and to advance student education, college and career coaching, project based learning, tutoring, and paid internships with a passion to assist first generation college students.

My work in this field began at the Colorado School of Mines as an instructor in their Multicultural Engineering Program and has continued through my work as director of the JumpStart into Aerospace program and instructor of physics at Community College of Denver, adjunct instructor at Front Range Community College, The Learning Source, the summer STEM program for the APS Pathways program, and the Post-secondary Workforce Readiness at Aurora Public Schools.

On the topic of activities and having fun, I played soccer one year at Regis High School and played soccer four years at Colorado School of Mines. I was captain of the Mines soccer team for one year and continued playing soccer for the next 30 years. Currently, group bike rides, lakes, and warm sand beaches are at the top of the heap.



## Helen Berkman

– Helen, the current President of DBTC, has been on the Board for four years, and has agreed to run for another two-year term.

“After 6 ½ months of leading us through these perilous times, I can say it’s getting a little more manageable, so I’ll keep on keeping on’ in 2021 and hope we’ll be looking forward to out-of-town trips again next year!”



## Virginia Dudley

– Virginia was appointed by the Board in 2020 in accordance with the By-Laws, and is serving the remainder of the 2020-21 term of a member who resigned. Here is a short note from Virginia since we didn’t have the opportunity to introduce her to you last year!

“I’ve ridden many of the roads and passes in Colorado and then discovered DBTC and their out-of-town tours like the San Juan Islands, Durango and Door County. I’ve also supported the Courage Classic and the MS 150 many times. Besides biking, I like to travel. The people in DBTC are a great group of people and it’s fun to get to know them.”



**Marilyn Choske** – Marilyn has been on the Board for two years and has agreed to run for another two-year term.

“I’ve enjoyed leading day rides and out-of-town tours along with getting to know better our members and would like to continue to represent our DBTC members for another 2-year term. Remember that your DBTC Board always welcomes hearing feedback from you!”



# DBTC Fall Caramel Apple Rides

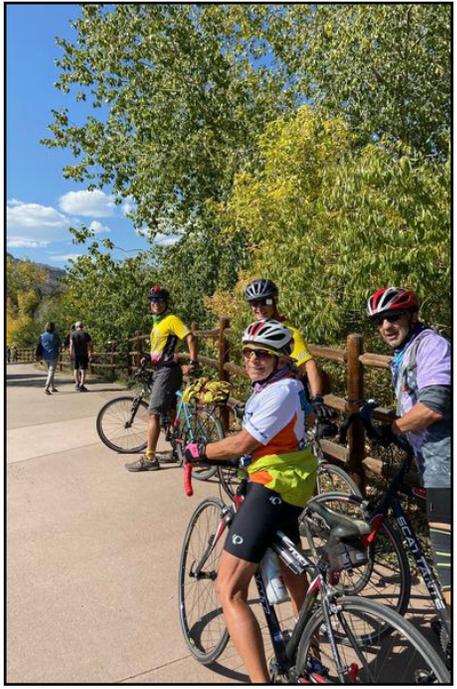


***On Saturday, October 10th, many club members gathered at Clement Park for a day of comraderie and riding! There were many rides to choose from: Leisure to Fun and even a Metric Century!***

# Caramel Apple Metric Century Ride with Jeff K



**Jeff K. led the Metric Century Ride during the Caramel Apple Fall Rides on October 10th!**



# DBTC Member Profile: Mary Stewart

*We've added a new bimonthly feature to the DBTC Newsletter, appropriately called "DBTC Member Profile". Every other newsletter will feature a DBTC member with their brief bio and photo. Contact Marilyn (mjchoske@gmail.com) or any other Board member to submit a member's name for us to consider for this article.*

Chances are that many of you DBTC members have met and ridden with Mary Stewart, our Nov/Dec 2020 Featured Member. Mary originally hails from South Dakota and it was during her 3-year stint in Chicago that she took up bicycling. After her move to Colorado in 1981, Mary joined the DBTC and immersed herself in its offerings. Glenwood to Aspen was her first out of town tour, and she's enjoyed many more since – a few of her favorites: Door County, WI, the 2-day "Hilly Hundred"-Bloomington, IN, Sugar River Trail (rail trail), WI, (her first self-contained tour--she remembers it as "humidity, mosquitoes, and beer"!), Ketchum/Sun Valley, ID.

Mary's contributions to DBTC include serving on the Board as Treasurer/Membership Services (when DBTC boasted 1,000 members!), leading rides, especially "breakfast rides", and currently serving as the DBTC Guest Services contact person. She comments, "The value of my membership in DBTC has resulted in lifelong friendships!" In addition to mountain and road bicycling, Mary is an avid outdoorswoman who enjoys downhill & cross-country skiing, hiking, and adventure travel. She also supports theatre, museum, and the arts. Try keeping up with this on-the-go gal!



## Sand Creek Mural Project

By the time you read this Newsletter, the artist working on the Sand Creek mural will have finished her masterpiece. This lovely mural graces the wall on the Sand Creek Regional just west of the confluence of Westerly and Sand Creeks in Denver. Definitely worth a stop to check it out!



### SOUTH PLATTE RIVER TRAIL DETOUR

There is a detour on the Platte River Greenway between Exposition and Louisiana Avenues, due to an old wooden retaining wall that is collapsing. There is nothing on the schedule yet for a fix, so the detour currently is indefinite. Signs will take you to Jason St and then back to the trail.

# Titillating Tongue Twister Tour



*The Titillating Tongue Twister Tour was filled with beautiful views!*



# Platte River Greenway National Recreation Trail

Your perfect escape in the bustling Denver metropolis is right at the heart of it. Platte River Greenway Trail presents a picturesque urban landscape interspersed with the beauty of nature in a well maintained paved pathway.

This urban greenway trail meanders along the Platte River where most of Denver's history happened. But Platte River was not always as pleasing as what it is today, it was once polluted and ignored until efforts to rehabilitate it were done in 1974. After only four years, in 1978, Platte River Greenway Trail was officially designated as a National Recreation Trail.



# Westminster Classic Ride



**On Saturday, August 29th, Jeff K. led riders on the Westminster Classic Ride.**



## Jeff Krinsky... in motion

*Many of you know Jeff Krinsky as one of the club's most active ride leaders. Here he is captured as he finishes the Metric Century Ride he led during the Caramel Apple Fall Ride day, held at Clement Park. A rare photo of Jeff in motion and not taking a selfie or group shot! :) Thanks for all you do, Jeff.*



# Out of Town Tours in 2021? Let's Hope So!

Ride Leader Cyndy Klepinger hopes to offer several tours in 2021. Contact Cyndy if you want to be on the list. Here are some of her proposed trips (all possible without getting on an airplane):

**New Mexico's Land of Enchantment Bike Tour:** Taos and Santa Fe  
A mid-May seven-day, six-night bike trip in New Mexico. Taos is located just 4-1/2-hours from Denver, and features opportunities to ride the back roads of New Mexico and its high-desert mesa landscapes filled with juniper trees, sagebrush and iconic adobe homes. The trip offers rides in the Taos area as well as in Santa Fe, concluding with the annual Santa Fe Century, where's there's a choice of distances: 25, 50 or 100 miles.

## Other tentative trips:

A three-day trip to Steamboat Springs -- August

A three-day trip in Carbondale and Glenwood Springs -- July

Ride Leader Marilyn Choske is developing a tour in Idaho called **COEUR D'ALENE REVISITED!** This 8 days/7 nights trip in early August will feature the Northern Idaho Panhandle region around Coeur d'Alene. Learn about its history of railroad transportation and mining contributions, view the regional waterways and mountains offering abundant flora and fauna viewing ops, and wrap up the week's bicycling adventures with an evening dinner cruise on beautiful Lake Coeur d'Alene. You can get to this trip by car (a 2-day road trip), or airplane. Contact Marilyn ([mjchoske@gmail.com](mailto:mjchoske@gmail.com)) if you want to be on this list.

## Caramel Apple SNAFU

Blame it on the beautiful weather or the huge desire to gather with other members before the winter, but at any rate we apologize that there were not enough caramel apples to go around! This year we are all wearing masks and social distancing, so communication tends to get garbled. Thus we were unable to get the word out to the lunch crowd that the caramel apples had to be ordered over a week ahead, so the order didn't account for the many last minute registrations we received. There was a lot to do to get this lunch arranged, and we're sorry we just missed out on trying to cover all the bases. King Soopers does have these caramel apples for sale (in the fresh fruit section) so do look for one if you're interested.

## HELP!

### I Want to Set Up My Ride With GPS (RWGPS) Club Account!

Let me help you get your RWGPS Club account set up so you can enjoy this Club benefit. I'll walk you through your personal (free) account and how to access Club rides, and then have you create an easy route and use those features to get you started. We can do this by telephone, Zoom, or in-person (outside somewhere). You'll need a desktop, laptop, or tablet for the setups; cellphones are only used for the app. Contact me for more information and let's get you going! Marilyn Choske, [mjchoske@gmail.com](mailto:mjchoske@gmail.com)



# Jersey Orders!



It's that time again! The DBTC is happy to announce the classic club YELLOW jersey will be for sale again through Pactimo.

Our club jersey is the perfect holiday gift for your favorite cyclist, or to treat yourself.

*Along with the classic jersey, there will be many other cycling accessories to choose from so be sure to check out the online store.*

We will be sending out an email blast with the store link in the next few days, so be sure to keep an eye out for it.



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## Back 2 Back Scary Halloween Graveyard Rides

On Friday, October 30th, Jeff K led riders on a tour through Old Towne Arvada for a once in a lifetime experience of the old haunted graveyards. Costumes were optional :) On Saturday, October 31st, Marilyn led riders on a spooky graveyard ride.



# ATTENTION ALL DBTC MEMBERS!

## IT'S TIME to start using this new Member benefit: *Ride With GPS!*



Did you know that all members with Active status can access our new Member benefit, the Ride With GPS Club Account? You'll get access to our Route Library to view route maps, print off cue sheets, and download routes to your mobile device. Note that Ride With GPS has two interfaces: one is an Internet browser and the other is an Android/iPhone app. Using these will be addressed in the following instructions.

QUESTIONS / COMMENTS? Please contact Marilyn at [mjchoske@gmail.com](mailto:mjchoske@gmail.com) or John at [johnklever@msn.com](mailto:johnklever@msn.com). We're here to help!

### 1 Get Started:

1. Using your desktop, laptop, or tablet (don't use your cellphone yet), go to [www.ridewithgps.com](http://www.ridewithgps.com) and set up a Personal (free) account. You'll need your email address and a password.
2. Email a "request for the RWGPS link" to our RWGPS Administrator, Bob Horney: [dbtcvelo@gmail.com](mailto:dbtcvelo@gmail.com)
3. Bob will email the link back to you.
4. Click on the link in your email to access the DBTC Ride With GPS Club Account.

### 2

#### Access the RWGPS Club Account:

1. Sign into your Personal Account and find the DBTC icon on the left-hand side of the homepage, below the "More" icon.
2. Click on the DBTC icon. This brings up the Club Account page with a photo of DBTC members at the top.
3. Below the photo and on the right, click on the orange box "SIGN INTO CLUB". A yellow strip at the top of the same page is displayed. You are in the Club site.

### 3

#### Set Up Your Portable Device:

1. Cellphone users - Search for Ride With GPS App. Follow instructions for your phone type, then INSTALL the App.
2. Garmin users - Please read more in your Personal Account on how to set up your Garmin device.

### 4

#### Access RWGPS Club Route Library on your PC:

1. After you're in the Club account, click on "Route Library". The list of routes is displayed. NOTE: Routes are categorized with this algorithm for distance (mi)/elevation (ft): Easy- 3 = 1-15 mi/1000'; Moderate-5 = 16-39 mi/2000'; Advanced-7 = over 40 mi/2100'+ . Pace is determined by the rider(s).
2. If looking for a particular type of route, you can shorten your search by toggling the distance and/or elevation gain variables, or by typing in a start location (city), all located just above the library list.
3. Select (check box to LEFT of route title) a route and click "View" on RIGHT side of listing.
4. When route map & cues screen appears, you can click on "More" (top left above route name) to read other options.
5. Try sending the route to your mobile device: Tap the orange box "SEND TO PHONE (or DEVICE)" and follow directions. No need to download to your device unless you plan to use it.
6. To return to Route Library page, use the back arrow or click "ROUTES" on yellow strip.

### 5

#### To Exit DBTC Club site and Personal Account:

1. Below and to the far right of the DBTC members photo, click on "SIGN OUT". The yellow strip disappears. Now click on the upper left-hand corner orange bicyclist image that takes you back to your Personal account homepage.
2. Upper right-hand corner of your homepage, click on the gray bicyclist image for drop-down menu and click "SIGN OUT". This takes you completely out of Ride With GPS website.

### 6

#### From your Personal Account homepage, you can CREATE, EDIT, DELETE your own routes Here are some CREATE A ROUTE tips:

1. Click on "ROUTE PLANNER" tab at top of homepage. This brings up a map; type in a Start Location in the "Enter a location" box, top right page.
2. If you want to create a route containing bicycle-friendly paths, roads, etc., click on "Bike Paths" in the upper right-hand corner of the map. These areas will highlight in green.
3. Also in upper right-hand corner of the map to the right of Bike Paths, you can choose the Map Style. The map comes up in Satellite or Hybrid, but choosing "Map" makes for a simpler 'cavass' unless more detail and definition is needed (then Satellite is good).
4. Far right column: click to: Follow Roads.
5. Optimize for: Cycling (or walking, driving).
6. Click on "Avoid Highways".
7. Lower left-hand corner of screen is "Tip of the Day." Strongly suggest to click on "Learn more" (red letters) and read ALL the tips and watch any YouTube tutorials that are offered. You'll learn lots.

# DBTC Announcements

## Pedaling through the Pandemic – Show and Go plus Pair and Go!

Your DBTC leadership is offering another option to help you pedal through another COVID winter. Currently, gatherings are limited to no more than 10 people AND no more than two households. As a practical matter, that means we are limited to 2-4 riders in a “group”.

So, in addition to a limited “Show and Go” schedule, we are developing “Pair and Go” email lists. Each quadrant on the DBTC map (NE, NW, SE, SW, plus MTB) can have a list. We’ll collect names of interested riders and when there are at least 4 or 5 names in a quadrant, the list will be shared among those on that list. When there’s an upcoming “good weather” day, you can reach out to someone on your list in your quadrant (or two in one household) to “pair up” with you to ride that day, at a time and location convenient to both. Show and Go and Pair and Go are optional, but we hope they’ll be useful for newer members who want to ride occasionally in the winter but may not have built up a cadre of friends to ride with yet. And remember, you long-time members can be a valuable resource for our newer members, letting them know your favorite neighborhood routes and winter clothing tips.

If you join a “Show and Go” ride, please be sure to keep your rider and household numbers within the COVID restrictions for Colorado and your county. If several people show up at a Show and Go, riders can take off in pairs over one-minute intervals in order to comply with the restrictions. Pairs would be one block from another pair and be visible but not close to each other, with only two households together at any point. For the sake of our members and our communities, be careful out there! We are counting on all of you to use good judgment and stay safe whenever and however you gather.

Here’s how to get on a Pair and Go list: Email your name, address, and quadrant (NE, NW, SE, SW, or MTB) to [president@dbtc.org](mailto:president@dbtc.org). We’ll then review the level of interest in about 6 weeks and decide whether to continue it into 2021.

### Here’s how to contact one of the ride coordinators:

**South:** Ellen Fitzpatrick [ellenfitz4@comcast.net](mailto:ellenfitz4@comcast.net)

**North:** Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

**Weekday:** Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

**Leisure:** Lin Hark [mtnlin08@gmail.com](mailto:mtnlin08@gmail.com)

**MTB:** Chuck Caldwell [ccaldwe@yahoo.com](mailto:ccaldwe@yahoo.com)

## 2020 ADVANCE Planning CALENDAR

Every ride we’ve listed here before has now been cancelled or gone virtual. OUCH!

We hope we’ll be able to reinstitute this calendar in early 2021!



**Online Construction  
Detours from Denver  
Parks & Rec:**

<https://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/parks/trails/trail-detours.html>

## Ride Leaders:

Please remember, if you have a guest or a non-member on any of your rides, the Membership Committee needs to know so we can welcome them to join us on future rides as a NEW (or renewing) MEMBER! Please photocopy your Sign-in Sheet and email a scan of it to Mary Stewart at: [guestrelations@dbtc.org](mailto:guestrelations@dbtc.org).



# DBTC Winter 2020 RIDES

**End of the season - we have had some beautiful rides in spite of the pandemic but we are now into our winter schedule. We will continue to send out weekly email blasts of upcoming rides through most of November. After that, rides will be Show and Go or be posted on Meet Up as they are developed.**

**WINTER 2020 RIDE GUIDELINES: Riders must have helmets, face masks, and bring hand sanitizer and hankies. Social distancing required. COVID restrictions are in place so gatherings are limited to no more than 10 people AND no more than two households. As a practical matter, that means we are limited to 2-3 riders in a "group". Take off in pairs or intervals to maintain distance. Expect that restrooms may be closed now, so plan ahead (skip the morning coffee!). Gatherings for lunch or snacks shall comply with all state and county mask and social distance guidelines.**

**WEATHER: Winter rides are a "go" only if it is clear and above 40° at start time (counting wind chill). Rides are cancelled if the temperature is below 40° at start time or it is raining or snowing...or if the leader does not like the forecast. Call the leader if it is chilly or windy or you're not sure. Be ready to start at the time listed – tires pumped up and bike ready.**

**CLOTHING: Wear face mask, layers, gloves, and bright colors.**

**OTHER: bring water, repair items, and a snack.**

**To get a ride included for the coming week: [patty@gasparjones.com](mailto:patty@gasparjones.com) or one of the coordinators.**

North Fun & Int: Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

South: Ellen Fitzpatrick [ellenfitz4@comcast.net](mailto:ellenfitz4@comcast.net)

Leisure: Lin Hark [mtnlin08@gmail.com](mailto:mtnlin08@gmail.com)

Weekday: Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

MTB: Chuck Caldwell [ccaldwe@yahoo.com](mailto:ccaldwe@yahoo.com)

**If you'd like to include a ride activity in the newsletter, please send an email to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 22nd for the next newsletter, or contact Patty at 303-989-8268.**

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

You are welcome to add a ride for any upcoming week. Simply email [patty@gasparjones.com](mailto:patty@gasparjones.com) by Wednesday to have your ride in the blast for the following week.

# November/December 2020 DBTC Ride Schedule

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use MapQuest or Google Maps to make a map to the starting location.

**DBTC's Emailing Lists:** *Get late breaking news, last-minute ride updates, and short notice of weekday rides, all emailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be canceled.*

## Yahoo is canceling groups in December of 2020:

Yahoo is discounting yahoogroups so both of our yahoo groups will be discontinued in December - ColoradoBicyclist@yahoogroups.com and COMtnbikers@yahoogroups.com. We have had them for at least 20 years, so it appears to be time to move to a newer platform. Check out the new pairing system.

**Twitter** account is [@DenverBikeClub](https://twitter.com/DenverBikeClub) – note many members do not tweet.

**DBTC Meetup** group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are also on **Facebook**, if you want to share pictures or bike-related news there.

You can join all four groups. After you send the email requesting to join, you will be contacted via email with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

## Please Note:

- Joining Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))
- The DBTC website operates independently from the Yahoo Groups.
- The DBTC monthly newsletter, The Colorado Bicyclist, is sent to you from the DBTC website via email only if you have so requested.

## Winter 2020 Riding Guidelines

- Weather: No start temps below 40° or inclement weather forecasted  
Clothing: Wear layers and bright colors  
Other: Bring water, repair items, and a snack  
**BRING A MASK, cell phone, hand sanitizer, and a hankie.**

**This schedule subject to change, watch for additional rides in the weekly blasts.**

**We want to hear from you! Please reach out to any Board member or Ride Coordinator to let us know if you have any questions or comments. We'd love to know how many riders to expect during the winter season.**

## Monday November 2nd

**10:00AM FUN-H2-20-NW** Meet Merri Bruntz (303-517-9781) at Crown Hill (26th & Garrison) for a ride to Wash Park. We will ride through neighborhoods to the Cherry Creek Trail, which we will take to Wash Park. After riding around the Park and taking a break, we will return via the same route. Bring a sack lunch for a social distance picnic in the park afterwards.

## Tuesday November 3rd - Election Day Ride

**10:00 AM FUN PLUS-H3-24-NW** (Elevation Gain = 1207 feet) – Meet Jeff Krinsky (720-373-9107) for THE GREAT TOTEM POLE RIDE AKA THE HIDDEN GEMS OF INTERLOCKEN! This exciting ride full of twists and turns uses portions of the new Hwy. 36 Trail to take us on a loop that includes the hidden gems of Flatirons Mall, Interlocken, Standley Lake, and Rock Creek Village! We will meet at the Rock Creek Village Safeway, which is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Rd., Superior). This ride is now 99.99% on paved trails.

## Wednesday, November 4th

**10:00 AM FUN-H2/H3 +/- 20 SW** Meet Susie Frakes (303 910-8206) behind the 7-11 store on the South East corner of Garrison and Ken Caryl Ave. There is a big parking lot just to the south of the 7-11 Store. We'll head West on Ken Caryl, go through some neighborhoods then through the Ken Caryl Valley to Deer Creek Canyon Rd., cross Wadsworth and go into Chatfield Reservoir part way up the dam and then catch the C-470 trail to the west, through more neighborhoods, another section of C-470 trail, more neighborhoods and then back to Susie's house for a picnic lunch under the big shady maple in her backyard. Bring some food to eat for lunch or purchase a sandwich at the 7-11. If it is below 50 and/or windy, contact Susie to see if the ride will be a go. It will become a show and go.

## Friday, November 6th

**10:00 AM FUN PLUS-H2-18/23-NW** Meet Jeff Krinsky (720-373-9107) for THE SPACE, TIME, 9/11 RIDE or THE HIDDEN GEMS OF BROOMFIELD one more time! This adventure begins near the SE corner of Sheridan and 120th at the new Whole Foods in Westminster (1/2 mile east of Sheridan at Vrain and 120th.) (4451 Main Street 303-439-7000) We will take secret trails around Broomfield and Westminster where we will experience three incredible hidden displays including THE SOLAR SYSTEM, a brief history of GEOLOGIC COLORADO TIME, and a 9/11 MONUMENT. (This ride has an escape option at the 18 mile marker for riders who run out of time and/or steam.) Possible lunch afterwards at Whole Foods.

## Saturday, November 7th - Lin's Annual Birthday Ride in Kilometers

**Lin's Birthday Rides -- Lin's Birthday Rides -- 3 Ride choices from Confluence Park.**

**Note: Lin rides at a Leisure pace (8-10 mph) but faster riders are free to go ahead at any point in the ride.**

**9:00 AM STAGE 1 FUN/LEISURE-H1-14-Central** Meet Lin Hark at REI's South Deck FUN/Leisure morning riders will meet at 9:00 AM sharp for the morning 14 miles. Hardy riders can brave the morning chill for a short ride north to Sand Creek and back on the South Platte and Sand Creek Trails to arrive at REI for a quick break before stage 2 at 10:45 AM.

# November / December 2020 DBTC Ride Schedule

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**10:45 AM STAGE 2 FUN/LEISURE-H1-18-Central** Meet Lin at the REI Flagship Store's sunny porch for the second stage of her birthday ride. Ride out and back on Cherry Creek Trail to Cook Park Rec Center and back. Meet at REI no later than 10:45 AM.

**1:15-2:15 PM LUNCH CELEBRATION** Lunch at Starbucks- Meet your DBTC friends IN PAIRS, hopefully out on the deck in the sunshine, but if the sun's not shining we can go inside Starbucks to warm up. If you're not riding anymore but just want to join the fun just come for lunch! Or do your own ride from home and meet at REI for lunch.

**2:15 PM STAGE 3 FUN/LEISURE-H1-13-Central** Start with Lin from REI for the last leg going South on the Platte to Grant-Frontier Park and back. Riders who choose to do only the afternoon ride can come at 1:15 PM to join the group for lunch before riding the afternoon 13 miles (or turn around whenever you like). Bring layers of clothes, water, snacks, lunch to eat at REI (or you can buy a sandwich at Starbucks) a lock and money for lunch. No gifts, your presence will be Lin's gift. This ride will go regardless of the temperature or trail conditions. Note: The miles don't add up because Lin will be riding her age in Kilometers this year.

## Monday November 9th

**10:00AM FUN-H2-20-NW** Meet Merri Bruntz (303-517-9781) at Prospect Park (44th & Robb) for a ride east on the Clear Creek Trail to Twin Lakes Park. After a break, we will return via the same route for a social distance picnic afterwards.

## Wednesday, November 11th

**10:00 AM FUN-H2/H3-25 SW** Meet Patty Gaspar (303-618-5069) behind the McDonald's at Sheridan and Hampden. We'll head to the Tech Center on various trails. We have to climb some hills and there are sections on the Highline Canal (pea gravel), and then we'll have our morning latte complements of DBTC to celebrate the end of the scheduled ride season and then loop back to Bear Valley. It is a beautiful ride and we get to have a wonderful downhill back to Bear Valley. We can have a picnic in the park if it is warm enough. Weather permitting - check with the leader if it is cold or windy.

## Monday November 16th

**10:00AM FUN-H2-20-SW** Meet Merri Bruntz (303-517-9781) at the Tennis Bubble (Federal & Bowles) for a ride north on the South Platte Trail to REI. After a break we will return via the same route for a social distance picnic afterwards.

## Wednesday, November 18th

**10:00 AM FUN-H1-25 miles.** Meet Patsy Venema (720.934.3498) at Twin Lakes Parks, 300 West 70th (just west of 70th and Broadway). Ride east along Clear Creek and then north along the Platte River to Riverdale Regional Park where we will take a snack and rest. Then return on the same all paved bike trail back to Twin Lakes Park for a social distance picnic lunch if the weather is inviting!

## Monday November 23rd

**10:00AM FUN-H2-20-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to Parfet Park in Golden. After a break we will return via the same route for a social distance picnic in the park afterwards.

## Wednesday, November 25th Coming soon?

What's the Turkey Trot you ask? Well, it's a so far not developed Thanksgiving ride that could be: a) the Sunday before Thanksgiving (Nov. 22), b) the Wednesday before Thanksgiving (Nov 25), or c) Thanksgiving Day itself (Nov. 26). It all depends on the weather and what day one or more of us want to lead a Turkey Trot ride! We could lead two or three rides on the Turkey Trot day and call them all Turkey Trot Rides. So, please vote on which Turkey Trot Day you'd like, weather permitting. See final NOV email blast for details.

## December Ride Schedule

Watch MeetUp for additional rides. We encourage you to post additional rides.

## Wednesday, December 2nd

**11:00 AM LEISURE-H1-15-20 SW** - Show N Go meeting at Reynold's Landing 6745 S Santa Fe Dr, Littleton, west on Brewery Lane to the big parking lot at the end of the road on the right.

## Sunday, December 6th

**11:00 AM FUN H2-20+ NE** Show N Go. Each Sunday that the temp is forecast above 50 and the roads and paths are dry, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, 2216 Kearney Street, Denver. These rides will be Show N Go. Each Sunday we pick a different route and the distances vary from 20 to 30 miles.

## Wednesday, December 9th

**11:00 AM LEISURE-H1-15-20 SW** - Show N Go meeting at Reynold's Landing 6745 S Santa Fe Dr, Littleton, west on Brewery Lane to the big parking lot at the end of the road on the right.

## Saturday, December 12th

**11:00 AM NW** Show N Go Meet at Prospect Park, W 44th Ave at Robb St., Wheatridge. Ride to be determined-

## Sunday, December 13th

**11:00 AM FUN-H2-20-30-NE** Show N Go. Each Sunday that the temp is forecast above 50 and the roads and paths are dry, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, 2216 Kearney Street, Denver. These rides will be Show N Go. Each Sunday we pick a different route and the distances vary from 20 to 30 miles.

# November / December 2020 DBTC Ride Schedule

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## Wednesday, December 16th

**11:00 AM LEISURE-H1-15-20 SW** - Show N Go meeting at Reynold's Landing 6745 S Santa Fe Dr, Littleton, west on Brewery Lane to the big parking lot at the end of the road on the right.

## Saturday, December 19th

**11:00 AM NW** Show N Go Meet at Prospect Park, W 44th Ave at Robb St., Wheatridge. Ride to be determined-

## Sunday, December 20th

**11:00 AM FUN-H2-20-30-NE** Show N Go. Each Sunday that the temp is forecast above 50 and the roads and paths are dry, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, 2216 Kearney Street, Denver. These rides will be Show N Go. Each Sunday we pick a different route and the distances vary from 20 to 30 miles.

## Wednesday, December 23rd

**11:00 AM LEISURE-H1-15-20 SW** - Show N Go meeting at Reynold's Landing 6745 S Santa Fe Dr, Littleton, west on Brewery Lane to the big parking lot at the end of the road on the right.

## Saturday, December 26th

**11:00 AM NW** Show N Go BOXING DAY RIDE. Meet at Prospect Park, W 44th Ave at Robb St., Wheatridge.

## Sunday, December 27th

**10:30 AM FUN-H2-20-30-NE** Show N Go. Each Sunday that the temp is forecast above 50 and the roads and paths are dry, meet DBTC riders at Cake Crumbs Bakery and Coffee shop, 2216 Kearney Street, Denver. These rides will be Show N Go. Each Sunday we pick a different route and the distances vary from 20 to 30 miles.

**New Year's Day – someone want to put a MeetUp ride together?**