



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

September 2022

## INSIDE...

<a href="#">Club News from the President</a>	p. 2
<a href="#">Century Ride Info</a>	p. 2
<a href="#">New Members</a>	p. 2
<a href="#">Marilyn's Ride Photos</a>	p. 3
<a href="#">OOTT: New Mexico</a>	p. 4
<a href="#">Club Sponsors</a>	p. 5
<a href="#">Maps are Here!</a>	p. 5
<a href="#">Phishing Email Scam</a>	p. 5
<a href="#">Jeff K's Ride Photos</a>	p. 6
<a href="#">Merri's BDay Ride Photos</a>	p. 6
<a href="#">Salida Art Walk Photos</a>	p. 7
<a href="#">DBTC Board Seeking New Members</a>	p. 8
<a href="#">Ride Leaders Above &amp; Beyond</a>	p. 8
<a href="#">A Thank You to Volunteers</a>	p. 9
<a href="#">DBTC Upcoming Events</a>	p. 10
<a href="#">Ride Photos</a>	p. 11
<a href="#">Ride with GPS</a>	p. 12
<a href="#">Club Announcements</a>	p. 12
<a href="#">For Sale: Bike Rack</a>	p. 12
<a href="#">Ride Schedule</a>	p. 13-17

**They're Back...**

## Caramel Apple Rides!



**Saturday, October 1st, 2022**  
**Ruby Hill Park**

**Morning rides will start at various times and lunch will be served between 11:30 am and 12:30pm**

*Register for lunch on the website: [dbtc.org](http://dbtc.org)*

*For rides, see the Ride Schedule below and watch for weekly ride updates.*

---

**Also, Save the Date for our Glorious End-Of-Year Celebration!**

Dinner, Drinks, Annual Meeting, Line Dancing, and More!

5:30 pm Thursday, November 10th, 2022  
 The Barn at Racoon Creek

## DBTC's Officers

President Helen Berkman <a href="mailto:president@dbtc.org">president@dbtc.org</a>	720-355-5687
Vice President Karen Betstadt <a href="mailto:vicepresident@dbtc.org">vicepresident@dbtc.org</a>	720-331-5057
Secretary Ron Vasquez <a href="mailto:secretary@dbtc.org">secretary@dbtc.org</a>	303-264-9684
Treasurer Maria Elena Romo <a href="mailto:mariaelenaromo95@gmail.com">mariaelenaromo95@gmail.com</a>	720-364-0149
Board Members at Large Suzy Ward <a href="mailto:wvjrtsgmail.com">wvjrtsgmail.com</a>	720-355-3268
Mark Shimoda <a href="mailto:drshimoda@hotmail.com">drshimoda@hotmail.com</a>	
Marilyn Choske <a href="mailto:mjchoske@gmail.com">mjchoske@gmail.com</a>	303-905-8510
Riggs Osborne <a href="mailto:riggsosborne3@gmail.com">riggsosborne3@gmail.com</a>	720-428-2602
Virginia Dudley <a href="mailto:vdudley@hotmail.com">vdudley@hotmail.com</a>	303-810-0233

## Directors and Staff

Director of Ride Activities Patty Gaspar <a href="mailto:Patty@gasparjones.com">Patty@gasparjones.com</a>	303-989-8268
Out of Town Tour Director Kathy Stommel <a href="mailto:OutOfTownTours@dbtc.org">OutOfTownTours@dbtc.org</a>	719-671-5579
MTB Coordinator Cathy Leibowitz <a href="mailto:cathy.leibowitz@yahoo.com">cathy.leibowitz@yahoo.com</a>	
Fun Ride Coordinator North Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Fun Ride Coordinator South Ellen Fitzpatrick <a href="mailto:FunRideSouth@dbtc.org">FunRideSouth@dbtc.org</a>	303-756-2517
Intermediate Ride Coordinator Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Weekday Fun/Int Ride Coordinator Patty Gaspar <a href="mailto:Patty@gasparjones.com">Patty@gasparjones.com</a>	303-989-8268
Leisure Ride Coordinator Jill McMahon <a href="mailto:jillmm7@gmail.com">jillmm7@gmail.com</a> Marcy Rodney <a href="mailto:mrodney@rslresearch.com">mrodney@rslresearch.com</a>	
Information Coordinator Cyndy Klepinger	
Membership Database/Webmaster Jeff Krinsky <a href="mailto:webmaster@dbtc.org">webmaster@dbtc.org</a>	720-373-9107
Communications Director Kathleen Shelton <a href="mailto:communications@dbtc.org">communications@dbtc.org</a>	303-264-9878
Map Sales (wholesale) Doug Schuler <a href="mailto:mapsales@dbtc.org">mapsales@dbtc.org</a>	303-829-5861
Guest Relations Mary Stewart	

# The President's Page

Helen Berkman



Earthdate: September 1, 2022

Ah, the glorious days of autumn are about to start! A wonderful time to ride, with cooler days, a golden slant to the sun, crisp fall colors, and a blue, true dream of a sky. If you haven't tried leading a ride, this is a perfect time, when you're in good shape and you can try leading a short day's ride on a familiar route you've done a couple times by now in your area. Contact Patty Gaspar if you're interested in showing other riders your favorite route!

My favorite place to ride in the fall is the High Line Canal. The High Line Canal Conservancy has a great map of the High Line, and offers several fall events and volunteer opportunities. I've signed up to help set up for the Dine for the High Line fundraiser on September 16th - if it's nice I'll ride my bike to my shift! I encourage you to check out the map and all the opportunities at <https://highlinecanal.org/about/>. Sign up to volunteer on September 16th and I'll see you there.

Is it tune-up time for your bike? When was the last time you did a safety check on your bike? Tune-up Essentials: check your tires for wear — do they need replacing? Check your brake pads - do they need replacing? Check your cables - are there any frayed or loose cables? Cleaning: an annual hosing off, degreasing, and lubricating is important, to get the grit and junk off that might damage your bike parts if not dealt with.

Saturday October 1st – register for a ride and for lunch at Ruby Hill Park - top of the hill and beautiful views! This will be my last year for organizing the Caramel Apple Rides and fall picnic. Originally, the Caramel Apple Ride Day was the Front Range Metric Century Ride — then we added more rides, and then we added caramel apples! It's time to turn over the reins to someone new - so if you love the Caramel Apple rides and want to see them continue, contact me. And make sure to get October 1st on your calendar!

## WELCOME NEW DBTC MEMBERS

Lattina Adams	Tom Krusko
Viktor Biefel	Kathleen Markham
Robert Drucker	Randy Parcel
Martha Eubanks	Pat Vernon
Lisa Fluke	Tom Vernon
Margaret Jacot	

## Final Opportunity to Register for the Denver Century Ride!

This is your final opportunity to save on registration for the Denver Century Ride on September 24th, 2022.

Save **10%** at: [www.DenverCenturyRide.com/registration](http://www.DenverCenturyRide.com/registration) and use the code **FINALDEAL2022** at checkout.

# Marilyn C's Summer Rides



*Many Riders enjoyed Marilyn C's rides over the summer.*



# Cycling in the Land of Enchantment:

**Deadline  
9/10**

**New Mexico**

**October 19 - 24, 2022**

**Four Spaces  
Left!**

Located in the heart of New Mexico and the Rio Grande River Valley, Albuquerque offers cyclists more than 400 miles of dedicated paths, trails and lanes. Routes range from a ride along the banks of the Rio Grande River, up into the foothills of the Sandia mountains, or across urban landscapes. There's something for everyone! After three days of cycling, your journey ends with the DAY OF THE TREAD annual bike ride, a Halloween-themed bicycling event.

This event is designed for independent riders who have a "let's explore" attitude. Join Cyndy Klepinger on this pay-as-you go cycling adventure. This format means you pay only \$40 to DBTC then make your own lodging arrangements and pay for your own meals. But you still enjoy the camaraderie of group bike rides and social events, a hotel discount, and planned rides and routes.

A block of rooms near Old Town is being held for our group for five nights (Oct. 19 - 23) or you can make other lodging plans if you prefer. The hotel offers free wifi, free breakfast, outdoor pool, and more. Plus it's located near Old Town and the start and finish of the Day of the Tread ride. Rates are \$129 plus tax per room per night, room includes two queen beds.

***You will also need to register and pay for the Day of the Tread Bike Ride, October 23.  
Go to [dayofthetread.com](http://dayofthetread.com) and select your route.***

## **Planned activities:**

Four days of riding, such as the Perimeter loop, Breaking Bad Tour. A variety of routes will be shared, and you can choose to ride with the group or do a harder ride.

## **Optional activities:**

A visit to the nearby Indian Pueblo Cultural Center where we can discover Pueblo history, art and culture through exhibits and activities.

A visit to the BioPark, which includes an aquarium, botanical gardens and zoo.

A hike through the Petroglyph National Monument, which features designs and symbols carved onto volcanic boulders by Native Americans and settlers 400 to 700 years ago.

A drive along the historic Turquoise Trail, a scenic byway featuring scenic views and several mining towns offering arts, crafts, museums and more!

To register, please contact Cyndy at [matilda8@earthlink.net](mailto:matilda8@earthlink.net) or call 303.725.1565. Deadline to register is September 10, 2022. Minimum participants: 6; max: 12.

Mail your \$40 registration check and DBTC registration forms (forms are on the DBTC website [www.dbtc.org](http://www.dbtc.org)) to Cyndy Klepinger, 5401 East Dakota Ave, Denver, CO 80246. Once your forms are accepted, a promo code and contact info will be provided for our special hotel group rate.



## Reminder: That Email Is NOT From the DBTC President

The phishing emails still arrive occasionally, and the bots are getting more clever – PLEASE note that if you get an email with Helen’s name in it, it is NOT from the president unless it has her personalized signature line and usually a personal quote underneath the signature. If it looks odd, it is! Lately, some new phishing emails (and texts) are vaguely asking for a meeting or a “favor”. If you hover your mouse over the “from” line you will see it is NOT the email of the president. My name is being lifted off our website, but the email address is a fake address, not the official dbtc.org address or the correct personal email of the president. Please delete - do not hit “reply” to these emails or ever make any purchases for anyone based on an email or text alone.

## Plan a Ride with the DBTC Bike Route Map!

Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact [mjchoske@gmail.com](mailto:mjchoske@gmail.com) for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.



## A Big Thank You to Our 2022 Sponsors!



**Charnes Tours** - [www.charnestours.com](http://www.charnestours.com)

Looking for a great bike vacation in Europe? Charnes offers both self-guided and guided bike tours in Italy, Germany, Austria and Croatia with a new trip in Albania in 2023. David Charnes lived in Italy for 30 years and is experienced and eager to share the latest news about biking in Europe!



**kw** KELLERWILLIAMS.  
REALTY, DTC LLC  
Each Keller Williams brokerage business is independently owned and operated

### Keller Williams

Jim is both a cyclist and a seasoned realtor of over 40 years who merged his real estate practice with the Kiker Team, Keller Williams Realty, DTC in 2018. Jim and his brother Bill served on a DBTC committee in the mid 90’s that helped create and market the official club Jerseys and Tee Shirts still seen around today! Jim is passionate about empowering seniors to live as independently as possible with the best quality of life.

# Majestic Parks & New Brew Pub Ride



*On Saturday, August 6th, Jeff K led riders on from Majestic View Park, though 17 parks, and to the new Colorado Tap House on Ralston Creek Trail.*

# Merri's Magnificent Birthday Ride



*On Saturday, July 30th, 16 riders enjoyed a day out on the trails with Merri, in honor of her birthday!*

# Salida Art Walk Weekend

Eight DBTC members joined Joe and Kathy Stommel for a long weekend in Salida, Colorado during their annual Art Walk festivities. Weather and Covid presented some obstacles but for the most part, all planned activities were completed.

Weather was perfect for the ride to Mt. Princeton Hot Springs. Everyone enjoyed the outdoor pools and a fantastic lunch. However, the ride back to the cars turned nasty with challenging headwinds and some rain.

The traditional fish hatchery tour was even better than previous years in that we were given access to the egg hatching operations by a very knowledgeable biologist employee. Who knew there was so much to learn about fish eggs!

The group met in downtown Salida for dinner and drinks along the river before parting ways the following morning as new friends with fond shared memories.



# Your DBTC Board

**How many sandwiches should the Club offer at a picnic? When and where should we hold our events? Who stores our equipment and sets it up at events? What kind of insurance does the Club need? What should the Club do with its cash reserve? Who decides the yearly budget for the Club? Who hosts our awesome social events?**

Who answers these questions?

**THE DBTC BOARD, your BOARD.**

The DBTC Board currently has nine members who serve two year terms, Helen Berkman, Karen Betstadt, Ron Vasquez, Maria Elena Romo, Marilyn Choske, Virginia Dudley, Mark Shimoda, Riggs Osborne, and Suzy Ward. Five members have terms expiring this year - some are willing to serve another term, but our two longest-serving members, Helen Berkman (6 years) and Marilyn Choske (4 years), will be leaving the Board. So we need you - whoever you are!

We, your Board, meet in person every second Monday of the month, usually at Perkins Restaurant on S. Colorado Blvd. Since it is a Monday we get free pie with our meal. Zoom attendance is available if you can't always attend

in person. Discussion is fun and lively and we usually get business done while socializing!

Whenever events and tasks come up, we ask "who can help?"; Most often, someone on the board raises their hand to volunteer. This is not required but this is what most often happens. Did you see all the volunteers at the July 24th picnic? Many were board members serving in one or more capacities, because events are some of the most fun parts of being on the board.

Do you have an interest in determining the future direction of our Club? Or planning and hosting great social events? Engaging with a group of interesting people who love what you love to do too? If so, please consider joining the board. We are in special need this year of someone with any bookkeeping skills or any organizational skills for our officer positions. But even if you have only time, energy and interest in joining our board as an at-large member, you are very welcome. Contact any board member at an event or look up one of us in the newsletter and get in touch. We would love to talk with you about you being a future board member.

**– Mark Shimoda**

## DBTC Ride Leaders Go Above & Beyond



**New ride leaders Wed and Ruby Fredericks deserve extra kudos for clearing a dangerous part of the Harvest Trail near Aurora Reservoir after one of the big rains in early August!**

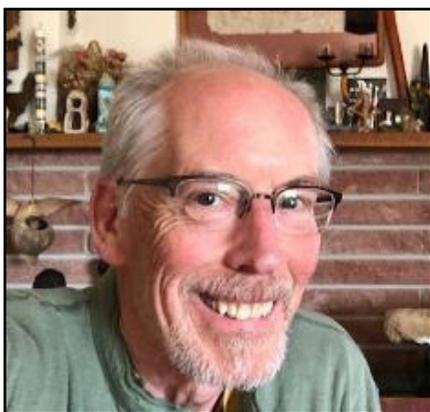
# Thank You July 24th Volunteers

The Summer Picnic was another successful event for our club. The success is of course due to our awesome volunteers for this event. Volunteers who handled the breakfast and lunch, volunteers who led rides, volunteers who helped set up the rides, and volunteers who did table talks.

Breakfast and lunch volunteers purchased, delivered, unloaded, arranged, served, and cleaned up after the event. Aruna Clark and Riggs Osborne for a second time not only shopped for the breakfast items, and set them out, but then DONATED the breakfast to the club. Thank you for your time and generosity!

Marilyn Choske again purchased the coffee and tea and brought them to Anderson Park. She has been doing this for several events, this being at least the fourth event, so a big thank you to Marilyn who also is a board member and ride leader.

The presentation of lunch was a big team effort. The lunch team was made up of newish members



**Volunteer Tom Fitzgerald**

Julia Batten, Tom Fitzgerald, Nancy Devitt and Cynthia Coleman and long time member Tom Casadevall. They helped unload, organize, serve foods and then clean up. Even with about 100 members to serve lunch to, that was done in 11 minutes!

These members devoted their time from 9-1:30 to help serve lunch to our members and deserve a big Thank You. A special note, Tom Fitzgerald donated 80 lb of ice, yes, he paid to come, then he helped with the lunch and then he donated the ice!

Rides are of course the main activity for DBTC and without ride leaders and ride coordinators there are no rides. Want proof, see what is happening to the mountain bike section of the club, few ride leaders, few rides. We owe the following a big Thank You for stepping up and leading rides on July 24th and on many other days. Merri Bruntz, Peter Woulfe, Marilyn Choske, David Noble, and Marcy Rodney led rides for members. Behind the scenes, long-time ride coordinator Patty Gaspar worked to set up rides of

different levels to meet the interest and ability of all our members.

This event ended with a Table Talks led by members Phil Gee (bike maintenance), Doug Potter (beginning mountain biking), Tom Casadevall (basic bike maintenance) and sponsors David Charnes (Italy bike tours) and Jim Holmes (right sizing your home). Thanks Table Talk leaders and sponsors!



**Volunteer Nancy Devitt**

As you can see, it takes a big team to put on an event like our Summer Picnic and it takes team members readily giving to our club and having fun doing it. I ask all members to please donate your time once per year to make this an even better club and experience for all.

**– Mark Shimoda**

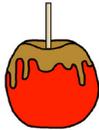


**Volunteers Julia Batten and Tom Casadevall with Mark Shimoda**

# DBTC 2022 Upcoming Events

Your DBTC Board has already scheduled most events, so save the dates and get these on your calendar now!

## Caramel Apple Rides



Saturday, October 1st, 2022  
Ruby Hill Park, Denver



## Volunteer Recognition Dinner

Thursday, November 10th, 2022  
The Barn at Raccoon Creek, Littleton



## 2022 Colorado Upcoming Events

Check the websites for each event to get all of the latest information for it.

**Sep 10 Tour of the Moon**

41 and 64 mile routes

**Grand Junction, CO**

<https://www.bikereg.com/tourofthemoon>

**Sep 17 Pedal for Possible (Craig Hospital)**

10K, 30K, 50K, 100K and 100 Mile

**Louisville, CO**

<https://craighospital.org/events/2022-pedal-4-possible>

**Sep 17 Tour de Vineyards**

23 and 58 mile routes

**Palisade, CO**

<https://www.bikereg.com/tourdevineyards2022>

**Sep 24 Denver Century Ride**

24, 50, 85 and 100 mile routes

**Denver, CO**

<http://denvercenturyride.com/>

**Oct 1 DBTC Caramel Apple Rides**

**Ruby Hill, Denver**

**Nov 10 DBTC Volunteer Recognition Dinner**

**Raccoon Creek, Littleton**

# Horray for Leisure Rides!



*Our fearless ride leaders out on the trails.... Dave Noble led a ride in Thornton and through the SW Suburbs, while others had to take time for some air along the Boulder Turnpike.*

## MTB - At Buffalo Creek

*Some of the MTB crew spent time cycling Buffalo Creek and found a nice kitty!*



# DBTC Announcements

**TIME FOR MORE RIDE LEADERS** – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

**Here's how to contact one of the ride coordinators:**

**South:** Ellen Fitzpatrick [ellenfitz4@comcast.net](mailto:ellenfitz4@comcast.net)

**Weekday:** Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

**MTB:** Cathy Leibowitz [cathy.leibowitz@yahoo.com](mailto:cathy.leibowitz@yahoo.com)

**North:** Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

**Leisure:** Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)

& Marcy Rodney, [mrodney@rslresearch.com](mailto:mrodney@rslresearch.com)

**MAP SALES:** We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!



**Online Construction Detours from Denver Parks & Rec:**

<https://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/parks/trails/trail-detours.html>



## **ATTENTION ALL DBTC MEMBERS!** **Check out the free DBTC Member benefit** **Ride With GPS**

All Active DBTC members can access the Ride With GPS (RWGPS) Club account. You'll get access to the Route Library to view route maps, to print off cue sheets, and to download routes to your mobile device. Ride With GPS has two interfaces: one is an Internet browser and the other is an Android/iPhone app. Easy instructions on how to access, create, and use the RWGPS Club Account can be found on the DBTC website: [www.dbtc.org](http://www.dbtc.org) and click on "Ride With GPS" tab.

QUESTIONS / COMMENTS? Please contact Marilyn at [mjchoske@gmail.com](mailto:mjchoske@gmail.com) or John at [johnklever@msn.com](mailto:johnklever@msn.com). We're here to help!



# DBTC *Summer* 2022 RIDES

Summer is leaving this month - let's get those beautiful early fall days on the schedule.

How to get onto the September schedule - contact one of these people:

South: Ellen Fitzpatrick [ellenfitz4@comcast.net](mailto:ellenfitz4@comcast.net)  
 Leisure: Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)  
 & Marcy Rodney, [mrodney@rslresearch.com](mailto:mrodney@rslresearch.com)  
 North Fun & Int: Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

Weekday: Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)  
 MTB: Cathy Leibowitz [cathy.leibowitz@yahoo.com](mailto:cathy.leibowitz@yahoo.com)  
 & Jim Black [jb@jamesblack.org](mailto:jb@jamesblack.org)

**The deadline for adding a ride activity in the newsletter is the 22nd of the month. Please send an email to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) or contact Patty by phone at 303-989-8268.**

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

Rides are canceled if it is raining. Ride leaders might cancel due to heat - changes will be announced though the weekly blast or on MeetUp. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic, so if your bike needs repair, please take it to the shop.

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use MapQuest or Google Maps to make a map to the starting location.

**DBTC's Emailing Lists:** Get late breaking news, last-minute ride updates, and short notice of weekday rides, all emailed directly to you as soon as the information is posted on MeetUp. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be canceled. A weekly blast goes out through email as well.

Twitter account is @DenverBikeClub – note many members do not tweet.

DBTC Meetup group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are also on Facebook, if you want to share pictures or bike-related news there.

You can join both groups. After you send the email requesting to join, you will be contacted via email with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

**Please Note:**

- Joining either of these Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))

**Summer Riding Guidelines**

- Weather: Thunderstorms or rain (rides can be cancelled for extreme heat)
- Clothing: Wear layers and bright colors
- Other: Bring sunscreen, water, repair items, and a snack

# DBTC September 2022 Ride Schedule

---

## Saturday, September 3rd:

**8:30 LEISURE H1-24-NW** Easley, Clear Creek, Ralston. Meet Jake Jacobi (720-808-2306) at Westwood Golf Course, 6655 Quaker St, Arvada. We will ride south on Easley Road, east on the Clear Creek Trail to Gold Strike Park, and then back on Ralston Creek Trail. Lunch afterwards at the course's clubhouse. Park in the west end of the parking lot – the last time I parked in the lot's south side, the car next to me had a golf ball hit the windshield.

**9:00 AM FUN PLUS H3 –33miles–SW** Meet Tom Fitzgerald (303-424-1082) at Clement Park (7306 West Bowles, Littleton). Meet behind the library, near the skateboard park. We will ride some quiet streets in the Columbine neighborhood to South Platte Canyon Road. We'll take the Columbine Trail south to the Mineral Avenue Trail. East on the Mineral Avenue Trail to the Mary Carter Trail, and then north along the Platte River to Nixon's Coffee Shop. After a short break, we'll head back south on the Mary Carter Trail to Chatfield State Park, and around the reservoir to the marina for another break. Then back around the reservoir to the C470 Trail. We'll pedal west on the C470 Trail to Garrison Street, then north on a few quiet streets to the Dutch Creek Trail, and back to Clement Park. Bring a lunch & chair for a picnic afterwards.

## Sunday, September 4th:

Want to post a ride on MeetUp? Contact Jeff [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Monday, September 5th: Labor Day

**9:00AM FUN/FUN PLUS-H2-24-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field St) for a ride west on the Clear Creek Trail to Easley Rd, which we will take north to the Blunn Trail and the west side of the Westwoods Golf Course along the Ralston Creek Trail. After a break we will return via Virgil Way and Easley Rd leading us to the Clear Creek Trail and back to the park. Bring a sack lunch for a picnic afterwards.

## Tuesday, September 6th:

**Leisure H1-22 E.** Tour through Denver Parks. Meet Dave Noble (home 303-694-2008, cell 303-906-3163) on S. Franklin across from South High School (but don't park in the school's lot). South High School is at the corner of Louisiana and S. Franklin, near SE corner of Washington Park, for a ride including Westerly Creek, Central Park, City Park, and Cheesman Park. Bring a snack and money for a restaurant lunch after the ride.

**8:45 meet 9:00 roll AM FUN PLUS/Intermediate -H3-22 miles-W-1600'** "Tour de Red Rocks & Mt. Carbon" Meet Lauren Delle (970-903-8409) in the public parking lot across from the gas station at Morrison Ave and Rooney Road for Roller Ride Red Rocks Bear Creek Loop. Ride to the top of Red Rocks, down, back up then through Bear Creek park back to start. Group size 8 riders including leader. Please RSVP by texting the ride leader by Monday, Sept 5.

## Wednesday, September 7th:

**9:00 FUN PLUS H2-25 SW** Meet Peter Woulfe (540-219-6674) cell at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to 470 up the dam at Chatfield, then up to the High Line Canal to Big Dry Creek, then back to the South Platte. We will ride some quiet residential streets, so we only cross Broadway once.

**9:00 FUN-H2-25 SW** Meet Patty Gaspar (3063-618-5069) same time and place for a slower paced ride. Meet at Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to 470 up the dam at Chatfield, then up to the High Line Canal to Big Dry Creek, then back to the South Platte. We will ride some quiet residential streets, so we only cross Broadway once.

## Friday, September 9th:

**9:00 AM Fun Plus H2-34-NE** Twin Lakes to Golden and Return Meet Fred Tarbell (630-888-5290) at Twin Lakes Park (300 West 70th - just west of Broadway). Ride West on Clear Creek to downtown Golden on paved paths and bike lane streets. Bathroom breaks at Wheat Ridge rec center enroute. Bring money for your purchase at Starbucks on the corner of 13th St. and Washington. Expect a 2 1/1 hour ride at 13 to 14 mph plus breaks. Bring a snack or lunch if you want to socialize after the ride at Twin Lakes.

## Saturday, September 10th:

Want to post a ride on MeetUp? Contact Jeff [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Sunday, September 11th:

**8:30 am Leisure H1-20-SE** PARKER FARMERS MARKET Meet Karen Kelley (303-260-9029) at Arapahoe Trailhead (15200 E Arapahoe Rd Centennial, on south side of Arapahoe Rd, just East of Jordan Rd). We will ride the south cherry creek trail into downtown Parker Farmer's Market. Bring a bike lock, money and a bag for pastries and peaches! Return the same way.

# DBTC September 2022 Ride Schedule

---

**9:00 AM Intermediate – H4 -25 – W** Meet Tom Fitzgerald (303-424-1082) at Guido's Pizza in Genesee (25948 Genesee Trail Road, Genesee). This will be a rockin' roller coaster ride with ~2300' of descending and ascending. <https://www.google.com/maps/place/Guido's+Pizza+Genesee/@39.7068961,-105.2946339,17z/data=!4m19!1m13!4m12!1m4!2m2!1d-105.231183!2d39.9974012!4e1!1m6!1m2!1s0x876b9bedf3f8f2cf:0xb6dc8178d838e405!2sWhat+is+the+address+of+Guido's+Pizza+in+Genesee!2m2!1d-105.2945382!2d39.7077074!3m4!1s0x876b9bedf3f8f2cf:0xb6dc8178d838e405!8m2!3d39.7077074!4d-105.294538> We'll pedal from Guido's to the bike trail that runs parallel to I70, and head west to the El Rancho Brewing Company at the intersection of Hwy 40 and the Evergreen Pkwy. We'll head toward Evergreen for ~1/4 mile on the Evergreen Pkwy, then we'll plunge ~2300' down Kerr Gulch Road to Bear Creek Road. Kerr Gulch Road is a quiet, nicely paved road, sparsely populated with few homes. At the end of our descent, we'll pedal ~4 miles up to Evergreen on Bear Creek Road, which has something of a bike lane. When we reach Evergreen, we'll pedal about 30 very quiet, but HILLY, residential roads back to Bergen Park, where we'll return to the El Rancho Brewing Company on the Evergreen Parkway (which has a wide bike lane). Then we'll return to Guido's on the bike path back to Genesee. Bring \$\$\$ for lunch at Guido's.

## Monday September 12th:

**9:00 AM Leisure-H1-20-SE** Meet Wayne Tomasello (720-854-8767) at the Original Brooklyn's 2644 W Colfax Ave, Denver, CO 80204 The ride is on the Platte river trail to the Cherry Creek trail to the Highline Canal to Dartmouth St. to the Platte River trail. It is a ride mostly on paved bike path with some street riding. An optional lunch is at the Original Brooklyn's.

**9:00AM FUN/FUN PLUS-H2-32-NW** Meet Merri Bruntz (303-517-9781) at Twin Lakes Park (west of Broadway on 70th Ave, 300 W. 70th Ave) for a ride west on the Clear Creek Trail to Parfet Park in Golden. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

## Wednesday, September 14th:

**10:00 AM FUN-H3-20-SW** – Amazing Maze Ride Meet Jeff Messerschmidt (303-904-0573, leave message) at the Stone House, 2900 S. Estes, Lakewood, and cycle west through Lakewood and Morrison, then south and east through unincorporated South JEFFco.

## Friday, September 16th:

**8:30 meet 8:45 Roll FUN PLUS/Intermediate -H3-35-W-1400'** "Silverthorne to Breckenridge" Meet Lauren Delle (970-903-8409) at Silverthorne public parking location TBD. Ride Silverthorne bike path and access the Frisco/Dillon bike path. Pedal thru Frisco to Breckenridge and back via bike path and road and on to Frisco for ice cream (bring \$). Limit 8 riders, including leader. Please RSVP by texting ride leader by Thursday, Sept 15. Ride will not go if it is snowy or rainy. Call the leader if in doubt. Carpooling: If you want to carpool with someone, let me know and I'll try to help coordinate.

**9:00 AM LEISURE H1-21-NW.** Loveland Rec Trail Loop. Meet Marcy Rodney cell 720-985-3403 (no voicemail, text OK) at the Centennial Park, 100 S Taft Ave, Loveland. Park on the east end, near the bike path and the pickleball courts. The city's scenic 21-mile loop recreation trail runs along the Big Thompson River corridor, over and under city streets, along irrigation canals and the west shore of Boyd Lake State Park, and through prairies and wetland meadows. Loveland has great painted utility boxes! Optional lunch at a restaurant will follow the ride. RSVP to ride leader ahead of time for trip notes. <https://www.mapmyride.com/routes/view/4692592360>

## Saturday, September 17th:

Want to post a ride on MeetUp? Contact Jeff [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Sunday, September 18th:

Want to post a ride on MeetUp? Contact Jeff [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Monday, September 19th:

**9:00AM FUN/FUN PLUS-H2-25-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field St) for a ride west on the Clear Creek Trail to Easley Rd, which we will take to the Ralston Creek Trail. We will then ride the entire length of the Ralston Creek Trail returning via the Clear Creek Trail and back to the park. Bring a sack lunch for a picnic afterwards.

**9:00 AM FUN-H1-20 SW** Meet Wayne Tomasello (720-854-8767) at River Point Shopping area in front of Chili's Grill & Bar (3860 River Point Pkwy, Sheridan, CO 80110). The ride will go on the Platte River trail to Bowles and through the Columbine Country Club neighborhood to the Columbine High School and on to the Lilley Gulch trail. Then on Kipling to the Dutch Creek trail and loop back to the Platte River trail. The ride is on a mostly paved bike trail with a little dirt road and on some quiet streets. After the ride an optional lunch at Chili's Grill & Bar.

# DBTC September 2022 Ride Schedule

---

## Wednesday, September 21st:

**9:30 AM FUN-H2to3-25 SW** Meet Patty Gaspar (303-618-5069) at the Sheridan Library Parking lot west of Federal and Oxford. We'll head toward the rebuilt Bow Mar area and go to Bowles Lake, Grant Ranch to Wadsworth and back to Sheridan High School. We'll ride some hills and lots of ups and downs, some beautiful quiet streets and pleasant bike paths. If interested, we'll go to lunch afterwards.

**9:00 AM FUN-H1-24-NE** New Ride on Little Dry Creek Meet Fred Tarbell (630-888-5290) at Rotella Park, 1824 Coronado Pkwy S, Denver, at the east end of park shelter 1. We will use the Niver Creek path to connect to the South Platte River Trail and to Clear Creek Trail and then to the Little Dry Creek. Follow Little Dry Creek to connect with Arbor Lake and Pomona Lake in Arvada. Bring money as we will stop at a Safeway Starbucks on W 80th Ave for a coffee break at 13 miles. Return by the same route. Bring a snack or lunch to socialize after. .

## Thursday, September 22nd:

**LEISURE** Join Lin Hark 303 507-3502 for a Fall Color Mystery Ride. Being off in remote and exciting places (as she often is!) Lin will wait until her return to give the details. Stay tuned to Meetup and the weekly blast for more information.

## Friday, September 23rd:

**9:00 AM FUN PLUS-H2-42-NE** Rotella Park to Golden Meet Fred Tarbell (630-888-5290) at Rotella Park, 1824 Coronado Pkwy S, Denver, at the east end of park shelter 1. We will use Niver Creek to connect to the South Platte Trail then connect to Clear Creek Trail and ride west to downtown Golden - all on paved path or bike lane streets. Bring money for your purchase at Starbucks or other nearby shops. Expect a 3 hour ride at 13 to 14 mph plus breaks. Bring a snack or lunch if you want to socialize at Rotella Park after.

## Saturday, September 24th:

DENVER CENTURY RIDE: sign up at <http://denvercenturyride.com/> Don't forget to use the 10% off discount code.

## Sunday, September 25th:

Want to post a ride on MeetUp? Contact Jeff [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Monday, September 26th:

**9:00 AM FUN-H2-18-SW** Meet Wayne Tomasello (720-854-8767) at the Platte River Grill located at 5995 Santa Fe Drive. From C-470 take Santa Fe Dr. exit going north for about 3 Miles. The Platte River Grill is on the left (West) side. Enter the parking lot and drive to the rear of the restaurant and park towards the rear of the lot. We will ride the Platte River trail north to the Big Dry Creek trail to the Highline Canal Trail to the Lee Gulch trail. The ride is on paved and gravel bike trails. An optional lunch is at the Platte River Grill.

**9:00AM FUN/FUN PLUS-H3-27-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west along the Clear Creek Trail to Easley Rd. We will ride to the Arvada Reservoir and ride a loop over the reservoir and back to the start via the same route. Bring a sack lunch for a picnic afterwards.

## Wednesday, September 28th:

**9:00 FUN PLUS H2-29 SW** Meet Peter Woulfe(540-219-6674) at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to Chatfield State Park, then up the dam over to the marina. After a break we will return the same way.

**9:00 FUN- H2-29 SW** Meet Patty Gaspar (303-618-5069) for a slower paced ride from the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to Chatfield State Park, then up the dam over to the marina. After a break we will return the same way.

## Thursday, September 29th:

**2:00 PM LEISURE H1/H2-16-SE.** NEW! Happy Hour Ride. Meet Jill McMahon (303 888-0314 cell) for an out-and-back ride from Centennial through the Willow Spring Open Space, the Willow Creek Trail and beyond to the Lone Tree Golf Club. After the ride we will have a Happy Hour at my house. Please bring a snack to share if you can. I will have some snacks, wine, seltzer and ice tea. If you wish, bring your own beer or other beverage. You must RSVP by phone or text - NO LATER than the night before. When you RSVP, I will give you my address which is near Dry Creek and Monaco in Centennial.

# DBTC September 2022 Ride Schedule

---

## Friday, September 30th:

**9:00 AM FUN PLUS H2-35-NE** Twin Lakes Loop Meet Fred Tarbell (630-888-5290) at Twin Lakes Park (300 West 70th - just west of Broadway) to bike west on Clear Creek Trail to the bridge outside of Golden, then follow Easley Road all the way to 64th Ave. to the Virgil Street entrance to the West Woods break area. We will follow the Ralston Creek Trail through Arvada to the Clear Creek Trail back to Twin Lakes. If you want to rest and socialize after the ride, bring some lunch. Expect a 3 hour ride at 13 to 14 mph.

**11:00 AM MTB P2-T2** Join Jennifer Saxhaug (720-260-8595): Enjoy a ride up Waterton Canyon to the dam or Lenny's Bench. 11AM at the Audubon parking lot. Afterwards we can enjoy lunch, bring a chair and food - a dessert will be provided.

## Saturday, October 1st:

**8:45 FUN PLUS/INT H-2-23 SW** Meet Peter Woulfe (540-219-6674). We will ride from Ruby Hill Park to the South Platte up Dartmouth Ave. to the Highline canal to Quincy St. to Clarkson to Big Dry Creek then return on the South Platte. Wheels roll 8:45 am.

**9:00 AM FUN PLUS: H2-26-NW-+998'** "CAMEL APPLE PICNIC Loop Ride" NOTE: MEET AT CROWN HILL - lunch is in the middle of the ride MEET 09:00; ROLL 09:15. Register via TEXT to the leader by Sept 30. Take a bite out of this ride and join Lauren Delle (text - 970-903-8409), at Crown Hill Park (26th & Garland) for this "Ruby Apple" twist on a DBTC picnic ride. We'll do a little westside warmup from Crown Hill Park in Wheat Ridge on bike-friendly streets and paths and then aim ourselves in a southeasterly direction to access the Weir and Sanderson gulch trails that will place us at Ruby Park for the DBTC Caramel Apple Picnic festivities. After lunching and munching, resume our northbound loop riding on the Platte River Trail, then head west to our starting point and exercise a little caloric burn on slight uphill! We've got miles and elevation numbers, but we'll take it easy at 10-14 mph pace.

**9:00 AM LEISURE H1/H2-16-SW.** Meet Sue Walters (cell 720 989-4904) for a Loop ride from Ruby Hill Park west on the Sanderson Gulch Trail to Tennyson where we will go South by Harvey Park and then west on Yale. That will take us to the Stone House where we will connect with the Bear Creek Trail. We will go east to the Platte Trail and back to Ruby Hill Park. Please arrive early so you have time to sign in and get your bike ready to go so that we can leave promptly at the start time.

**9:00 AM LEISURE H1-18-SW** Meet Dave Noble 303-694-2008, 303-906-3163 (cell) for a loop from Ruby Hill Park north on the Platte River trail, southeast on the Cherry Creek Trail, through Washington Park to Dartmouth, and back to the Platte River trail and Ruby Hill for a club sponsored lunch. Please arrive early so you have time to sign in and get your bike ready to go so that we can leave promptly at the start time.

**9:00 AM FUN-H2-19-NW** +464 From Ruby Hill Join Patty Gaspar (303-618-5069) for an easy loop on the Platte River Trail to Sloans Lake (okay, you do have to ride out 23rd Ave) and back using the W Line Trail. Ruby Hill to Sloans Lake on Platte River Trail - A bike ride in Denver, CO (ridewithgps.com)