



The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

March 2023

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News From Your Board

Hello fellow DBTC members and guests. Board members and other volunteers in the organization are busy planning and organizing events for 2023. Here are a few events for members (and potential members) to save some dates:

**May 6th Spring Kickoff
July 23rd Summer Picnic
October 7th Caramel Apple Ride**

The parks visited and evaluated so far include Aurora Reservoir, Cherry Creek Reservoir, Bear Creek Lake Park, and Chatfield State Park.

We are aware that the DBTC members have a very large network in the community and welcome your ideas and suggestions for venues, weekend and weekday activities/rides, inviting guests for potential memberships, and much more.

Have a healthy and enjoyable 2023. We look forward to seeing all of you on the trails and at the events.

DBTC's Officers

| | |
|---|--------------|
| President Mark Shimoda president@dbtc.org | 303-514-6248 |
| Vice President Virginia Dudley vicepresident@dbtc.org | 303-810-0233 |
| Secretary Ron Vasquez secretary@dbtc.org | 303-264-9684 |
| Treasurer Cynthia Withers treasurer@dbtc.org | 720-480-4766 |

Board Members at Large

| | |
|--|--------------|
| Suzy Ward boardmember1@dbtc.org | 720-355-3268 |
| Maria Elena boardmember2@dbtc.org | 720-364-0149 |
| Ruby Frederick boardmember5@dbtc.org | 303-522-3573 |
| Riggs Osborne boardmember3@dbtc.org | 720-428-2602 |
| Tom Fitzgerald boardmember4@dbtc.org | 303-424-1082 |

Directors and Staff

| | |
|---|--------------|
| Director of Ride Activities Patty Gaspar ridecoordinator@dbtc.org | 303-989-8268 |
| Out of Town Tour Director Kathy Stommel OutOfTownTours@dbtc.org | 719-671-5579 |
| MTB Coordinator Steve Thomas mtbridecoordinator@dbtc.org | |
| Fun Ride Coordinator North Jeff Krinsky intridecoordinator@dbtc.org | 720-373-9107 |
| Fun Ride Coordinator South Open Position FunRideSouth@dbtc.org | |
| Intermediate Ride Coordinator Jeff Krinsky intridecoordinator@dbtc.org | 720-373-9107 |
| Weekday Fun/Int Ride Coordinator Patty Gaspar ridecoordinator@dbtc.org | 303-989-8268 |
| Leisure Ride Coordinators Jill McMahon Marcy Rodney leisure@dbtc.org | |
| Information Coordinator Cyndy Klepinger info@dbtc.org | |
| Membership Database/Webmaster Jeff Krinsky webmaster@dbtc.org | 720-373-9107 |
| Communications Director Kathleen Shelton communications@dbtc.org | 303-264-9878 |
| Guest Relations Open Position | |

WELCOME
NEW DBTC MEMBERS

Todd Bryan

President's Message

Mark Shimoda



The weather may be cold and icy and not friendly for us bicyclists, but your board is hard at work preparing for yet another year of fun bike rides and social events. The board meets at 5:30pm every second Monday of the month to decide on club infrastructure issues and club activities. Let me briefly list what board members are signing up for this year:

Virginia Dudley - (Vice President): mail and newsletter editor;
Tom Fitzgeald - Summer Picnic Event Coordinator and MeetUp gatekeeper;
Ruby Frederick - Caramel Ride Event Coordinator and FaceBook gatekeeper;
Riggs Osborne - Volunteer Recognition Dinner Event Coordinator;
Mark Shimoda - (President): Spring Kickoff Event Coordinator;
Ron Vasquez - (Secretary): Volunteer Recognition Dinner Event Coordinator;
Suzy Ward - Bike clothing coordinator and Caramel Ride Event Coordinator;
Cynthia Withers - (Treasurer): Volunteer Recognition Dinner Event Coordinator and project manager for club emails.

These members deserve a hardy THANK YOU for all their efforts on your behalf!

In my last message, I mentioned a fact that everyone in the club knows well, our membership is growing older every year. I mentioned the response of a 61 year old member who attended a couple of social events last year and said that the membership was too old for her. Is there anything we as a club can do to mitigate, stop, reverse this trend?

There are four action points that are being initiated to encourage younger people to join our club and insure its future. First, Helen Berkman and Tom Fitzgerald and engaging more with people who initiate contact with our DBTC MeetUp site. They respond to people who contact the DBTC MeetUp site with a welcome letter and a follow up letter. There are over 1400 DBTC MeetUp members and fewer than 400 dues paying DBTC members. Let's close that gap.

Second, Ruby Fredrick and Suzy Ward are putting more content and keeping it current on our FaceBook page and expect that will encourage more people to contact DBTC via FaceBook and to learn more about our club. If people want more information about DBTC, they are directed to our website which is ably managed by Jeff Krinsky, our club Mr. Do It All.

Third, we are fortunate to have Steve Thomas, a former club Treasurer, and Dick Plastino and Liz Cameron, resume or continue to play major roles in the mountain biking section of our club. Steve has agreed to be the new ride coordinator, taking over for Cathy Liebowitz who has served well for many years. Dick has been a real leader for the mountain bikers, posting and leading rides for the past several years. This year he will continue that role in a more formal manner for the club and will personally offer several clinics for beginning mountain bikers in March. (more on that in future newsletters) And Liz has agreed to continue posting and hosting "Show and Go" rides on Tuesdays as she has done over the past several years. A big "thank you Liz." Our hope is that attracting younger mountain bikers would be a great addition to our club.

And finally, I am working to get commitments from ride leaders to lead rides on weekends. Working folks cannot do weekday rides. Working people are younger, just the crowd we want to attract and yet we have not offered anything for them. Doesn't make sense does it? So far I have obtained commitments from a number of club members to lead weekend rides. These people will hopefully help the club offer something for just the people we want to attract. So thank you to Fred Berry, Kathy Basel, Wes and Ruby Frederick, Merri Bruntz, Jeff Krinsky, and Marianne Curtis.

Another fact of life for our club is the loss of income from selling maps to bike shops. I have not been able to obtain a figure of exactly how much net income was generated from these sales but rough figures indicate amounts well over \$10,000/year. That is a lot of money to replace! So now DBTC is a dues and payment-for-events club, no more subsidies. So what can we do about this? Again, we are initiating several steps to compensate for this new reality.

First, because of the income generated from maps in the past, our club has what I am going to call an "endowment" of about \$20,000. We will look to generate as much income from this money as possible within the guidelines of the IRS for a 401 c-4 non-profit organization. If we were a 401 c-3, we could solicit tax deductible money but we are not so we have limitations. In this climate of increasing interest rates (and inflation), we will look to earn about \$1000/year in interest in 2023.

Second, we hope to establish relationships with more sponsors. We have been fortunate in the past to have sponsors like Charnes Travel, GoodTurn eBikes, Jim Holmes Realty, who have supported our club generously. The IRS limits contributions from non-bicycling entities to \$1000/year. But, there is no limit on sponsorship from bicycling entities. The challenge is finding businesses that are willing to sponsor us. Anyone willing to go out and find such businesses? In the past, I have asked my physical therapist, my orthopedic surgeon, my bike repair shop to sponsor us but no luck, yet. I keep trying but if you would be willing to help, please do.

In summary, your DBTC board will continue to focus on group bike rides and social events and all the infrastructure that goes behind making these events happen. These are the heart of what we are as a club and they must be at the top of the list of our priorities. Please do what you can to make our club better and Thank You for being a member.

A Big Thank You to Our 2023 Sponsors!



Charnes Tours - www.charnestours.com

Looking for a great bike vacation in Europe? Charnes offers both self-guided and guided bike tours in Italy, Germany, Austria and Croatia with a new trip in Albania in 2023. David Charnes lived in Italy for 30 years and is experienced and eager to share the latest news about biking in Europe!



kw KELLERWILLIAMS.
REALTY, DTC LLC
Each Keller Williams brokerage business is independently owned and operated

Jim Holmes

Jim is both a cyclist and a seasoned realtor of over 40 years who merged his real estate practice with the Kiker Team, Keller Williams Realty, DTC in 2018. Jim and his brother Bill served on a DBTC committee in the mid 90's that helped create and market the official club Jerseys and Tee Shirts still seen around today! Jim is passionate about empowering seniors to live as independently as possible with the best quality of life.



Financially Speaking, Inc. – www.financiallyspeakinginc.com

Phil Luccock, founder and president of Financially Speaking, Inc., is an avid cyclist and long-time supporter of the DBTC. He and his diversely talented team strive to ensure that clients receive the personal service and professional recommendations needed to achieve their unique financial objectives. As a fee-only financial advisor, we do not sell anything or receive commissions, thereby avoiding potential conflicts of interest. At Financially Speaking, Inc., we want to do more than help our clients build wealth; we want to help them live a richer life. Initial consultations are always free of charge.

Cycling

noun.



A superior form of transportation requiring only a velocipede and effort. Studies have shown that riding a bicycle regularly makes you far superior to the general population.

A Conversation with the Club Treasurer

Yikes! I AM BEING BILLED FOR DUES! WHERE DOES THE MONEY GO?

– by Cynthia Withers

- Q:** Why do I pay dues? I pay extra for our special events, the Volunteer Recognition Dinner, Summer Picnic, Spring Kickoff and Caramel Apple. Why don't my dues cover these events?
- A:** Running an organization and communicating to our Club Members doesn't come for free... so how do we spend our dues? DBTC's Board exhibits good fiscal management keeping the Club financially solvent. Annually we collect approximately \$11,000 for individual and family dues. The dues help defer a large portion of the \$15,735 expenditures for the following 3 expenditure types:

Communication - \$9,035 – 58%
Legal/Insurance/Board Support - \$4,765 – 30%
Ride Leader/ Member Support - \$1,935 – 12%

Communication is the heart of our club. We pay a small monthly stipend to our Webmaster to ensure the website runs smoothly. We annually pay for our website software. We continuously pay "pay as we go" transactional fees.

We communicate to you using the website to post our newsletter, talk about past events, blast emails out to our club members and pay for our dues/events. We pay a small monthly stipend to our editor for transforming our articles into a publishable format. The result is a professional, clear and easy to read electronic newsletter.

We tell you about upcoming events using our paid membership in Meetup. We maintain a free page on Facebook with pictures about our rides and events. We give you free access to our routes using our paid subscription in Ride With GPS.

It's through all these communication methods – website, email, Meetup, Facebook, Ride With GPS – that we keep you updated and current about our Club's events.

- Q:** What is the benefit DBTC derives from our Legal/Insurance and Board Support expenditures?
- A:** As a Not-For-Profit organization, we have to adhere to federal and state mandates to protect our Club members. It's through the many volunteer work hours of your Board members (both past and present), ensuring we have stayed "legal" since 1964 that DBTC has continuously, successfully operated and thrived as a Not-For-Profit social network for cycling enthusiasts.
- Q:** Why do Ride Leaders get the least amount of support with only 12% of total expenditures. After all, the Club is about getting together to go on rides!
- A:** DBTC is privileged to have many enthusiastic Ride Leaders who volunteer a lot of their time to ensure DBTC members have safe, enjoyable cycling adventures. To keep the rides fun, the Club reimburses the Leaders for ride treats (such as lattes and ice cream), safety training and special get-togethers such as birthday celebration rides. As a social organization, providing hundreds of rides every year, we want to ensure everyone has a good time, remains safe and enjoys a treat with their Leaders.
- Q:** But Wait!! These expenses total 15,735. That exceeds the \$11,000 we collect in dues! How do we fund the \$4,735 deficit?
- A:** DBTC relies on sponsors, such as David Charnes and Jim Holmes to help financially support the Club. DBTC charges a "\$40 DBTC Pay as You Go Fee" for Club sponsored trips such as the upcoming "Ride the Fault Line" trip in June. Finally, when necessary, DBTC uses savings to cover the shortfall.

Because these other income sources are insufficient to cover the costs of running DBTC as a Not for Profit organization, we ask for your continued support by paying your annual dues. That way, we can continue to support you!

DBTC Insurance, How Does it Help Me?

Did you know that DBTC has an insurance policy? In fact, it has three: One is Directors & Officers Liability and Crime policy and the others are General Liability and Excess Accident Medical.

The "Directors and Officers Liability and Crime" policy insures the board members and officers and provides indemnification for losses or advancement of defense costs in the event our officers and or board were to suffer a loss as a result of a legal action brought for alleged wrongful acts in their capacity as directors and officers.

The "General Liability" and "Excess Accident Medical" covers the day to day operations of our club such as meetings, group rides, training rides and skills clinics. The General Liability specifically protects DBTC against lawsuits that arise from bodily injury, property damage, personal and advertising injury. The Excess Accident Medical is designed to supplement existing primary medical policies and help payout-of-pocket medical expenses incurred by members who sustain bodily injury as a result of an accident during any of our club activities.

This coverage comes with requirements that we as DBTC club members must fulfill:

- **All members** must sign a release of liability waiver yearly. This is done when members renew their membership.
- **All riders**, guests and members, must sign a release of liability waiver for each and every ride. Therefore, it is important that all riders take the time to sign this form at the start of every ride. Presently your board is working on some revision to the present form and will have the new form ready for the new riding season. It will be made available on the DBTC website along with the accident report form.
- **Ride Leaders** must scan or photograph these releases of liability waivers for each ride and electronically submit them to a Google Drive site that the board will set up. DBTC must retain these signed waivers for three years.
- **Ride Leaders** must fill out an accident form if any member or guest suffers an injury while on a DBTC sponsored ride. This form must then be scanned or photographed and submitted to the Google Drive site that will be set up.
- **Board** must revise the waiver of liability sheets and set up the Google Drive site for holding these waivers for three years.

So what are the benefits?

1. The biggest benefit is that the "Excess Accident Medical" policy will help an injured **member** pay for medical bills for an injury sustained while on a DBTC ride. The DBTC policy is a secondary policy so the member's policy will pay medical bills first, then out-of-pocket expenses incurred will be covered to the limits of our policy.
2. **Ride Leaders and DBTC** will have protection under the "General Liability" policy.
3. **Guests** will be limited to one ride/year and will not have coverage under the "Excess Accident Medical" policy. Only members who have paid their dues on time will have coverage.
4. **Identifying guests** and having them sign the waiver is very important because Meg Carruthers Stanley, one of our insurance agents, said her group is seeing a trend of more guests filing lawsuits against clubs they are riding with.

This article is intended to be a summary of the coverage provided by DBTC. There will be questions about the coverage and they will be covered in future articles. The take away from this article: members have secondary medical coverage and all members have liability coverage. A nice membership benefit!

Mark Shimoda
President

Celebrating 80



On Saturday, February 11th, DBTC riders celebrated the BIG 80th birthdays of Suzie and John, who were born on the exact same day (along with others who shared a February birthday shown below) at Suzie's house.



Check out our Facebook Page!

There's a Facebook page for Denver Bicycle Touring Club. We post current events about DBTC, pertinent or interesting information about cycling, and most importantly, photos about our rides and activities! If you post your pictures on MeetUp after each ride, then they can be posted on Facebook!

If you don't have a Facebook account, it's very easy to sign up! Just go to www.Facebook.com and Create an Account. Once you set up your profile, go to the home page and at the top of the screen under Search, type in Denver Bicycle Touring Club. You should see our logo, click to Follow the page and that's it! See you on Facebook!

[Click here for the DBTC Facebook Page](#)

Please Check Meetup for Rides & Upload a Photo

March is unpredictable and quite snowy so we will continue to post rides on MeetUp through March. Use MeetUp to schedule rides and to cancel rides. All rides will be posted on MeetUp and on the www.dbtc.org website. Due to the uncertainty of the weather in the winter months, the leader may cancel the night before or morning of the ride, so check MeetUp before heading out. Don't forget to "spring forward" your clocks one hour on March 12th!

And, we ask that you please upload a photo of yourself on MeetUp and use your first and last name or your first name and initial of last name - so that we know who you are!

Bear Creek Trail Update



Bear Creek Trail phase 6 closure begins February 20th.

The Bear Creek Trail from S. Kipling Parkway to S. Kipling Street will be closed beginning Monday, Feb. 20 for construction. For your safety, respect closures and utilize detours that are in place. This closure is expected to take approximately one week, weather dependent.

To view the Bear Creek Trail Site Plan Visit

LakewoodTogether.org/BearCreekTrail for more information about this project.

BEAR CREEK TRAIL IMPROVEMENTS: PHASE 6



Halloween Rides



On Sunday, October 30th Jeff led riders on his Annual Old Town Arvada Scary Graveyard Ride.

On Monday, October 31st, Merri led riders on the Fairmont Cemetary Halloween Ride.





We will miss you!

Long-time DBTC member, Mary Stewart, departed for her final adventure on January 29th at her home in Denver.

When she moved to Colorado in 1981, Mary joined the DBTC. Her contributions to DBTC include serving on the Board as Treasurer/ Membership Services (when DBTC boasted 1,000 members), leading rides, especially "breakfast rides" and serving as the DBTC Guest Services contact person. Her involvement in DBTC, as well as many other organizations, resulted in many lifelong friendships. In addition to mountain and road cycling, Mary was an avid outdoorswoman who enjoyed downhill and cross-country skiing, hiking and adventure travel. She also supported the theatre, museums.

One of her DBTC friends shared that Mary was a bundle of energy with numerous friends who loved her dearly, and it will be hard to not see her smiling face on a bike ride, at a party, over dinner, or wherever she might have joined us.

Memorial services are still being planned for the South Dakota native. Her family requests that memorials be sent to the Mary Stewart Memorial at Spirit Mound Trust, P.O. Box 603, Vermillion, SD 57069.

The family has published a memorial page to share memories of Mary. [Click here for the link.](#)



2023 ADVANCE Planning CALENDAR

DBTC Events

May 6

DBTC Spring Kick-Off
Clement Park, Littleton

June 28

Bike to Work Day
Denver

July 23

Summer Picnic
Prospect Park, Wheat Ridge

Oct 7

Caramel Apple Rides
River Run/Broken Tee

Nov – Date TBD

Volunteer Recognition Dinner

2023 Colorado Upcoming Events

Check the website for each event to get all of the latest information for it.

**The following are not DBTC events,
Club insurance will not be applicable.**

May 12-14 – MTB

[Fruita Fat Tire Festival](#)

You can also demo mountain bikes with registration and a demo pass.

Fruita, CO

Jun – Month of June for Virtual Ride

[Pedaling 4 Parkinson's](#)

Jun 4 –Elephant Rock

[12, 45, 62, 100 mile routes](#)

Castle Rock CO

Jun 11 – 16

[Ride the Rockies](#)

6 days – 32 to 91 miles

Total of 308miles and 26,890 elevation gain

Fort Collins, Estes Park, Allenspark, Grand Lake, Winter Park, Gilpin County, Ft. Collins

continued next page...

New From You!

We would love contributions for the newsletter from you.

Some ideas are:

Bicycling jokes and cartoons

Bicycling articles – how to, new gadgets and more

History of local streets and bike paths that we ride on a lot

Send them to Virginia Dudley

Phisher Targeting DBTC

The DBTC phisher is alive and well. On Jan. 24, 2023, three DBTC board members were sent an email with this address claiming to be me, ddyhbm234101@gmail.com. I discovered the email address by pointing my mouse in a “hover” position. That’s when the real email address of ddyhbm234101@gmail.com displayed. This is not my email address; nor did I did not send out the following email request,

“I need you to go to the nearest Walgreen, Target, Kohl’s, CVS, Kroger, Macy’s or any other convenience store and get 4 Amazon Gift Cards at \$100 each, once you have the cards, scratch the back of the cards to reveal the pin, then take a snapshot of it showing the pin codes and have the images attached and email to me.” I repeat, THIS WAS NOT SENT BY ME. This person is claiming to be me but is not me.

If you get such a request or a similar request, do not open it! Do not respond to it! Delete it right away! Deleting the phishing email protects you and your contacts from being stolen and becoming a part of the phishing scams.

Let me know that you are a target of a phishing scheme which claims a request is coming from me. I will never make such a request either personally or on behalf of DBTC, NEVER!!

Be warned, be careful, be safe

– Mark Shimoda

Time to Get Your Bike Serviced!

Warm weather is coming! Is your bike tuned up and ready to rock and roll? Are your brakes adjusted, your chain in good shape and no problems with your spokes? Now is the time to make an appointment to get your bike serviced. We don’t want you waiting a long time to get that nagging issue fixed so make that call now and we’ll see out on a ride having a good time.

2023 ADVANCE Planning CALENDAR

Jun 24 - 25

[MS 150](#)

32, 60, 80, 100 mile options
Westminster, Fort Collins, Westminster

July 15

[Tour de Steamboat](#)

Gravel – 50, 100 mile routes
Road – 26, 44, 66, 100 mile routes
Steamboat, CO

Jul 22

[Triple Bypass](#)

118 miles Evergreen to Aspen

Jul 29

[Tarry-It-Up](#)

30, 50 and metric century routes
Tarryall, CO

Aug 5

[Copper Triangle](#)

79 miles, 6500’ elevation gain
Copper Mountain, CO

Aug 12

[La Veta Century Ride](#)

102 miles, 7500’ elevation gain
La Veta, CO

Aug 26

[Venus de Miles](#) (women only)

33, 66 and 100 mile routes
Boulder County, CO

Sep 9

[Tour of the Moon](#)

41 and 64 mile routes
Grand Junction, CO

Sep 16

[Tour de Vineyard](#)

23 and 58 mile routes
Palisade, CO

Sep 23

[Denver Century Ride](#)

24, 50, 85 and 100 mile routes
Denver, CO

First Ride of The Season!



Saturday, January 14th 2023: The first ride of the season!

Patty's Pie Ride



On Wednesday, October 19th, Patty led riders on a south side loop that culminated at Granny Scott's Pie Shop.

Merri's Chatfield Ride



On Monday, October 3rd, 2022 riders met Merri to explore Chatfield Reservoir.



Patty's Not NYC Ride



On Saturday, October 22nd, Patty led riders on an exploration tour from South High to Central Park (not in NYC).

Volunteers for Spring Kick Off are Needed May 6th 2023

Please consider volunteering for one of the tasks so we can put on a really fun event for all our members.

GATHERERS, SET UP, SERVERS, CLEAN UP – We need someone to complete each of the following tasks:

- ___ Pick up 80 lb ice and deliver to Clement Park at 11a
- ___ Pick up coffee from Starbucks on Wadsworth near Clement Park and deliver to site at 11am
- ___ Pick up sandwiches from Costco at Wadsworth and Quincy and deliver to Clement Park at 11am
- ___ Pick up vegetarian sandwiches from Subway at Pierce and Coal Mine and deliver to Clement Park at 11am

At least THREE volunteers to help set up food, drinks, service items and serve sandwiches, 11-12:30

At least THREE volunteers to help with clean up, 2:00-2:30pm.

If you would like to help out by volunteering with one or more of these positions, please reach out to the event coordinator, Mark Shimoda. Help your club put on a nice event, meet new people, really be a part of our club.

Thank You,

Mark Shimoda
President
Event Coordinator

[Click Here to send Mark an email with what you would like to help with](#)

Do You Want to be a Stronger Rider?

– by Cyndy Klepinger

If so, a recent e-news article, Five Simple Ways to Increase Cycling Power by Tyrone Holmes, may be worth a read.

One way he suggests improving is by riding uphill at relatively large gear at a moderate cadence. He recommends starting by doing hilly rides with 1,000 feet of climbing and slowly adding distance until you can ride 3,000 feet of climbing in one outing. Holmes also suggests another option where you do short, high-intensity sprint intervals up steep hills. These sprints should be between 60 and 90 seconds. The goal is to complete 12 in a single workout. Cherry Creek anyone?

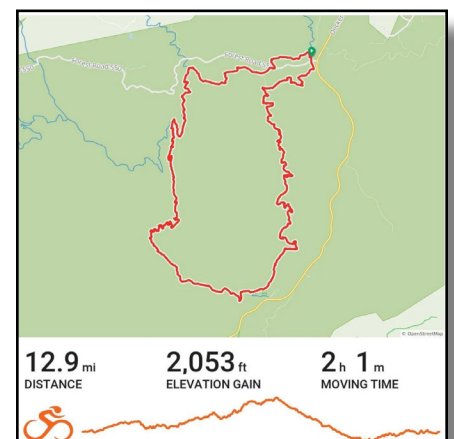
Another suggestion is to take advantage of a windy day -- and ride into the headwind.

[Read the whole article here](#)

MTB Little Scraggy Trail Loop



On Saturday, October 22nd 2022 Mountain Bike Riders took a ride on the Scraggy Trail Loop.



DBTC Announcements

TIME FOR MORE RIDE LEADERS – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

Here's how to contact one of the ride coordinators:

South: Ellen Fitzpatrick ellenfitz4@comcast.net

Weekday: Patty Gaspar patty@gasparjones.com

MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com

North: Jeff Krinsky jkrinsky2003@yahoo.com

Leisure: Jill McMahon jillmm7@gmail.com

& Marcy Rodney, mrodney@rsiresearch.com

MAP SALES: We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!

DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

The Mission Statement of the Denver Bicycle Touring Club is to:

Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public. Advocate and support bicycling routes with local governments in the Denver Metro area.

Social Media for DBTC

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.



To follow us on Facebook:

Go to facebook.com and join the DBTC page where you can find links to articles discussing the cycling community along the front range.



To join Meetup:

Go to meetup.com and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups.

Plan A Ride with the DBTC Bike Route Map!

Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact mjchoske@gmail.com for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.



DBTC Winter 2023 RIDES

Winter is fading away, but riding is hit and miss so you must use MeetUp to schedule rides when the weather forecast is good. There are a few scheduled rides and all others will be posted on MeetUp and on the www.dbtc.org website. The leader will try to post them at least three days in advance so that you can let them know you plan to join the group. Due to the uncertainty of the weather, the leader may cancel the morning of the ride. If you have signed up through MeetUp you will receive a notice of the cancellation.

You are welcome to post rides throughout the winter on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. If you have lead rides in the past we will post it for you. If you have never lead a ride we will work with you to get you up to speed.

South: Ellen Fitzpatrick ellenfitz4@comcast.net
Leisure: Jill McMahon jillmm7@gmail.com
& Marcy Rodney, mrodney@rslresearch.com
North Fun & Int: Jeff Krinsky jkrinsky2003@yahoo.com

Weekday: Patty Gaspar patty@gasparjones.com
MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com
& Jim Black jb@jamesblack.org

If you'd like to include an activity in the newsletter for March, please email it to patty@gasparjones.com by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.

| Pace of Ride | Difficulty of Terrain | Distance | Quadrant of City | Departure Time |
|---|--|--|---------------------------|--|
| Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT – 15+ pace shown (i.e. 15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes | H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required | This is an estimate – options may be offered | NW NE SE SW W | Arrive early enough to unload your bike and be ready to leave at the time shown. |

Assume rides are canceled if the temperature is below 40 degrees at start time or it is raining or snowing, but the ride leader can specify a minimum temperature or cancel because they do not like the conditions. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. You can also go to Ride with GPS to map rides.

Twitter account: @DenverBikeClub – note many members do not tweet.

DBTC Meetup group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are also on Facebook, if you want to share pictures or bike-related news there.

Please Note:

- Joining either Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to webmaster@dbtc.org to continue receiving the monthly newsletter.

Fall/Winter Riding Guidelines

Weather: No snow or rain and above 40
Clothing: wear layers and bright colors over dark jackets
Other: bring water, repair items and a snack

Leaders can cancel a scheduled ride if they think the weather is unpleasant, trails or roads may be icy, or no one has responded to MeetUp to register so they are not expecting any riders. If you signed up on MeetUp you will be notified if the ride is cancelled.

DBTC March 2023

Weekday Skiing with DBTC

Love to ski or would love to learn? Hate the crowds, the long lift lines, the I-70 traffic and the inflated ticket prices? Loveland is the place for you! This great classic ski area is the closest area to Denver at 57 miles from downtown Denver. DBTC has an active group of skiers who go to Loveland almost every week during the ski season. Discount Loveland tickets, Be ready for a great ski season with DBTC! Watch MeetUp to get weekly reminders of upcoming ski days. Skiing is not a DBTC sponsored activity.

Stay in touch with your new DBTC friends this winter!

DBTC members are free to invite others for their winter outings. You are welcome to post rides or other activities throughout the winter on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. Skiing is not a DBTC sponsored activity. Please post at least 3 to 5 days in advance.

We will not send out weekly blasts this winter. However, you may get a late breaking news blast.

Saturday, March 11th:

12:00 PM FUN PLUS/INT - H1 26 Miles N. Meet Peter Woulfe (540-219-6674) at Twin Lakes Park, 300 West 70th (just west of Broadway). Ride east along Clear Creek and then north along the South Platte River to Riverdale Park (Adams County FairGrounds). Then return the same way.