



The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

March 2024

INSIDE...

Club News from the President	p. 2
New Members	p. 2
Club Sponsors	p. 3
DBTC Celebrates 60 Years	p. 4
Treasurer Report	p. 5
Goodbye Newsletter	p. 5
S Platte Hotel Ride Photos	p. 6
2024 OOTT Information	p. 7
OOTT: Let's Go Durango	p. 7
Sloans Lake Ride Photos	p. 8
Backwards Limerick Ride Photos	p. 8
Rembering Melba Boquet	p. 9
Triple Loop Ride Photos	p. 10
Wanted: Newsletter Producer	p. 10
MTB Highlands Backcountry Photos	p. 11
Granny Smith Ride Photos	p. 12
Original Brooklyn Ride Photo	p. 12
DBTC Facebook Group	p. 13
2024 Small Venue Events	p. 13
DBTC Marketplace	p. 13
Dinosaur Ridge Ride Photos	p. 14
Spring Riding Guidelines	p. 15



If you have questions, if you want to contact an officer or have items to sale in the DBTC Marketplace, send an email to:

DBTCinformation@gmail.com

DBTC's Officers

President Mark Shimoda	303-514-6248
Vice President Virginia Dudley	303-810-0233
Secretary Ron Vasquez	303-264-9684
Treasurer Cynthia Withers	720-480-4766

Board Members at Large

Maria Elena	720-364-0149
Ruby Frederick	303-522-3573
Tom Fitzgerald	303-424-1082
Simone Caruthers	720-636-2884
Fred Tarbell	630-888-5290

Directors and Staff

Director of Ride Activities Patty Gaspar patty@gasparjones.com	303-989-8268
Out of Town Tour Director Kathy Stommel cyclekats@gmail.com	719-671-5579
MTB Coordinator Steve Thomas steve.thomas001@yahoo.com	303-419-2531
Fun Ride Coordinator Jeff Krinsky jkrinsky2003@yahoo.com	720-373-9107
Intermediate Ride Coordinator Jeff Krinsky jkrinsky2003@yahoo.com	720-373-9107
Weekday Fun/Int Ride Coordinator Patty Gaspar patty@gasparjones.com	303-989-8268
Leisure Ride Coordinators Jill McMahon Marcy Rodney	
Membership Database/Webmaster Jeff Krinsky jkrinsky2003@yahoo.com	720-373-9107
Communications Director Kathleen Shelton	303-264-9878
Guest Relations Tricia Lee	513-283-1274

WELCOME NEW DBTC MEMBERS

Jean Deering

President's Message

Mark Shimoda

WELCOME TO DBTC'S 60th YEAR!

Believe it or not, DBTC turns 60 this year. I wish I had proof of this but I do not. If any of you out there have a source of information to verify the date of birth of DBTC, please send it to me. The Board and I are taking the 60 year old claim as valid and we are coming up with ways to celebrate our club's 60th.



So how is DBTC doing as it heads into #60? Let me address this along several metrics. First, membership. We presently have 348 members (not all dues paying because of family memberships and past presidents having been granted free life memberships) and that number has held constant for several years. Past presidents like Diane Short and Richard Geissler tell me that in the early 2000's, membership was 1000-Diane and 2000-Richard. So yes, membership is down in numbers. A concern is the age of members. Cynthia Withers, our Treasurer, waded through lots of data in Wild Apricot, our Membership and Events Software. My analysis of that data indicates that 61% of our members are 70 years old or older. Thirty-three percent are in their 60's and 7% are in their 50's or younger. Our membership is definitely skewed toward a more mature crowd which influences types of rides our club should offer and types of social events which are held.

How about our finances? Our finances must be considered within the context of a decades long trend of fewer members (costing thousands of dollars) and the loss of the income from selling maps (a loss of up to \$20,000/year.) Fewer members and no map sales income means that DBTC is almost totally funded by dues with some income from interest earned on CD's and an iBond and sponsors. Last year the finance committee, Cynthia Withers, Virginia Dudley, Tom Fitzgerald and Mark Shimoda, worked up a budget that anticipated a deficit of \$2505. The actual deficit turned out to be \$228. For 2024, the finance committee has drawn up a budget with a deficit of \$2661. Obviously, DBTC cannot continue to run a deficit year after year and discussions have been held on how this deficit can be eliminated: dues increase, sponsors, garage sale, raffle, bake sale, selling bicycle equipment at Velo Swap, etc. More on this later. One thing members can count on will be a modest increase in dues at some point in the future.

How about our volunteers? This is a bright point. Our club offers about 300 rides/year or 300 ride leader volunteer opportunities. Board members attend 12 meetings/year for another 108 volunteer opportunities. Then there will be three large social events in 2024 and each will require about 20 volunteers for another 60 volunteer slots. Then there are volunteers who coordinate rides, contribute to the newsletter, lead seminars, lead Out of Town Trips (OOTT's), write articles for our newsletter, audit our finances, etc. This amounts to almost 600 volunteer opportunities/year. And these positions are filled each year with members generous enough to donate their time and energy to help make DBTC work. THANK YOU VOLUNTEERS. YOU MAKE OUR CLUB!

We enter 2024, with some challenges but if I could measure the enthusiasm of our board members and extrapolate that to the entire membership, I would say, DBTC is in for a great year!

– Mark Shimoda

DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

The Mission Statement of the Denver Bicycle Touring Club is to:

Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public.

Advocate and support bicycling routes with local governments in the Denver Metro area.

A Big Thank You to Our 2024 Sponsors!

Steel Horse Rescue - SteelHorseRescue.com

Steel Horse Rescue is your resource to help you ride longer & easier! Professional Bike Fitting at a fraction of the cost of some other fit systems. Take advantage of over 30 years' experience, including 7 years' experience at the dedicated fit studio at Bicycle Village. Training at New England Cycling Academy now Fit Kit, Trek bicycles 40 hr course, 16 hr course at Fit Kit, 4 hr course at BBI in Colo Springs. Want to learn more about maintaining your own bike? Ongoing Maintenance Classes, both group and individual, are available, all tools supplied! Certificates held from BBI, Shimano T.E.C., Professional Bicycle Mechanic Assoc, Yamaguchi Bicycles Frame Building School.

Contact us now through our website Steel Horse Rescue FB page [Steel Horse Bike Rescue](#) or at wrenchrandy@centurylink.net



Slo-Hi
COFFEE + BIKE

Slo-Hi Coffee + Bike

We're Steve, Adam, Anne, Tom, Sam and Alexis from Slo-Hi. We carry the bikes we like to ride and service. We love riding bikes of all shapes and sizes, on-road and off, with our families, friends, and sometimes all by ourselves.

We service and sell any and all of the following types of bikes:

- Cargo and Kids
- Commuters, City, and Hybrid
- Electric and E-Bike Conversions
- Mountain, Road, and Gravel
- Touring

We'd love to talk to you when you come visit our shop!
See you soon at Slo-Hi Coffee + Bike.

slohibike.com



Mike's Bikes

Mike's Bikes has four stores in the Denver metro area, an online store, and 14 stores in the Northern California area. Mike's Bikes was established in California in 1964. In May 2022, Elevation Cycles, a local 4 door bike shop in the Denver metro, joined forces with Mike's Bikes. Our Denver locations now have the pleasure of selling Santa Cruz, Cervelo, Cannondale, Pivot Cycles and Giant. Whitney Tabaina and Phillip Brown were previous owners of Elevation Cycles and have stayed on to help run the Colorado region. Mike's Bikes is excited to continue to provide top notch hospitality, support and inspire the rider, and help grow our cycling community.

mikesbikes.com

Carboy Winery and Angelo's Taverna

In March of 2013, Craig Jones bought Angelo's Taverna and partnered with Chef Scott Hybbeneth to bring the best of old world Italian pastas and pizzas with added modern favorites, such as chargrilled oysters and balsamic glazed ribs, making the eclectic menu that you see today.

When a parcel of land became available in Littleton, Craig saw an opportunity to bring the Angelo's concept to his neck of the woods in the south suburbs, with a twist, Carboy Winery. They built a sister restaurant with a 10,000 square foot full scale urban winery thus bringing together the best food and wine to your table without pretentious prices or attitude. The newest Carboy location, in Palisade, Carboy Winery's Estate Vineyard, has a tasting room for welcoming Apres Bike guests to their rooftop patio.

Come visit us to share our collective experiences and make them yours at:

- Angelo's Taverna in Denver and Littleton
- Carboy Winery in Denver, Littleton, Breckenridge, and Palisade
- Logan Street Restaurant and Bar in Denver
- Gold Pan Saloon in Breckenridge



What Was DBTC Like in the First 50 Years?

Darlene Dietzler and Cyndy Klepinger did a lot of research 10 years ago to let us know what DBTC was like over the first 50 years.

This is an interesting read from the January/February 2014 Newsletter.

DBTC Keeps Rolling After 50 Years

Darlene Dietzler & Cyndy Klepinger

Sew-up tires? Bike shorts with no padding?

No helmets or gloves? Aluminum-sheathed wooden rims? These were the norm for cyclists 50 years ago when the Denver Bicycle Touring Club was established. As a social club, its purpose was to encourage group riding and touring (overnight trips) in the Denver and surrounding mountain areas. Weekly rides were determined by an individual member whose responsibility it became to call other members. The names and phone numbers of members were kept on file cards in a file box, which was passed around to a new ride coordinator about every three months or so. Even then, the DBTC existed to promote the enjoyment of the sport of riding. The first League of American Wheelmen Century bike ride was held October 1969. It became the DBTC Annual Front Range Century Ride in the next year or so.

After several years of this informal organization and as cycling underwent a resurgence of popularity, the small core of dedicated riders decided to formalize the club's operation. DBTC received a Certificate of Affiliation from the League of American Wheelmen Inc. (known nowadays as the League of American Bicyclists) on March 26, 1973. With this affiliation, the Club added LAW sanctioned rides, which offered patches to participants. For example, in May 1974, there was a sanctioned half-century from Bear Valley to Evergreen and back. On March 14, 1974, the Club received a Nonprofit Certificate of Incorporation from the State of Colorado. At this time, the Club had 200+ members including Governor Richard Lamm.

After formalizing the operation, club members continued to organize weekly rides, the annual century ride and overnight tours. Unfortunately, the last Front Range Century was held September 15, 1998 in Ft. Lupton.

DBTC had an opportunity to assume the production and wholesaling of bike maps when the Mountain Bicycle Association folded in 1986. Club members had been actively involved in this project previously. The club continues to produce and market these maps.

While the Club is known for its numerous rides, it also supports bike advocacy organizations. Over the years, DBTC has contributed thousands of dollars to various cycling related organizations and causes in the state, including Bike Denver, Bicycle Colorado, and Bike Jeffco.

Over the past 50 years, the Club has experienced its ups and downs. But its vision has remained the same: to offer a recreational ride program with a friendly, social atmosphere. In 2014, the DBTC Marketing Committee is planning a host of activities to recognize this milestone! Activities, as well as highlights from our proud history, will be featured in upcoming newsletters.

This was one of the first club logos; it was designed in 1975. In 1995 and 1996, a new logo was conceived, featuring purple and turquoise colors. Free tee-shirts with the new color and logo were given to all members. Many are still seen today.



*Continuing to Celebrate
60 Years of Our History*

If you have any fun or interesting stories from when you were a DBTC member sometime in the first 50 years, send them to Virginia Dudley to be included in newsletters this year as we celebrate another DBTC Milestone. vdudley@hotmail.com

Treasurer's Report

by Cynthia C. Withers

DBTC successfully closed 2023 with a \$228 operating deficit. This was almost \$2,200 less than our originally budgeted \$2,505 budget deficit. We used the map sales profits in our savings account to fund the \$228 actual deficit. However, last year, the Club depleted the remaining map inventory either through sales or by giving new members maps. Therefore, the Club no longer relies on map sales as a source of future income.

Beginning in 2024, membership dues represent 66% of our total Club budgeted income. The other 34% of our budgeted income comes from special events, interest and outside sponsorships.

How did we budget our money for 2024? Almost 70% of our budgeted expenses will go toward everyday costs to operate our Club. These costs are insurance, tax, software, post office box rental, newsletter editor and webmaster support. They are 4% higher than our dues income so we must use part of the interest and sponsorship income to pay for this 4%. We rely on Club events running as close as possible to a break-even! Then the remainder of our budgeted income is used for discretionary items such as Ride Leader training, ride treats, advertising, and legal costs.

You can see how 2023 compares to our 2024 budget. During 2024, your Board and Officers will be working hard to minimize the projected budgeted loss to ensure DBTC has a fiscally successful year!

DENVER BICYCLE TOURING CLUB						
2023 Actual /Budget and 2024 Preliminary Budget						
	DOLLARS			PERCENT		
	2023 ACTUAL	2023 BUDGET	2024 BUDGET	2023 ACTUAL	2023 BUDGET	2024 BUDGET
INCOME						
Dues	9,720	11,335	10,206	60%	62%	66%
Events	4,645	4,880	3,920	29%	27%	25%
Other	1,584	1,850	1,455	11%	11%	9%
TOTAL INCOME	16,347	18,250	15,581	100%	100%	100%
EXPENSES						
Legal/Insurance/Board	2,918	4,766	3,515	18%	23%	19%
Communications	8,262	8,752	9,627	50%	42%	53%
Members/Leaders Support	705	1,910	1,180	4%	9%	6%
Events	4,690	5,328	3,920	28%	26%	21%
TOTAL EXPENSES	16,575	20,755	18,242	100%	100%	100%
DEFICITS	228	2,505	2,661			

Goodbye Kathleen Our Newsletter Producer

Yes, the newsletter that we have known and loved for the past six years will be going away. As you all know, Kathleen Shelton, has been the person responsible for the layout and graphics of our newsletter and she is leaving.

Our newsletter has been a work of art and a labor of love for Kathleen. She uses her background in graphic arts and ePublishing to layout the material that she is given by Virginia Dudley (editor) and Jeff Krinsky (photographer). The layout of the materials into the newsletter that we see takes Kathleen about 8-10 hours per edition and though she is paid, the compensation is certainly not fair compensation for the product that she produces and the background that she has. Kathleen will be very difficult to replace and we, the readers of the newsletter, will have to be prepared for a different newsletter starting with the May edition.

Kathleen, we wish you well in all that you will do and thank you for six years of a wonderful DBTC newsletter.

Mark Shimoda

Journey to the S. Platte Hotel



On October 3rd, 2023, many riders took to the trails heading from the S. Platte Hotel to Deckers. Along the way, they enjoyed many of the emerging fall colors.



Look for Out Of Town Trips in 2024

Kathy Stommel is in charge of Out Of Town Trips (OOTT's) and has been for many years. This position is very important to DBTC because OOTT's have been a great way for members to bond, to give members a biking experience in parts of Colorado and other states that they otherwise would never have visited and also is a way to attract new members.

Kathy's work for 2024 has started already with an organizational meeting held at the home of Mark Shimoda. Lending her experience to this afternoon was Marilyn Choske who has led many OOTT's. In attendance for the first time were Marianne Curtice, Robert Case, Denny Brooks, Tom Casadevall, and Mark Shimoda. Kathy led the discussion which covered the different types of OOTT's: 1. Out of town tours; 2. Pay as you go trips; and 3. Informal Short Trips.

Out of Town Tours are the traditional full service 4+ day tours where the tour leader provides all details including lodging, group meals, hosted happy hours, pre and post tour parties and all rides and activities are pre-planned for the entire tour. Fees include a \$50 DBTC fee, tour leader expenses, signed club liability waiver forms and approval by Kathy of the schedules and budgets.

Pay as You Go are self pay for the 4+ day trip. The trip leader determines the location, rides/routes/activities for a minimum of 3 days. Participants pay their own lodging, meals, happy hours snacks and other activity expenses. There is a \$40 DBTC fee and the leader can request a \$25/person stipend to be used toward their expenses. DBTC liability waiver forms must be submitted. An outfitter can be used for these trips and if this is the case, participants pay the outfitter directly. This type of trip requires a lot of work by the leader who gets only a \$25/person stipend. This type of trip also requires approval by the OOTT Tour Director, Kathy Stommel.

The last category is the Informal Short Trip.. These trips have been popularized by the mountain bike group on their trips to Pueblo, Fruita, and Canon City. These trips are 2-4 days and the leader coordinates the location and makes suggestions for rides and activities. Participants pay all their own expenses and there are no DBTC fees. The leader does not get a stipend and the DBTC Liability Waiver is required for all participants.

As of this writing there is only one trip scheduled, but several trips were discussed and it appears DBTC members will have several choices for OOTT's this coming year. Stay tuned.

Mark Shimoda

Let's Do Durango!

Kathy and Joe Stommel are excited to announce an Out of Town Tour returning to Durango June 2-7, 2024. This OOTT will include four riding days with two routes starting at the hotel and two routes we will drive to - plus a free day! Tour rating is Fun Plus. Destinations include the historic Bakers Bridge, Vallecito Reservoir and Canyons of the Ancients Museum & Visitors Center near Dolores, CO. One evening we will enjoy a chuckwagon dinner and cowboy show.

Hotel amenities include suites with two queen or one king bed; in-room refrigerators, microwave & coffee/tea maker; complimentary hot breakfast; indoor swimming pool; hot tub; fitness center; free WiFi and parking; bike storage in room.

Participants must be comfortable riding on roads with little or no shoulder, although with only light traffic most of the time. Also you must be prepared to handle any bike maintenance issues such as repairing flat tires. Maximum number of participants is 18 with a minimum of 14 to make this tour go.

Tour price for double occupancy is \$800 plus a required \$50 DBTC fee for a total of \$850. This price includes 5-nights lodging, chuckwagon dinner & show, one box lunch, happy hour snacks, pre and post-tour meetings. If interested please download the Registration/Medical form and Liability Waiver from the DBTC website, under Out of Town Tours tab, Items #1 and #2. Mail these completed forms along with a \$500 deposit check payable to Kathy Stommel and a separate \$50 check payable to DBTC. Address for mailing is Kathy Stommel, 9631 Autumnwood Pl, Highlands Ranch, CO 80129. The final \$300 payment will be due no later than May 1, 2024.

Keep in mind that payments for any Out of Town Tour are non-refundable but may be transferable if a suitable replacement can be secured. Direct any questions to Kathy Stommel at 719/671-5579 or cyclekats@gmail.com.

Sloans Lake Suzy Birthday Ride



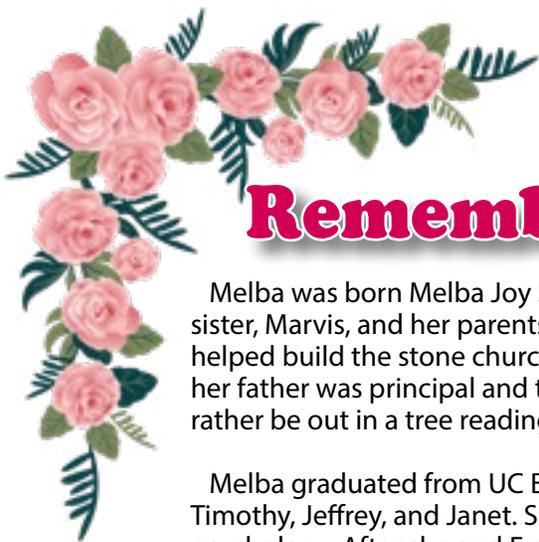
On November 6th 2023, the Annual Birthday Ride for Suzy was around the gorgeous Sloan's Lake.

Backwards Limerick



On September 29th 2023, Jeff led a group of riders on the Backwards Limerick Ride.





Remembering Melba Boquet

Melba was born Melba Joy Sewell on April 9, 1929 in Altadena, CA. She grew up with her younger sister, Marvis, and her parents in Beaumont, CA, a Southern California small town where her family helped build the stone church building by going and collecting stones from the desert, and where her father was principal and then superintendent of schools. She loved the out of doors and would rather be out in a tree reading a book than in the house.

Melba graduated from UC Berkeley in 1950. She married Frank Boquet- and had three children, Timothy, Jeffrey, and Janet. She went back to school to obtain her master's degree in educational psychology. After she and Frank divorced, she worked as a marriage and family therapist.

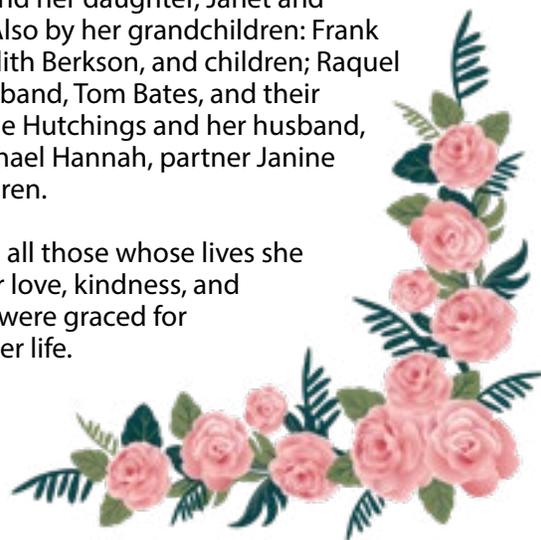
She served in leadership for the San Fernando Valley Child Abuse Council, and the Association of Marriage and Family Therapists. She also led numerous Sierra Club outings that included camping, hiking, and skiing over a period of thirty years. She loved traveling to numerous parts of the world with her friend, Lowell, as well as bike rides in England and in France.

She relocated to Colorado at the age of 71 where Janet and her family had moved. In addition to having more time with her grandchildren, she continued practicing marriage and family therapy until she was 82. She began a bike riding group nick-named the Roses and led that until she was 90 years old. She continued to enjoy traveling as long as she could, especially to visit Tim and Vicky in D.C., along with their children. Another highlight of her later years was her involvement at First Plymouth Congregational - Church where she joined the knitting group, the cancer support group, the Bookies, the NAMI group (working on mental health issues), and where she served helping others in the Web of Care network.



She is survived by her son Tim and wife Vicky, her son Jeffrey, and her daughter, Janet and husband, John. Also by her grandchildren: Frank Vogl, partner Judith Berkson, and children; Raquel Vogl and her husband, Tom Bates, and their children; Christine Hutchings and her husband, Jeromy; and Michael Hannah, partner Janine Jender, and children.

We cannot name all those whose lives she touched with her love, kindness, and compassion. We were graced for 94 1/2 years by her life.



Triple Loop with Jeff



On November 15th 2023, Jeff led riders on an adventure to discover the hidden gems of Arvada.

Wanted: Layout Person for Newsletter

Kathleen Shelton has been doing the layout of our newsletter for the past six years. She performed her job so well that we may have come to take her contributions for granted and we will see that finding someone with the ability to assume her position may be challenging.

Kathleen's successor ideally should have a background in ePublishing and familiarity with the Adobe product "InDesign". It is possible that a person not familiar with InDesign could learn how to use this software to layout our newsletter. Kathleen has volunteered to give her successor a limited amount of training during the transition. The job takes about 8-10 hours per issue. The newsletter is electronically released on the first of the month with the exception of December and February. The salary is \$250/month. The successor will be paid as a contractor and is responsible for paying their own taxes.

If anyone is interested in this position, please contact Mark Shimoda (303-514-6248) or Virginia Dudley (303-810-0233.)

If you know someone who produces a newsletter for another organization or someone who would like to learn how to produce a quality newsletter, please let us know.

Mark Shimoda

MTB Highlands Backcountry



On October 25th 2023, a group of mountain bikers set out along the trails of the Backcountry. Vistas, views, and smiling faces!



Granny Smith



On June 7th 2023, Patty led the way to Granny Scott's Pie Shop.

Original Brooklyn Ride



On September 13th 2023, the Original Brooklyn's Ride was a sunny great day out on the trails.

DBTC Private Facebook Group

Our private Facebook group is for club chats or information about our club happenings! Just click on the link once you have a basic Facebook account set up! If you need help setting up a Facebook account, just go to www.Facebook.com to get started. For further assistance, contact Ruby at 303-522-3573. You can just have a basic account with a profile picture and you don't have to follow anyone other than being in our private group! Here's the link

DBTC is a private group on Facebook. The administrator for this Facebook group will confirm that you are a member of DBTC.



Click the logo

2024 Small Venue DBTC Events

JANUARY, FEBRUARY, MARCH OF 2024

Here are some ideas your board is working on for Winter 2024. We envision these seminars to be small, 4-10 people, possibly in the home of members, afternoon and/or evenings, no cost. Information will be disseminated via our Newsletter and via blasts.

Bike Maintenance - basic bike maintenance classes to be led by DBTC Members.

How to set up an Out Of Town Trip (OOTT) for DBTC. Kathy Stommel will lead a couple of seminars which will prepare members for leading OOTT's.

How to use Ride with GPS. DBTC has a club membership with RWGPS. Members are encouraged to use this to plan rides, retain rides, check mileage and elevation gains of rides, etc. Marilyn Choske will lead two seminars on this topic.

Exchange ideas of future bike trips. During Covid, DBTC held meetings via Zoom in which members shared ideas of their bike travels, local, in state, in the USA, and international.

Mark Shimoda
President



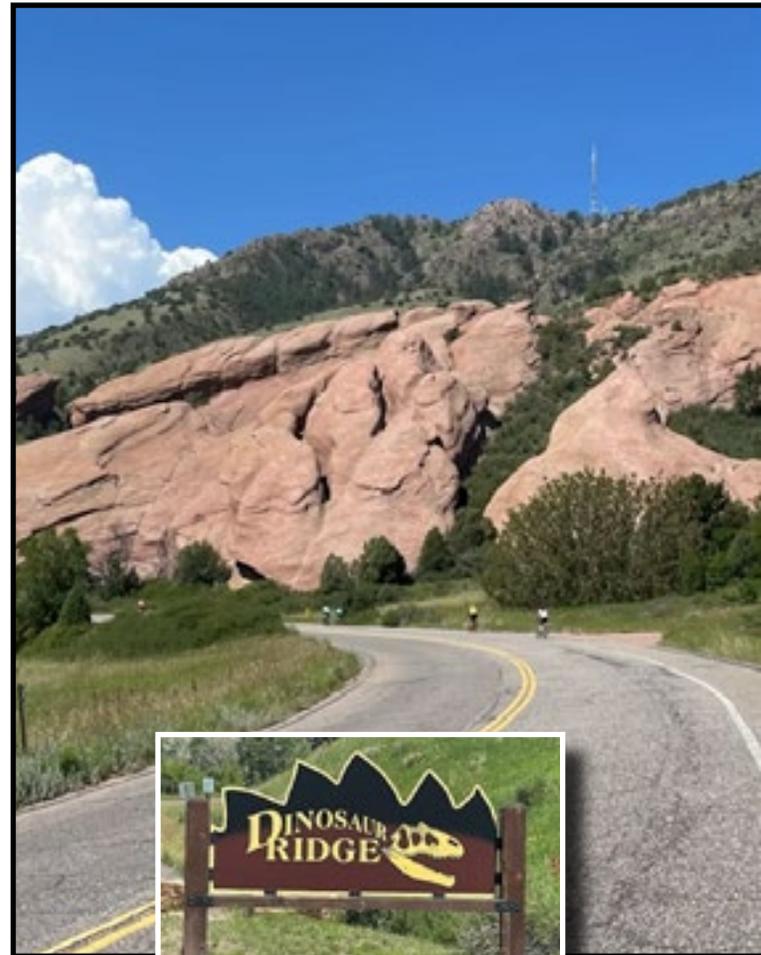
E Bike for Sale

Magnum Navigator S. Practically new. Unsize bike but fits 5' to 6' height person. Removable battery. It has so many premium features and add-ons. \$995.

Contact Marty or Jill, 303 888-0314 or jillmm7@gmail.com for more information.



Dinosaur Ridge Ride



On August 4th 2023, Tom Fitzgerald and many others, embarked on a tour around Dinosaur Ridge and Red Rocks.

DBTC *Spring* 2024 RIDES

If no rides are scheduled, you are welcome to post rides on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. If you have led rides in the past we will post it for you. If you have never led a ride we will work with you to get you up to speed.

Leisure: Jill McMahon jillmm7@gmail.com
 & Marcy Rodney, mrodney@rslresearch.com

Weekday: Patty Gaspar patty@gasparjones.com

Fun & Int: Jeff Krinsky jkrinsky2003@yahoo.com

MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com
 & Jim Black jb@jamesblack.org

If you'd like to include an activity in the newsletter, please email it to patty@gasparjones.com by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e. 15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W Central	Arrive early enough to unload your bike and be ready to leave at the time shown.

In case of extreme heat, the ride leader may cancel or change time - watch for last minute adjustments. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. You can also go to Ride with GPS to map rides.

Twitter account: @DenverBikeClub – note many members do not tweet.

DBTC Meetup group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are on Facebook, if you want to share pictures or bike-related news there.

Please Note:

- Joining either Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to webmaster@dbtc.org to continue receiving the monthly newsletter.

Spring / Summer Riding Guidelines

- Weather:** No rain or thunderstorms. If temperatures are expected to be over 100 check with leader
- Clothing:** Wear layers and bright colors
- Other:** Bring sunscreen, water, repair items and a snack

Leaders can cancel a scheduled ride if they think the weather is unpleasant, trails or roads may be icy, or no one has responded to MeetUp to register so they are not expecting any riders. If you signed up on MeetUp you will be notified if the ride is canceled.



Winter rides will be announced through Meetup. Check it out for the latest rides and especially for rides that will be rescheduled because the weather is changing.

Go to [meetup.com](https://www.meetup.com) and checkout "Denver Bicycle Touring Club" in Groups for the rides.

If you would like to lead a ride, send your ride to either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com to get it posted.

If you have never led a ride and would like to lead one, contact Patty Gaspar patty@gasparjones.com to learn more about how to do it.